

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast: muffins AM Snack: yogurt & cheerios Lunch: Salisbury steak, mashed potatoes & applesauce PM Snack: veggie straws & ranch	2 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: enchilada casserole, rice & pineapples PM Snack: corn chips & refried beans	3 Breakfast: French toast sticks AM Snack: oranges & pretzels Lunch: mini corn dogs, corn & mixed fruit PM Snack: granola bars and juice	4 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: chicken quesadillas, pears & carrots PM Snack: graham crackers & pudding
7 KRK Closed for Labor Day	8 Breakfast: cinnamon toast AM Snack: yogurt & chex Lunch: pasta with meat sauce, mixed vegetables & pineapples PM Snack: animal crackers & pudding	9 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: teriyaki chicken, green beans & mixed fruit PM Snack: club crackers & pepperoni slices	10 Breakfast: pancakes with warm syrup AM Snack: oranges & pretzels Lunch: hamburgers, fries & pears PM Snack: trail mix and juice	11 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: beef and bean burritos, Spanish rice & peaches PM Snack: carrots & ranch
14 Breakfast: scrambled eggs & biscuits AM Snack: fruit & shortbread Lunch: shredded chicken tacos, carrots & pineapples PM Snack: tortilla chips & cheese	15 Breakfast: muffins AM Snack: yogurt & cheerios Lunch: tator-tot-casserole, peas & mixed fruit PM Snack: veggie straws & ranch	16 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: cheese pizza, mixed vegetables & pears PM Snack: corn chips & refried beans	17 Breakfast: waffles with warm syrup AM Snack: oranges & pretzels Lunch: lasagna, green beans & peaches PM Snack: granola bars and juice	18 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: grilled cheese sandwiches, tots & applesauce PM Snack: graham crackers & pudding
21 Breakfast: scrambled eggs & wheat toast AM Snack: fruit & vanilla wafers Lunch: meatballs, corn & mixed fruit PM Snack: saltine crackers & mozzarella string cheese	22 Breakfast: cinnamon toast AM Snack: yogurt & chex Lunch: franks and beans & pears PM Snack: animal crackers & pudding	23 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: fish sticks, mashed potatoes & peaches PM Snack: club crackers & pepperoni slices	24 Breakfast: French toast sticks AM Snack: oranges & pretzels Lunch: chicken alfredo, peas & applesauce PM Snack: trail mix and juice	25 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: popcorn chicken, mashed potatoes & pineapples PM Snack: carrots & ranch
28 Breakfast: breakfast burritos AM Snack: fruit & shortbread Lunch: pizza calzones, carrots & pears PM Snack: ritz crackers & cheese cubes	29 Breakfast: muffins AM Snack: yogurt & cheerios Lunch: chicken & rice casserole, peaches PM Snack: veggie straws & ranch	30 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: ground beef tacos, applesauce & Spanish rice PM Snack: corn chips & refried beans		