

PRESCHOOL

Week

11

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Video: Making Forky

Materials: internet access, website:
<https://www.youtube.com/watch?v=e8fVYuuVw>

Preparation: Preview video.

Instructions:

1. Watch video with your child on how Forky in Toy Story was created.
2. Ask, "Do you want to create your own version of Forky?" "What makes this toy special?"



Bonnie's First Day of School

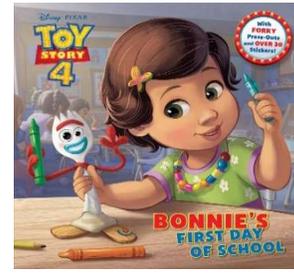
by Disney Pixar/Toy Story 4

Materials: internet access, website:
<https://www.youtube.com/watch?v=lyabNGm1BeQ>

Preparation: Preview video.

Instructions:

1. Listen to this read-a-loud book with your child.
2. Ask questions, such as "What was your favorite part?" "Who did Bonnie take to school on the first day?" "What color are Bonnie's eyes?"



Pool Noodle Fun

Materials: pool noodles (one per player), balloons

Preparation: Inflate balloons.

Instructions:

1. Release several balloons at once. Encourage your child to swat at the balloons and count the taps to see how many times he/she can hit a balloon before they all hit the ground.
2. Ask "What makes the balloon go down?" "Does the wind matter?"



Red, White, Blue

Materials: cake, whipped topping, strawberries, blueberries, spatula

Preparation: Prepare rectangle cake. Rinse berries.

NOTE: Substitute ingredients if any allergies.

Instructions:

1. Ask your child to create the U.S. flag on a cake.
2. Use spatula to spread the whipped topping over the cake.
3. In the top left corner, designate space for the stars by drawing line with spatula. Add blueberries in rows in the left corner. Discuss the 50 stars represent 50 states.
4. Use strawberries to designate the stripes across the cake. There are 13 stripes for the colonies.
5. Enjoy the delicious and patriotic cake!



Lemonade

Materials: internet access, water (one and half cups), 4 lemons, sugar (one and half cups), citric acid (1 tsp.), tartaric acid (optional - 1 tsp)
https://www.youtube.com/watch?v=FdVN9ru7N_M

Preparation: Preview video. Cut lemons in advance.

Instructions:

1. Watch video with your child.
2. Create your own lemonade.
3. Decide if you want to make your own neighborhood lemonade stand.



Lemonade for Sale

by Stuart Murphy

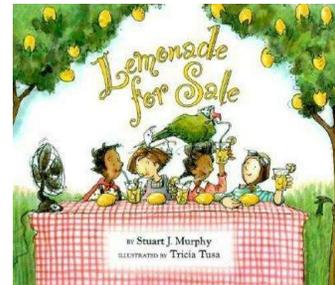
Materials: internet access, website:

<https://www.youtube.com/watch?v=Tk9KWw4q9Fk>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book.
2. Ask questions related to the story, ex: "How did they know how much lemonade they sold each day?" "How did a new friend help them sell lemonade?"



Upside Down Art

Materials: poster-size paper, crayons, tape

Preparation: Select furniture that is appropriate for art activity, such as picnic table. Cut paper to fit under table. Tape paper underneath the table.

Instructions:

1. Encourage your child to create a masterpiece while lying and drawing on his/her back.
2. Ask your child to lie on his/her back under the table and reach arms upward with crayons to draw on the paper.
3. Ask some questions, such as "How does this feel different?" "Is this easy?"

Fun fact: Cross-lateral art helps us remember recent facts since we use both hemispheres of the brain.

Tic Tac Toe

Materials: pool noodles (two colors), scissors, balls (two colors)

Preparation: Cut noodles the length desired, such as half size.

Instructions:

1. Ask your child to create a tic tac toe board using pool noodles.
2. Each player is designated a different color ball to place Xs and Os in grid. Three in a row wins!
3. This game helps to increase the concentration level of the players.

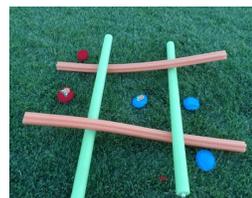


Photo credit: Joys of Boys

Fireflies at Night

Materials: internet access, website:

https://www.youtube.com/watch?v=dERYY_KhCbw

Preparation: Preview video.

Instructions:

1. Watch video with your child.
2. Ask your child, "Why do they light up?" "Do you remember why they are easier to catch at dusk - when sunset starts?"



It's a Firefly Night

by Dianne Ochiltree

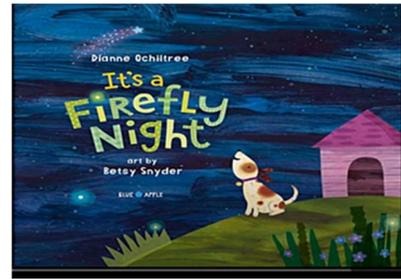
Materials: internet access, website:

<https://www.youtube.com/watch?v=fIVi7zS53yI>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book.
2. Ask questions related to the story, ex: "When do we catch fireflies?" "Was the dog catching fireflies?" "Should we let them go?"



