# PRE-K Week



# Day 1 Week 34

## "-at" Words for Kids

Materials: internet access, website: https://youtu.be/KEqzMet2V-k

**Preparation:** Preview video. **Instructions:** 

- 1. Watch the video with your child.
- Encourage him/her to say the words along with the video, learning the "-at" words as it goes through the alphabet making real words.
- 3. After the video, ask your child to say the words again.



## Building with "-at"

**Materials:** Building with -at Template (save for Day 5), scissors, paper, pencil, crayons **Preparation:** Print template. Cut out each letter. Lay out all letters and template for building words.

#### Instructions:

- 1. Say, "I want you to make words using the letters of the alphabet." Demonstrate how to build the word "pat" and say the word.
- 2. Encourage your child to say each word as he/she builds it.
- After your child has made the words, have him/her write the words and draw a picture. This will help learn the words and build his/her writing skills and vocabulary.



#### *Louanne Pig in The Perfect Family*

#### by Nancy Carlson

**Materials:** internet access, website: https://youtu.be/pY2bLFMZqaY

**Preparation:** Preview video.

#### Instructions:

- 1. Listen to the read aloud story with your child.
- Ask questions about the story, ex: "What were some of the similarities in Louanne's family and George's family?" "What were some of the differences in Louanne's family and George's family?"



# Criss Cross "-at" Words

Materials: list of "-at" words Preparation: Set up an open area. Instructions:

- Say, "I want you to cross your arms over each other while I am saying words that end with 'at,' such as 'cat.' You will begin with your right arm over your left arm (model this). Then, switch as I say another word."
- 2. Encourage your child to say the words using different voices and pitches.
- 3. Switch it up and do the legs instead of the arms.





# Day 2 Week 34

## **Letter K Song**

**Materials:** internet access, website: <u>https://youtu.be/ysQ5X7sXDec</u>

Preparation: Preview video.

#### Instructions:

- 1. Watch the video with your child.
- 2. Have him/her sing along with the video, making the sound of the letter "Kk" and following instructions.
- 3. Ask your child to name some of the "Kk" words after the video.



# **Coins in the Bucket**

**Materials:** container, flour, coins (pennies, dimes, nickels, quarters)

**Preparation:** Place multiple coins of each in the container.

#### Instructions:

- 1. Say, "You are going to pull a coin out and identify it and its value".
- 2. Show your child the bucket and encourage him/her to pull out the coins.
- 3. As your child pulls a coin, have him/her name the coin and its value.
- 4. Once all coins are pulled out, have your child put them in groups, ex: pennies, dimes, etc. Then count how many there are of each.



# All Families Are Special

#### by Norma Simon

**Materials:** internet access, website: https://youtu.be/pkTJoQVPJo0

**Preparation:** Preview video. **Instructions:** 

- 1. Listen to the read aloud story with your child.
- Ask questions, ex: "How is our family similar (alike) or different from the children in the book and from Louann's or George's?"



# **Sticky Note Moving Math**

**Materials:** sticky notes, paper, marker, painters' tape

**Preparation:** Find an open wall area. Write the numbers 1-20 each on its own sticky note. Take a large piece of paper and make dots to represent numbers. Place the sticky notes all over the house.

#### Instructions:

- 1. Show your child the board with the dots.
- 2. Say, "You need to look around the house to find the numbers. Then, place them on the correct spot."





# Day 3 Week 34

## Letter L Song

Materials: internet access, website: https://youtu.be/T4YvWb0WMRQ

# **Preparation:** Preview video. **Instructions:**

- 1. Watch the video with your child.
- Have him/her sing along with the video, making the sound of the letter "Ll" and following instructions.
- 3. Ask your child to name some of the "Ll" words after the video.



# K & L Match Up Words

**Materials:** K & L Match Up Words Template, paper, pencil, scissors

**Preparation:** Print template. Cut out each card and then cut each card in half. Mix up the cards.

- Say, "You have learned words and the sounds of words beginning with 'K' and 'L.' Today, I want you to match up the cards to make the words. Then, write each of the words."
- After your child has written the words, encourage him/her to find other items around the house that begin with 'K' and 'L.'



