



2026 MENU

April

Week 1	30	31	1	2	3
Breakfast			Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch			Spinach Alfredo & Cheese Pasta, Apples, Milk	Chicken & Cheese Roll Ups, Lettuce, Oranges, Milk	Cheese Pizza, Salad, Pineapples, Milk
<i>Vegetarian</i>				Vegetarian Chicken	
Snack PM			Ritz Crackers, Sun Butter	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 2	6	7	8	9	10
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Bean & Cheese Burritos, Corn, Bananas, Milk	Salad, Ground Chicken, Tortilla Chips, Oranges, Milk	Pasta, Red Meat Sauce, Green Beans, Apples, Milk	Chicken Meatballs, Mashed Potatoes, Rolls, Oranges, Milk	Chicken Nuggets, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>		Chickpeas	<i>Vegetarian Chicken</i>	Vegetarian Meatballs	Vegetarian Nuggets
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Ritz Crackers, Sun Butter	Pita Bread, Hummus	Gold Fish, Apple Sauce
Week 3	13	14	15	16	17
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Cheese Quesadillas, Beans, Bananas, Milk	Chicken, Beans, Corn Taco Soup, Oranges, Milk	Mac and Cheese, Green Beans, Apples, Milk	Orange Chicken, White Rice, Mixed Veggies, Bananas, Milk	Fish Sticks, Tater Tots, Pineapples, Milk
<i>Vegetarian</i>		Chickpeas		Vegetarian Chicken	Vegetarian Nuggets
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Ritz Crackers, Sun Butter	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 4	20	21	22	23	24
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	Cheerios, Pineapples, Milk
Lunch	Chicken and Cheese Sandwich, Salad, Bananas, Milk	Mini Chicken Tacos, Beans, Oranges, Milk	Spinach Alfredo & Cheese Pasta, Apples, Milk	Chicken & Cheese Roll Ups, Lettuce, Oranges, Milk	Cheese Pizza, Salad, Pineapples, Milk
<i>Vegetarian</i>	<i>Vegetarian Chicken</i>	Bean & Cheese Tacos		Vegetarian Chicken	
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Ritz Crackers, Sun Butter	Pita Bread, Hummus	Cheez-its, Apple Sauce
Week 5	27	28	29	30	1
Breakfast	Oatmeal, Blue Berries, Milk	Mini Pancakes, Turkey Sausage, Bananas, Milk	Waffles, Pineapples, Syrup, Milk	French Toast Sticks, Mandarin Oranges, Milk	
Lunch	Bean & Cheese Burritos, Corn, Bananas, Milk	Salad, Ground Chicken, Tortilla Chips, Oranges, Milk	Pasta, Red Meat Sauce, Green Beans, Apples, Milk	Chicken Meatballs, Mashed Potatoes, Rolls, Oranges, Milk	
<i>Vegetarian</i>		Chickpeas	<i>Vegetarian Chicken</i>	Vegetarian Meatballs	
Snack PM	Chex-Mix, Peaches	Greek Yogurt, Blue Berries, Crushed Graham Crackers	Ritz Crackers, Sun Butter	Pita Bread, Hummus	

Kids 'R' Kids of Flower Mound • 1230 Flower Mound Rd, TX 75028 • 972-691-2634 • www.krkflowermound.com

Kids 'R' Kids of Flower Mound is a **NUT & RED MEAT FREE** facility; substitutions will be available. Milk will be served for Breakfast and Lunch. Substitutions are available for student's that need it. Crackers will be served during late snack.