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Making Finger Paint

Materials: whipped topping, various colors of boxed Jello® powder, construction paper

Instructions:

1. Mix Jello powder into whipped topping.
2. Finger-paint on dark construction paper.
3. Allow paint to set overnight to dry.
4. Enjoy your art the next day!



Postcards

Materials: large index card, pencil, stamp, ruler or straight edge

Instructions:

1. Ask your child to use the ruler to draw a line down the center of the large index card.
2. Help your child address the card to a friend or family member.
3. Place stamp in upper right corner.
4. On left side of card, ask your child to draw something special.
5. Ask your child to write his/her name at the bottom of your art.
6. Place it in a mailbox to send to that special someone!



Draw a Frog

Materials: internet access, paper, black marker, pastels: green and blue, website: https://www.youtube.com/watch?v=n_kovglf_eM

Preparation: Preview video. Model how to draw the frog after viewing the video once.

Instructions:

1. Watch the video with your child on how to draw a cartoon frog.
2. Ask your child to draw his/her frog on a lily pad.
3. Review the video if you need to recall all the steps.
4. Congratulations on being an artist!



Froggy Learns to Swim

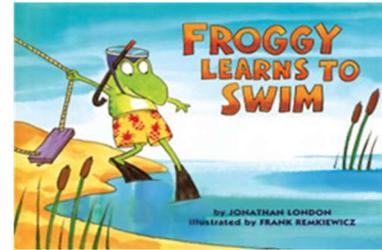
by Jonathan London

Materials: internet access, website: https://www.youtube.com/watch?v=eII_Yq423-Y

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "What color was his swimsuit?" "Could his parents swim?" "Why should we learn to swim?"



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Coordination

Materials: ball, large spoon

Instructions:

1. Ask your child to practice carrying the ball in the spoon across the yard without dropping it.
2. Walk with it first to work on coordination.
3. On your second trip across the yard, hold one arm behind your back and skip.
4. Next, see if you can jog without dropping the ball.



Fruity Popsicle

Materials: fruit (berries, pineapple, banana, peach, watermelon, etc.), ice trays or muffin tin, honey (syrup or sugar), juice or water

Preparation: Tell child that the popsicles will need it to freeze for 4-8 hours. Chop fruit. **NOTE:**

Substitute ingredients if any allergies.

Instructions:

1. Make healthy homemade popsicles with chopped fruit. Add your liquid: juice or water.
2. Add a touch of sweetener if needed, honey, maple syrup, or sugar.
3. Mold in muffin tin or ice trays. Freeze for 4-8 hours.
4. Unmold: Simply run the mold under warm water for 10 seconds. Enjoy your treat!
5. Enjoy your healthy fruity popsicle!



Video on Butterfly Garden

Materials: internet access, website:

<https://youtu.be/pV-XeI1H8rk>

Preparation: Preview video.

Instructions:

1. Watch video with your child about a tour of a butterfly garden.
2. Ask your child, "How do caterpillars get their wings?" "Why are butterflies beautiful?"



Ten Magic Butterflies

by Danica McKellar

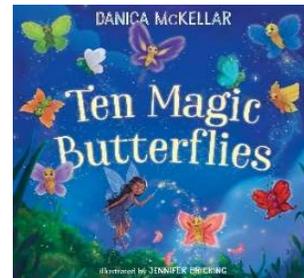
Materials: internet access, website:

https://www.youtube.com/watch?v=kBi_RoXKVo0

Preparation: Preview video.

Instructions:

1. Listen to this read-a-loud book with your child.
2. Ask questions related to the story, ex: "What did you like best about this book?" "How many butterflies did you see?"



Easy as Pie

Materials: container of whipped cream, milk (one cup), package of cookies (any flavor), cup, pie-size container

Instructions:

1. Encourage your child to help create a dessert. Ask your child to help open cookies.
2. Place one cup of milk into a flat pan. Dunk a dozen cookies into the milk.
3. Place milk-soaked cookies into bottom of container as the crust.
4. Top with half of the container of whipped cream.
5. Sprinkle cookie crumbs on top.
6. Refrigerate for one hour.
7. Enjoy the dessert together!

Creating a Collage

Materials: magazines, scissors, glue, paper

Instructions:

1. Ask your child to collect his/her favorite magazine pictures by cutting or tearing them out.
2. Decide on a design for the collage, such as a favorite shape, football, flower, etc.
3. Glue your favorite magazine pictures onto the collage shape.
4. Use magazine letters to spell the title of your creation.
5. Be proud of your art!

