



2026 MENU

June

Week 1	1	2	3	4	5
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Bean & Cheese Burritos, Corn, Bananas, Milk	Mini Chicken Tacos, Beans, Oranges, Milk	Spinach Alfredo & Cheese Pasta, Apples, Milk	Chicken & Cheese Roll Ups, Lettuce, Watermelon, Milk	Chicken Nuggets, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>		Bean & Cheese Tacos		Vegetarian Chicken	
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 2	8	9	10	11	12
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Cheese, Quesadillas, Beans, Bananas, Milk	Salad, Ground Chicken, Tortilla Chips, Oranges, Milk	Pasta, Red Meat Sauce, Green Beans, Apples, Milk	Chicken Meatballs, Mashed Potatoes, Rolls, Watermelon, Milk	Fish Sticks, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>		Chickpeas	Vegetarian Chicken	Vegetarian Meatballs	Vegetarian Nuggets
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Goldfish, Apple Sauce
Week 3	15	16	17	18	19
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Chicken and Cheese Sandwich, Salad, Bananas, Milk	Chicken, Beans, Corn Taco Soup, Oranges, Milk	Mac and Cheese, Green Beans, Apples, Milk	Orange Chicken, White Rice, Mixed Veggies, Watermelon, Milk	Cheese Pizza, Salad, Pineapples, Milk
<i>Vegetarian</i>	Vegetarian Chicken	Chickpeas		Vegetarian Chicken	Vegetarian Nuggets
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 4	22	23	24	25	26
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Bean & Cheese Burritos, Corn, Bananas, Milk	Mini Chicken Tacos, Beans, Oranges, Milk	Spinach Alfredo & Cheese Pasta, Apples, Milk	Chicken & Cheese Roll Ups, Lettuce, Watermelon, Milk	Chicken Nuggets, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>		Bean & Cheese Tacos		Vegetarian Chicken	
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Club Crackers, Greek Yogurt Dip	Pita Bread, Hummus	Goldfish, Apple Sauce
Week 5	29	30	1	2	3
Breakfast	Oatmeal, Blue Berries, Milk				
Lunch	Cheese, Quesadillas, Beans, Bananas, Milk				
<i>Vegetarian</i>					
Snack PM	Chex-Mix, Peaches				

Kids 'R' Kids of Flower Mound • 1230 Flower Mound Rd, TX 75028 • 972-691-2634 • www.krkflowermound.com

Kids 'R' Kids of Flower Mound is a **NUT & RED MEAT FREE** facility; substitutions will be available. Milk will be served for Breakfast and Lunch. Substitutions are available for student's that need it. Crackers will be served during late snack.