




Week 1	27	28	29		1
Breakfast					Pancakes w/ Syrup, Pineapples, & 1% Milk
Snack AM					Applesauce Cups & Water
Lunch					Cheese Pizza, Corn, Peaches, & 1% Milk
<i>Vegetarian</i>					<i>Cheese Pizza</i>
Snack PM					WG Goldfish & 100% Apple Juice
Week 2	4	5	6	7	8
Breakfast	WG Cereal, Peaches, & 1% Milk	French Toast Sticks w/ Syrup, Mixed Fruit, & 1% Milk	Turkey Sausage & Biscuit, Pears, & 1% Milk	WG Blueberry Muffins, Applesauce, & 1% Milk	Pancakes w/ Syrup, Pineapples, & 1% Milk
Snack AM	Nutri Grain Bar & Water	Yogurt w/ Blueberries & Water	Orange Slices, String Cheese, & Water	Saltine Crackers, Sliced Cheese, & Water	WG Blueberry Muffin & Water
Lunch	Chicken Nuggets, Mac & Cheese, Corn, Mixed Fruit, & 1% Milk	Meatballs w/ Gravy, White Rice, Green Beans, Pears, & 1% Milk	Spaghetti w/ Meat Sauce, Garden Salad, Applesauce, & 1% Milk	Mini Corn Dogs, Tator Tots, Peas, Pineapples, & 1% Milk	Chicken Alfredo, Broccoli, Applesauce, & 1% Milk
<i>Vegetarian</i>	<i>Baked Beans</i>	<i>Veggie Nuggets</i>	<i>Spaghetti w/out Meat</i>	<i>Buttered Noodles</i>	<i>Cheese Pizza</i>
Snack PM	Veggie Straws & 100% Apple Juice	WG Teddy Grahams & 100% Apple Juice	WG Animal Crackers & 100% Apple Juice	WG Pretzels & 100% Apple Juice	Trail Mix & 100% Apple Juice
Week 3	11	12	13	14	15
Breakfast	WG Cereal, Peaches, & 1% Milk	French Toast Sticks w/ Syrup, Mixed Fruit, & 1% Milk	Turkey Sausage & Biscuit, Pears, & 1% Milk	WG Blueberry Muffins, Applesauce, & 1% Milk	Pancakes w/ Syrup, Pineapples, & 1% Milk
Snack AM	Vanilla Wafers & Water	Apple Slices & Water	Ritz Crackers w/ Cream Cheese & Water	Mandarin Oranges & Water	Fruit Chews & Water
Lunch	Chicken Tenders, White Rice, Pineapples Peas, & 1% Milk	Chicken Sandwich, Green Beans, Pears, & 1% Milk	Grilled Cheese Sandwich, Tomato Soup, Applesauce & 1% Milk	Salsbury Steak, Mashed Potatoes w/ Gravy, Sliced Bread, Pineapple, Pears, & 1% Milk	Cheeseburger, Tator Tots, Broccoli, & 1% Milk
<i>Vegetarian</i>	<i>Baked Beans</i>	<i>Veggie Nuggets</i>	<i>Grilled Cheese Sandwich</i>	<i>Buttered Noodles</i>	<i>Cheese Pizza</i>
Snack PM	Cheez-Its & 100% Apple Juice	Chex Mix & Apple Juice	WG Goldfish & 100% Apple Juice	Veggie Straws & 100% Apple Juice	WG Teddy Grahams & 100% Apple Juice
Week 4	18	19	20	21	22
Breakfast	WG Cereal, Peaches, & 1% Milk	French Toast Sticks w/ Syrup, Mixed Fruit, & 1% Milk	Turkey Sausage & Biscuit, Pears, & 1% Milk	WG Blueberry Muffins, Applesauce, & 1% Milk	Pancakes w/ Syrup, Pineapples, & 1% Milk
Snack AM	Nutri Grain Bar & Water	Yogurt w/ Blueberries & Water	Orange Slices, String Cheese, & Water	Saltine Crackers, Sliced Cheese, & Water	WG Blueberry Muffin & Water
Lunch	Spaghetti w/ Meat Sauce, Garden Salad, Applesauce, & 1% Milk	Beef Ravioli, Green Beans, Pears, & 1% Milk	Chicken Alfredo, Broccoli, Applesauce, & 1% Milk	Popcorn Chicken, Tator Tots, Sliced Bread, Peas Pineapples, & 1% Milk	Chicken Sandwich, Corn, Mixed Fruit, & 1% Milk
<i>Vegetarian</i>	<i>Baked Beans</i>	<i>Veggie Nuggets</i>	<i>Cheese Sandwich</i>	<i>Buttered Noodles</i>	<i>Cheese Pizza</i>
Snack PM	WG Animal Crackers & 100% Apple Juice	WG Pretzels & 100% Apple Juice	Trail Mix & 100% Apple Juice	Cheez-Its & 100% Apple Juice	Chex Mix & Apple Juice
Week 5	25	26	27	28	29
Breakfast	WG Cereal, Peaches, & 1% Milk	French Toast Sticks w/ Syrup, Mixed Fruit, & 1% Milk	Turkey Sausage & Biscuit, Bananas, & 1% Milk	WG Blueberry Muffins, Applesauce, & 1% Milk	Pancakes w/ Syrup, Pineapples, & 1% Milk
Snack AM	Vanilla Wafers & Water	Apple Slices & Water	Ritz Crackers w/ Cream Cheese & Water	Mandarin Oranges & Water	Fruit Chews & Water
Lunch	Fish Sticks, Rice, Green Beans, Mixed Fruit, & 1% Milk	Salsbury Steak, Mashed Potatoes w/ Gravy, Sliced Bread, Broccoli, Pears, & 1% Milk	Chicken Nuggets, Sliced Bread, Mac & Cheese, Corn, Applesauce, & 1% Milk	Chicken Tenders, White Rice, Pineapples Peas, & 1% Milk	Cheese Pizza, Corn, Peaches, & 1% Milk
<i>Vegetarian</i>	<i>Baked Beans</i>	<i>Veggie Nuggets</i>	<i>Cheese Sandwich</i>	<i>Buttered Noodles</i>	<i>Cheese Pizza</i>
Snack PM	WG Goldfish & 100% Apple Juice	Veggie Straws & 100% Apple Juice	WG Teddy Grahams & 100% Apple Juice	WG Pretzels & 100% Apple Juice	Trail Mix & 100% Apple Juice