

5 YEAR OLD

Week

37

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Las Posadas (Part I)

Materials: internet access, website:

<https://youtu.be/oeh4-HHpJ7s>

Preparation: Preview video.

Instructions:

1. Say, "We are going to learn about Las Posadas!"
2. Watch the video with your child.
3. Ask questions about the video, ex: "What culture celebrates this tradition?" "What is Las Posadas?"



Too Many Tamales (Part I)

by Ed Martinez & Gary Soto

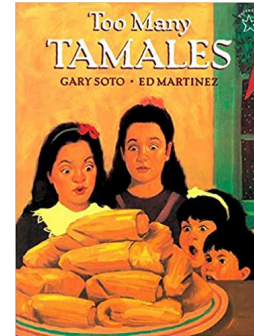
Materials: internet access, website:

<https://youtu.be/SoMFE9wE3ZI>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a Mexican tradition!
2. Ask questions about the story, ex: "What is masa?" "How many tamales did they make?"



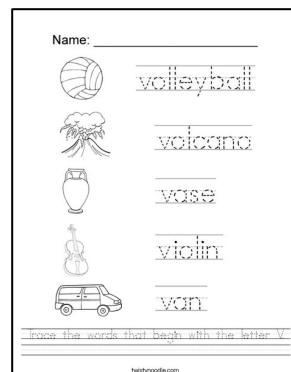
Writing the Letter Vv

Materials: The Letter Vv worksheet, pencil

Preparation: Print template.

Instructions:

1. Say, "We are going to write words that begin with the letter Vv!"
2. Encourage your child to sound out and pronounce each word. Assist when needed.
3. Praise all efforts.



Five Minute Workout

Materials: exercise mat, internet access, website:

https://youtu.be/u0_1QBQ8Syk

Preparation: Preview movements. Find or create an open area.

Instructions:

1. Say, "We are going to do our morning exercise!"
2. Enjoy getting fit together.
3. Continue activity if interest remains.



Las Posadas (Part II)

Materials: internet access, website:

<https://youtu.be/oeh4-HHpJ7s>

Preparation: Preview video.

Instructions:

1. Continue to watch the video about Las Posadas!
2. Ask questions about the video, ex: "How many nights does the event last for?" "What usually happens at the end of each night?"



Too Many Tamales (Part II)

by Ed Martinez & Gary Soto

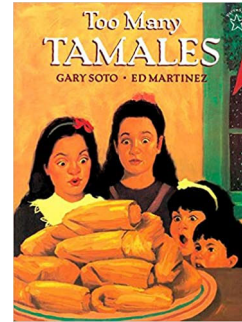
Materials: internet access, website:

<https://youtu.be/SoMFE9wE3ZI>

Preparation: Preview video.

Instructions:

1. Continue to enjoy this wonderful story about a Mexican tradition!
2. Ask questions about the story, ex: "Where did Maria thought she lost the ring?" "How did Maria try to find the ring?"



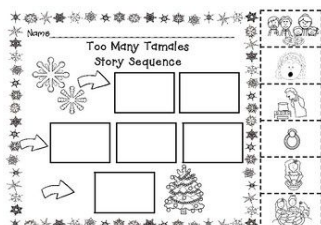
Story Sequence

Materials: Too Many Tamales worksheet, crayons, glue stick, scissors

Preparation: Gather materials. Print template.

Instructions:

1. Say, "We are going to do a story sequence activity!"
2. Discuss the events of the story *Too Many Tamales*.
3. Encourage your child to cut out pictures and place events in the correct order. Assist if necessary.
4. Color and paste pictures.



Yoga Tuesday

Materials: exercise mat, internet access, website:

<https://youtu.be/Td6zFtZPkJ4>

Preparation: Preview movements. Find or create an open area.

Instructions:

1. Say, "We are going to do yoga exercise!"
2. Enjoy getting fit together.



Las Posadas (Part III)

Materials: internet access, website:

<https://youtu.be/oeh4-HHpJ7s>

Preparation: Preview video.

Instructions:

1. Continue to watch the video about Las Posadas!
2. Ask questions about the video, ex: "Who was looking for shelter?" "What did Eddie think today's children are missing out on?"



Too Many Tamales (Part III)

by Ed Martinez & Gary Soto

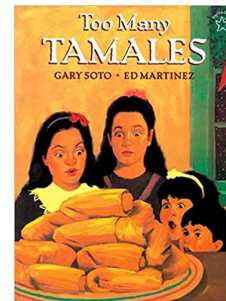
Materials: internet access, website:

<https://youtu.be/SoMFE9wE3ZI>

Preparation: Preview video.

Instructions:

1. Continue to enjoy this wonderful story about a Mexican tradition!
2. Ask questions about the story, ex: "What did Maria want to do when she thought the ring was in her cousin's stomach?" "What sparkled like a jewel?"



Story Illustration

Materials: colored pencils, construction paper, crayons, paint, paintbrush, washable paint

Preparation: Gather materials. Protect area.