## *Louanne Pig in The Perfect Family* (Part II)

by Nancy Carlson **Materials:** internet access, website: https://youtu.be/pY2bLFMZqaY

Preparation: Preview video.

#### Instructions:

- 1. Listen to this read aloud story again with your child.
- Ask questions about the story, ex: "Do you think Louanne enjoyed her visit?" "What part of the visit do you think was her favorite and least favorite?"



# **Coin Tap**

**Materials:** Coin Tap Template or real coins, tape

**Preparation:** Safe open area. Tape down each coin making a square. Leave an opening big enough for your child to stand in.

#### Instructions:

- 1. Say, "We are going to do toe taps. I want you to stand in the middle of the coins and tap when I say a coin or the amount it is worth."
- 2. Have your child tap on the coins, identifying them each time. If he/she can tap the correct coins, add directions, ex: "tap the dime with your left foot," "tap the coin worth 1 cent," etc."





# Day 4 Week 34

#### My Family Home vs. My Friends

**Materials:** paper, crayons, pencil, markers **Preparation:** Gather materials.

#### Instructions:

- Ask your child the question, "What is the difference between our family home and your friends' homes?"
- 2. Encourage your child to draw each home and discuss what he/she likes about each.



# Sinking Soda Can

**Materials:** container, water, diet soda & regular soda can (both unopened), plastic & metal fork or spoon

**Preparation:** Fill up container with water.

- Say, "These items look similar. What is different about them? Now, let's see which ones will float and which ones will sink. What do you think?"
- After your child has predicted, allow him/her to try one item at a time. Discuss what happened and why one sank and one floated.



# My Home, Your Home

#### **Materials:** internet access, website: https://youtu.be/b9dAgpwEQFs

**Preparation:** Preview video. **Instructions:** 

- 1. Listen to the read aloud story with your child.
- Ask questions, ex: "What was your favorite home?" "What is special about having neighbors?" "What is nice about finding a new friend?" "What makes a perfect home?"



# **Cross Crawl**

Materials: streaming music Preparation: Locate a safe area to exercise. Instructions:

- 1. Say, "We are going to march in place with the music, alternating touching one hand or elbow to the opposite knee slowly. Let us do it together with music."
- 2. Encourage your child to raise his/her knee as high as possible and twist his/her body. Have fun.
- 3. This helps your child with balance, sense of space, and posture.





# Day 5 Week 34

## **PreK Pups Word Family**

**Materials:** Building Words with -at Template, internet access, website:

https://youtu.be/KhAryniNMeQ

**Preparation:** Preview video. Locate template from Day 1.

#### Instructions:

- 1. Watch the video with your child. Encourage him/her to participate by saying the words.
- Then say, "I want you to make words using the letters of the alphabet with '-at' like the video."
- 3. Encourage your child to say each word as he/she builds it. Then, have him/her write the words and draw a picture.



# **Cloud in a Jar**

**Materials:** jar with a lid, 1/3 cup hot water, ice, hairspray

Preparation: Gather materials.

#### Instructions:

- 1. Say "I want to make a cloud. Let us see if we can do it."
- 2. After you pour the water in the jar, have your child take the lid upside down and place on top of the jar and add ice cubes for 20 seconds.
- 3. Then, you lift the lid quickly, spray a bit of hairspray into the jar, put the lid back in place, and watch the cloud form.
- 4. Have your child describe what he/she sees happening.



# *A Family is a Family is a Family*

#### by Sarra O'Leary

**Materials:** internet access, website: https://youtu.be/WcvCUBK9s6U

**Preparation:** Preview video.

#### Instructions:

- Listen to the read aloud story with your child.
- Ask questions, ex: "What are some differences in families?" "What makes family special?" "What is special about our family?"



# **Bean Sock Olympics**

**Materials:** socks, beans, rubber bands, tape **Preparation:** Find a safe and open area. Tape different lines on the floor. Stuff socks with beans and rubber band tightly.

#### Instructions:

- 1. Say, "I want you to toss the bean bag to the first line, and then move on from there."
- 2. Encourage your child to use only two fingers. Practice building up muscles.







**Building with -at Template** 

at at at **Building with -at Template** 

# at at at











### K & L Match Up Words Template









#### **Coin Tap Template**

