


# January Menu 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Jan 4-8	<b>B:</b> Cereal, Fruit, and Milk <b>AM:</b> Carrot Sticks with Ranch Dip <b>L:</b> Ham and Cheese Sandwiches, Mixed Veggies, and Oranges <b>PM:</b> Saltines and Sliced Cheese	<b>B:</b> English Muffins w/ Jelly, Fruit, and Milk <b>AM:</b> Yogurt w/ Apple Slices <b>L:</b> Chicken Spaghetti, Carrots, and Tropical Fruit <b>PM:</b> Goldfish	<b>B:</b> Scrambled Eggs, Fruit, and Milk <b>AM:</b> Sopapillas w/ Honey <b>L:</b> Beef Stroganoff, Buttered Noodles, Green Beans, and Applesauce <b>PM:</b> Pretzels and Apple Slices	<b>B:</b> French Toast Stick w/Syrup, Fruit, and Milk <b>AM:</b> Animal Crackers and Oranges <b>Lunch:</b> Salisbury Steak w/ Gravy, Peas, and Fruit Cocktail <b>PM:</b> Trail Mix	<b>B:</b> Biscuits w/ Turkey Sausage, Fruit, and Milk <b>AM:</b> Banana Pudding and Vanilla Wafers <b>L:</b> Steak Fingers, Tossed Salad, and Pineapple <b>PM:</b> Ritz Crackers and Cream Cheese
Jan 11-15	<b>B:</b> Cereal, Fruit, and Milk <b>AM:</b> Sopapillas w/Honey <b>L:</b> Grilled Cheese Sandwiches, Tomato Soup, and Applesauce <b>PM:</b> Ritz Crackers and Cream Cheese	<b>B:</b> English Muffin w/ Jelly, Fruit, and Milk <b>AM:</b> Banana Pudding and Vanilla Wafers <b>L:</b> Chicken & Dumplings, Peas, and Pears <b>PM:</b> Trail Mix	<b>B:</b> Scrambled Eggs w/ Toast, Fruit, and Milk <b>AM:</b> Saltines and Sliced Cheese <b>L:</b> Beefy Mac and Cheese, Corn, and Peaches <b>PM:</b> Jell-O w/ Mixed Fruit	<b>B:</b> French Toast Sticks w/Syrup, Fruit, and Milk <b>AM:</b> Yogurt and Apple Slices <b>L:</b> Turkey Fingers, Green Beans, and Fruit Cocktail <b>PM:</b> Tortilla Chips and Cheese	<b>B:</b> Biscuits w/ Turkey Sausage, Fruit, and Milk <b>AM:</b> Sliced Bananas and Cheerios <b>L:</b> BBQ Casserole, Tossed Salad, and Tropical Fruit <b>PM:</b> Chocolate Pudding w/ Animal Crackers
Jan 18-22	<b>B:</b> Cereal, Fruit, and Milk <b>AM:</b> Biscuit and Cheese <b>L:</b> Pizza, Green Beans, and Tropical Fruit <b>PM:</b> Goldfish	<b>B:</b> Oatmeal w/Raisins, Fruit, and Milk <b>AM:</b> Mozzarella Sticks and Oranges <b>L:</b> Shephard's Pie w/ Peas and Carrots, and Applesauce <b>PM:</b> Jell-O w/ Fruit	<b>B:</b> Blueberry Waffles w/ Syrup, Fruit, and Milk <b>AM:</b> Trail Mix <b>L:</b> Chicken Nuggets, Corn, and Pears <b>PM:</b> Rice Krispy Treats	<b>B:</b> Hash Browns, Fruit, and Milk <b>AM:</b> Apple Cinnamon Bars <b>L:</b> Turkey and Cheese Sandwiches, Chicken Noodle Soup, and Peaches	<b>B:</b> Bagels with Cream Cheese, Fruit, and Milk <b>AM:</b> Applesauce and Graham Crackers <b>L:</b> Beef Spaghetti, Tossed Salad, and Pineapple <b>PM:</b> Trail Mix
Jan 25-29	<b>B:</b> Cereal, Fruit, and Milk <b>AM:</b> Sopapillas w/Honey <b>L:</b> Beef Stroganoff, Buttered Noodles, Peas, and Fruit Cocktail <b>PM:</b> Chocolate Pudding w/ Animal Crackers	<b>B:</b> English Muffins w/ Jelly, Fruit, and Milk <b>AM:</b> Animal Crackers and Apple Slices <b>L:</b> Fish Sticks, Green Beans, and Peaches <b>PM:</b> Tortilla Chips and Cheese	<b>B:</b> French Toast Sticks w/ Syrup, Fruit, and Milk <b>AM:</b> Sliced Cheese and Saltines <b>L:</b> Spanish Rice Casserole, Corn, and Pineapple <b>PM:</b> Jell-O w/ Fruit	<b>B:</b> Scrambled Eggs w/ Toast, Fruit, and Milk <b>AM:</b> Banana Pudding and Vanilla Wafers <b>L:</b> Sloppy Joes, Mixed Veggies, and Applesauce <b>PM:</b> Trail Mix	<b>B:</b> Biscuits w/ Turkey Sausage, Fruit, and Milk <b>AM:</b> Sliced Bananas and Cheerios <b>L:</b> Chicken Alfredo, Tossed Salad and Pears <b>PM:</b> Pretzels and Apple Slices
					

**Milk & Fruit served with every meal and water with each snack**