

Week 1	28	29	30	31	1
Breakfast					Fruit Cereal, Milk, Water
Lunch					Pizza, Mixed Veggies, Fruit
<i>Vegetarian</i>					
Snack PM					Pudding & Animal Crackers
Week 2	4	5	6	7	8
Breakfast	Oatmeal w/ Fruit Toppings	Mini Pancakes, Yogurt	Toast & Turkey Sausage	French Toast Sticks, Yogurt	Fruit Cereal, Milk, Water
Lunch	Bean & Cheese Burritos, Veggies, Fruit	Taco Soup w/ Tortilla Chips, Fruit	Mac & Cheese, Mixed Veggies, Fruit	Turkey Corndogs, Mixed Veggies, Fruit	Fist Stick, Broccoli, Fruit Juice
<i>Vegetarian</i>		Veggie Taco Soup		Veggie Corndogs	Pizza Bites
Snack PM	KRK Trail Mix (Cereal, Goldfish, Froot Loops)	Pretzels & Cheese Dip	Veggie Straws, Fiesta Dip	Nutri-Grain Bar, Yogurt	Pudding & Animal Crackers
Week 3	11	12	13	14	15
Breakfast	Oatmeal w/ Fruit Toppings	Mini Pancakes, Yogurt	Toast & Turkey Sausage	French Toast Sticks, Yogurt	Fruit Cereal, Milk, Water
Lunch	Cheese Quesadilla & Sour Cream, Corn, Fruit	Taco Salad w/ Tortilla Chips, Fruit	Pasta w/ Red Sauce, Veggies, Fruit	Turkey Meatballs, Gravy & Mashed Potatoes, Fruit	Chicken Nuggets, Tater Tots, Fruit
<i>Vegetarian</i>		Black Beans		Veggie meatballs	Veggie Nuggets
Snack PM	KRK Trail Mix (Cereal, Goldfish, Froot Loops)	Pretzels & Cheese Dip	Veggie Straws, Fiesta Dip	Nutri-Grain Bar, Yogurt	Pudding & Animal Crackers
Week 4	18	19	20	21	22
Breakfast	Oatmeal w/ Fruit Toppings	Mini Pancakes w/ Syrup	Toast & Turkey Sausage	French Toast Sticks, Yogurt	Fruit Cereal, Milk, Water
Lunch	Grilled Cheese Sandwich, Tomato Soup, Fruit	Mini Tacos w Refried Beans, Fruit	Alfredo Pasta w/ Peas, Fruit	Broccoli Rice & Cheese Casseroles, Fruit	Pizza, Mixed Veggies, Fruit
<i>Vegetarian</i>		Bean & Cheese Tacos			
Snack PM	KRK Trail Mix (Cereal, Goldfish, Froot Loops)	Pretzels & Cheese Dip	Veggie Straws, Fiesta Dip	Nutri-Grain Bar, Yogurt, Water	Pudding & Animal Crackers
Week 5	25	26	27	28	29
Breakfast	We are	Fruit Cereal, Milk, Water	Toast & Turkey Sausage	French Toast Sticks, Yogurt	We are
Lunch	closed	Chicken Nuggets, Tater Tots, Fruit	Mac & Cheese, Mixed Veggies, Fruit	Turkey Corndogs, Mixed Veggies, Fruit	Closing
<i>Vegetarian</i>	ALL DAY!	Veggie Nuggets		Veggie Corndogs	@12:00
Snack PM		Pudding & Animal Crackers	Veggie Straws, Fiesta Dip	Nutri-Grain Bar, Yogurt	

Kids 'R' Kids of Flower Mound • 1230 Flower Mound Rd, TX 75028 • 972-691-2634 • www.krklowermound.com

Kids 'R' Kids of Flower Mound is a **NUT & RED MEAT FREE** facility, substitutions will be available.

Juice will be served during breakfast; milk will be served during lunch along with water. Substitutions are available for student's that need it.
Crackers will be served during late snack.