Instructions:

1. Say, "You are going to illustrate your favorite part of the story, *Too Many Tamales*."
2. Discuss events of the story.
3. Encourage your child to utilize materials and illustrate his/her favorite part of the story.
4. Praise all efforts.



Eight Minutes of Fun

Materials: exercise mat, internet access, website:

<https://youtu.be/Ext2jLRlaf8>

Preparation: Preview movements. Find or create an open area.

Instructions:

1. Say, "It's time to workout!"
2. Enjoy getting fit together.



Who is the Word?

Materials: internet access, website:

<https://youtu.be/i-8OZGjKHwC>

Preparation: Preview video.

Instructions:

1. Say, "We are going to learn the sight word 'who.'"
2. Listen to the song and follow along.
3. Enjoy learning your new sight word.



Celebrate the Holidays (Part I)

by Sophia Day

Materials: internet access, website:

<https://youtu.be/Mgg1rGI1fVE>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about how different cultures celebrate the holidays around the world.
2. Ask questions about the story, ex: "According to the story, what does it mean to fast?"



"Who" is having a Party

Materials: Sight Word "Who" worksheet, crayons, glue stick, scissors

Preparation: Gather materials. Print worksheet.

Instructions:

1. Say, "We are going to work on our sight word."
2. Cut out and glue the matching ice cream scoops.
3. Find and color the word. Then, trace the word.
4. Assist when necessary.



Indoor Fun

Materials: balloon or beach ball, string/yarn or pool noodle

Preparation: Find or create an open area. Tie string or yarn to two objects like a net or have two people hold the noodle.

Instructions:

1. Encourage your child to join you to get that energy out.
2. Have your child toss and hit the balloon or beach ball over the string. Make it challenging and raise string higher as he/she masters the skills.



From is the Word

Materials: internet access, website:

<https://youtu.be/Zrf6cbplWKM>

Preparation: Preview video.

Instructions:

1. Say, "We are going to learn the sight word 'from.'"
2. Listen to the song and follow along.
3. Enjoy learning your new sight word.



Celebrate the Holidays (Part II)

by Sophia Day

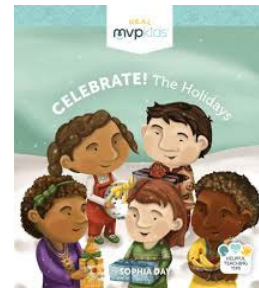
Materials: internet access, website:

<https://youtu.be/Mgg1rGI1fVE>

Preparation: Preview video.

Instructions:

1. Continue to enjoy this wonderful story about how different cultures celebrate the holidays around the world.
2. Ask questions about the story, ex: "Who enjoys eating a tray of cookies?"



"From" is the Word

Materials: From is the Word worksheet, pencil

Preparation: Print worksheet.

Instructions:

1. Say, "We are going to work on our sight word."
2. Follow instructions on the worksheet.
3. Assist when necessary.

Name: _____	from	
Number of Letters: _____		
Number of Consonants: _____		
Number of Vowels: _____		
Read	Trace	Write
from from		
Find the Word		
from help funny my said from blue down from go said we three from here from we		
Write the Word		
[] [] [] [] [] [] [] []		
Circle the Word in the Sentence		
The letter is from my mom.		
Trace the Bubble Word and Color		
from from		

Jumping Around

Preparation: Find or create an open area.

Instructions:

1. Say, "We are going to exercise our bodies to make them the best they can be."

One Foot Hops: (10 reps) Stand up tall then lift one knee and jump on standing leg (alternate).
Great for balance coordination

Criss-Cross Feet: (10 times) Stand up tall and jump straight up, then cross one foot in front of the other going up. Then switch it on the next jump.



The Letter Vv Worksheet

Name: _____



volleyball



volcano



vase



violin



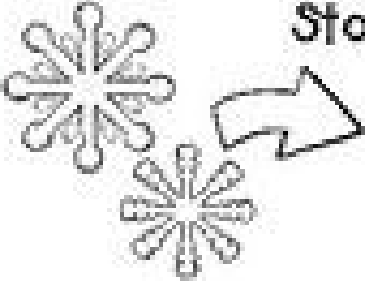



van







Trace the words that begin with the letter V.

Too Many Tamales Worksheet

Name _____

Too Many Tamales Story Sequence

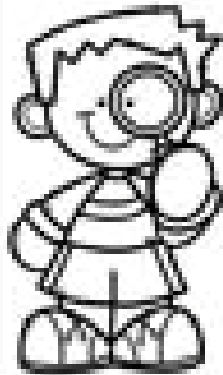
			
			
			

Sight Word "Who" Worksheet

Find and color the word.

who



people who
way called
who who no
long its who



Trace the word.

who

A Planning Playtime product. ©2018 by Amy Nelson



From is the Word Worksheet

Name: _____

Number of Letters: _____

Number of Consonants: _____

Number of Vowels: _____



Read

Trace

Write

from from

Find the Word

from help funny my from
blue down from go said
three from here from we

Write the Word

from from

Circle the Word in the Sentence

The letter is from my mom.

Trace the Bubble Word and Color

from from