

Week 1	31	1	2	3	4
Breakfast		FRENCH TOAST STICKS w/ SYRUP, APPLESauce, & 1% MILK	YOGURT & BLUEBERRY PARFAIT & 1% MILK	WAFFLES w/ SYRUP, PINEAPPLES, & 1% MILK	BLUEBERRY MUFFIN, BANANAS, & 1% MILK
Snack AM		BLUEBERRY MUFFIN & WATER	RITZ CRACKERS w/ CREAM CHEESE, & WATER	NUTRI GRAIN BAR & WATER	APPLE SLICES, STRING CHEESE, & WATER
Lunch		CHICKEN SANDWICH, CLOE SLAW, PEACHES, & 1% MILK	CHICKEN TENDERS, ROLLS, MIXED VEGGIES, PINEAPPLES, & 1% MILK	SALISBURY STEAK, MASHED POTATOES w/ GRAVY, GREEN BEANS, PEARS, & 1% MILK	CHEESE PIZA, FRESH GARDEN SALAD, APPLESauce, & 1% MILK
Vegetarian		BUTTERED NOODLES	VEGGIE NUGGETS	BAKED BEANS	CHEESE PIZZA
Snack PM		GRAHAM CRACKERS & 100% APPLE JUICE	ANIMAL CRACKERS & 100% APPLE JUICE	CHEX MIX & 100% APPLE JUICE	WG GOLDFISH & 100% APPLE JUICE
Week 2	7	8	9	10	11
Breakfast		FRENCH TOAST STICKS w/ SYRUP, APPLESauce, & 1% MILK	YOGURT & BLUEBERRY PARFAIT & 1% MILK	WAFFLES w/ SYRUP, PINEAPPLES, & 1% MILK	BLUEBERRY MUFFIN, BANANAS, & 1% MILK
Snack AM		ORANGE SLICES & WATER	VEGGIE STRAWS & WATER	VANILLA PUDDING & WATER	YOGURT & WATER
Lunch		CHICKEN SPAGHETTI, BROCCOLI, MIXED FRUIT, & 1% MILK	TURKEY CORN DOG, TATOR TOTS, GREEN BEANS, PINEAPPLES, & 1% MILK	WG GRILLED CHEESE SANDWICH, TOMATO SOUP, PEAS, & 1% MILK	CHICKEN ALFREDO, SPINACH, PEACHES, & 1% MILK
Vegetarian		SPAGHETTI w/OUT MEAT	VEGGIE NUGGETS	GRILLED CHEESE SANDWICH	ALFREDO w/OUT MEAT
Snack PM		WG TEDDY GRAHAMS & 100% APPLE JUICE	PRETZELS & 100% APPLE JUICE	GRAHAM CRACKERS & 100% APPLE JUICE	TRAIL MIX & 100% APPLE JUICE
Week 3	14	15	16	17	18
Breakfast	WG CHEERIOS, PEACHES, & 1% MILK	FRENCH TOAST STICKS w/ SYRUP, APPLESauce, & 1% MILK	YOGURT & BLUEBERRY PARFAIT & 1% MILK	WAFFLES w/ SYRUP, PINEAPPLES, & 1% MILK	BLUEBERRY MUFFIN, BANANAS, & 1% MILK
Snack AM	VANILLA WAFERS & WATER	BLUEBERRY MUFFIN & WATER	RITZ CRACKERS w/ CREAM CHEESE, & WATER	NUTRI GRAIN BAR & WATER	APPLE SLICES, STRING CHEESE, & WATER
Lunch	CHEESEBURGER PASTA, BROCCOLI, APPLESauce, & 1% MILK	CHICKEN SANDWICH, CLOE SLAW, PEACHES, & 1% MILK	CHICKEN TENDERS, ROLLS, MIXED VEGGIES, PINEAPPLES, & 1% MILK	SALISBURY STEAK, MASHED POTATOES w/ GRAVY, GREEN BEANS, PEARS, & 1% MILK	CHEESE PIZA, FRESH GARDEN SALAD, APPLESauce, & 1% MILK
Vegetarian	CHEESE SANDWICH	BUTTERED NOODLES	VEGGIE NUGGETS	BAKED BEANS	CHEESE PIZZA
Snack PM	ANIMAL CRACKERS & 100% APPLE JUICE	CHEX MIX & 100% APPLE JUICE	WG GOLDFISH & 100% APPLE JUICE	CHEEZ-ITS & 100% APPLE JUICE	WG TEDDY GRAHAMS & 100% APPLE JUICE
Week 4	21	22	23	24	25
Breakfast	WG CHEERIOS, PEACHES, & 1% MILK	FRENCH TOAST STICKS w/ SYRUP, APPLESauce, & 1% MILK	YOGURT & BLUEBERRY PARFAIT & 1% MILK	WAFFLES w/ SYRUP, PINEAPPLES, & 1% MILK	BLUEBERRY MUFFIN, BANANAS, & 1% MILK
Snack AM	SALTINE CRACKERS, SLICED CHEESE, & WATER	ORANGE SLICES & WATER	VEGGIE STRAWS & WATER	VANILLA PUDDING & WATER	YOGURT & WATER
Lunch	TURKEY & CHEESE SLIDER, BAKED CHIPS, CARROT STICKS w/ RANCH, APPLESauce, & 1% MILK	CHICKEN SPAGHETTI, BROCCOLI, MIXED FRUIT, & 1% MILK	TURKEY CORN DOG, TATOR TOTS, GREEN BEANS, PINEAPPLES, & 1% MILK	WG GRILLED CHEESE SANDWICH, TOMATO SOUP, PEAS, & 1% MILK	CHICKEN ALFREDO, SPINACH, PEACHES, & 1% MILK
Vegetarian	CHEESE SLIDER	SPAGHETTI w/OUT MEAT	VEGGIE NUGGETS	GRILLED CHEESE SANDWICH	ALFREDO w/OUT MEAT
Snack PM	PRETZELS & 100% APPLE JUICE	GRAHAM CRACKERS & 100% APPLE JUICE	TRAIL MIX & 100% APPLE JUICE	CHEEZ-ITS & 100% APPLE JUICE	WG TEDDY GRAHAMS & 100% APPLE JUICE
Week 5	28	29	30	1	2
Breakfast	WG CHEERIOS, PEACHES, & 1% MILK	FRENCH TOAST STICKS w/ SYRUP, APPLESauce, & 1% MILK	YOGURT & BLUEBERRY PARFAIT & 1% MILK		
Snack AM	VANILLA WAFERS & WATER	BLUEBERRY MUFFIN & WATER	RITZ CRACKERS w/ CREAM CHEESE, & WATER		
Lunch	CHEESEBURGER PASTA, BROCCOLI, APPLESauce, & 1% MILK	CHICKEN SANDWICH, CLOE SLAW, PEACHES, & 1% MILK	CHICKEN TENDERS, ROLLS, MIXED VEGGIES, PINEAPPLES, & 1% MILK		
Vegetarian	CHEESE SANDWICH	BUTTERED NOODLES	VEGGIE NUGGETS		
Snack PM	WG GOLDFISH & 100% APPLE JUICE	CHEX MIX & 100% APPLE JUICE	ANIMAL CRACKERS & 100% APPLE JUICE		