


Week 1	29	30	1	2	3
Breakfast			Waffles, Diced Strawberries, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	KRK IS CLOSED, HAPPY 4th OF JULY!!
Lunch			Pasta, Red Meat Sauce, Green Beans, Oranges, Milk	Cheese Pizza, Salad, Pineapples, Milk	
<i>Vegetarian</i>			<i>Vegetarian Chicken</i>		
Snack PM			Club Crackers, Greek Yogurt Dip	Cheez-its, Apple Sauce	
Week 2	6	7	8	9	10
Breakfast	Oatmeal, Diced Bananas, Milk	Mini Pancakes, Turkey Sausage, Blue Berries, Milk	Waffles, Diced Strawberries, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Chicken and Cheese Sandwich, Salad, Watermelon, Milk	Mac and Cheese, Green Beans, Bananas, Milk	Salad, Ground Chicken, Tortilla Chips, Oranges, Milk	Chicken Meatballs, Mashed Potatoes, Rolls, Watermelon, Milk	Fish Sticks, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>	<i>Vegetarian Chicken</i>		<i>Vegetarian Chicken</i>	<i>Vegetarian Chicken</i>	<i>Vegetarian Nuggets</i>
Snack PM	Chex-Mix, Pineapples	Vanilla Greek Yogurt, Peaches	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Goldfish, Apple Sauce
Week 3	13	14	15	16	17
Breakfast	Oatmeal, Diced Bananas, Milk	Mini Pancakes, Turkey Sausage, Blue Berries, Milk	Waffles, Diced Strawberries, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Bean & Cheese Burritos, Corn, Watermelon, Milk	Mini Chicken Tacos, Beans, Bananas, Milk	Pasta, Red Meat Sauce, Green Beans, Oranges, Milk	Orange Chicken, White Rice, Mixed Veggies, Watermelon, Milk	Chicken Nuggets, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>		Bean & Cheese Tacos	Vegetarian Chicken	Vegetarian Chicken	
Snack PM	Chex-Mix, Pineapples	Vanilla Greek Yogurt, Peaches	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 4	20	21	22	23	24
Breakfast	Oatmeal, Diced Bananas, Milk	Mini Pancakes, Turkey Sausage, Blue Berries, Milk	Waffles, Diced Strawberries, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Cheese, Quesadillas, Beans, Watermelon, Milk	Tater Tots, Hamburger, Cheese Casserole, Bananas, Milk	Veggie Lasagna, Oranges, Milk	Chicken Meatballs, Mashed Potatoes, Rolls, Watermelon, Milk	Cheese Pizza, Salad, Pineapples, Milk
<i>Vegetarian</i>		Vegetarian Chicken		Vegetarian Meatballs	Vegetarian Nuggets
Snack PM	Chex-Mix, Pineapples	Vanilla Greek Yogurt, Peaches	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 5	27	28	29	30	31
Breakfast	Oatmeal, Diced Bananas, Milk	Mini Pancakes, Turkey Sausage, Blue Berries, Milk	Waffles, Diced Strawberries, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Chicken and Cheese Sandwich, Salad, Watermelon, Milk	Salad, Ground Chicken, Tortilla Chips, Bananas, Milk	Mac & Cheese, Green Beans, Oranges, Milk	Orange Chicken, White Rice, Mixed Veggies, Watermelon, Milk	Fish Sticks, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>	<i>Vegetarian Chicken</i>	<i>Chickpeas</i>		<i>Vegetarian Chicken</i>	<i>Vegetarian Nuggets</i>
Snack PM	Chex-Mix, Pineapples	Vanilla Greek Yogurt, Peaches	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Goldfish, Apple Sauce