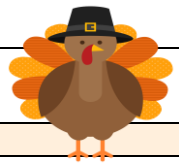
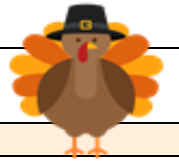
Kids R Kids Learning Academy

2026 MENU

November

Week 1	2	3	4	5	6
Breakfast	Oatmeal, Raspberries, Milk	Mini Pancakes, Turkey Sausage, Mandarin Oranges, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Peaches, Milk	Cheerios, Raspberries, Milk
Lunch	Chicken and Cheese Sandwich, Salad, Bananas, Milk	Mini Chicken Tacos, Beans, Oranges, Milk	Mac & Cheese, Green Beans, Blue Berries, Milk	Orange Chicken, White Rice, Mixed Veggies, Mandarin Oranges, Milk	Fish Sticks, Tater Tots, Strawberries, Milk
Vegetarian	Grilled cheese	Bean & Cheese Tacos		Vegetarian Meatballs	Vegetarian Nuggets
Snack PM	Goldfish, Pineapples	Vanilla Greek Yogurt, Peaches	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 2	**9**	**10**	**11**	**12**	**13**
Breakfast	Oatmeal, Raspberries, Milk	Mini Pancakes, Turkey Sausage, Mandarin Oranges, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Peaches, Milk	Cheerios, Raspberries, Milk
Lunch	Bean & Cheese Burritos, Corn, Bananas, Milk	Chicken Taquitos, Corn, Oranges, Milk	Pasta, Red Meat Sauce, Green Beans, Blue Berries, Milk	Chicken Meatloaf, Mixed Veggies, Rolls, Mandarin Oranges, Milk	Chicken Nuggets, Tater Tots, Strawberries, Milk
Vegetarian		Bean & Cheese Taquitos	Vegetarian Chicken	Vegetarian Chicken	Vegetarian Chicken nuggets
Snack PM	Goldfish, Pineapples	Vanilla Greek Yogurt, Peaches	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 3	**16**	**17**	**18**	**19**	**20**
Breakfast	Oatmeal, Raspberries, Milk	Mini Pancakes, Turkey Sausage, Mandarin Oranges, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Peaches, Milk	Cheerios, Raspberries, Milk
Lunch	Chicken & Cheese, Quesadillas, Beans, Bananas, Milk	Corn, Beans, Chicken, Taco Soup, Tortilla Chips, Oranges, Milk	Spinach, Alfredo, Pasta, Blue Berries, Milk	Chicken Meatballs, Mashed Potatoes, Rolls, Mandarin Oranges, Milk	Pot Stickers, Mixed Veggies, Strawberries, Milk
Vegetarian	Cheese Quesadilla	Vegetarian Chicken	Vegetarian Chicken	Vegetarian Meatballs	Veggie potstickers
Snack PM	Goldfish, Pineapples	Vanilla Greek Yogurt, Peaches	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 4	**23**	**24**	**25**	**26**	**27**
Breakfast	Oatmeal, Raspberries, Milk	Mini Pancakes, Turkey Sausage, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk		
Lunch	Chicken and Cheese Sandwich, Salad, Bananas, Milk	Mini Chicken Tacos, Beans, Oranges, Milk	Cheese Pizza, Salad, Blue Berries, Milk		
Vegetarian	Grilled cheese	Bean & Cheese Tacos			
Snack PM	Goldfish, Pineapples	Vanilla Greek Yogurt, Peaches	Goldfish, Apple Sauce		
Week 5	**30**	**1**	**2**	**4**	**4**
Breakfast	Oatmeal, Raspberries, Milk				
Lunch	Bean & Cheese Burritos, Corn, Bananas, Milk				
Vegetarian					
Snack PM	Goldfish, Pineapples				

Kids 'R' Kids of Flower Mound • 1230 Flower Mound Rd, TX 75028 • 972-691-2634 • www.krkflowermound.com

Kids 'R' Kids of Flower Mound is a NUT & RED MEAT FREE facility • Substitutions will be available

Juice and milk will be served during breakfast • Milk will be served during lunch

Substitutions are available for students that need them • Crackers will be served during late snack.