

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast: scrambled eggs & wheat toast AM Snack: fruit & shortbread Lunch: beef ravioli, corn & peaches PM Snack: saltine crackers & mozzarella string cheese	4 Breakfast: muffins AM Snack: yogurt & cheerios Lunch: Salisbury steak, mashed potatoes & applesauce PM Snack: veggie straws & ranch	5 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: enchilada casserole, rice & pineapples PM Snack: corn chips & bean dip	6 Breakfast: French toast sticks AM Snack: oranges & pretzel sticks Lunch: hamburgers, fries & mixed fruit PM Snack: granola bars	7 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: chicken quesadillas, pears & carrots PM Snack: graham crackers & pudding
10 Breakfast: breakfast burritos AM Snack: fruit & vanilla wafers Lunch: ham & cheese sandwiches, tots & applesauce PM Snack: ritz crackers & cheese cubes	11 Breakfast: cinnamon toast AM Snack: yogurt & chex Lunch: pasta with meat sauce, mixed vegetables & pineapples PM Snack: animal crackers & pudding	12 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: teriyaki chicken, green beans & mixed fruit PM Snack: club crackers & pepperoni slices	13 Breakfast: pancakes with warm syrup AM Snack: oranges & pretzel sticks Lunch: mini corn dogs, corn & pears PM Snack: trail mix	14 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: beef and bean burritos, Spanish rice & peaches PM Snack: carrots & ranch
17 Breakfast: scrambled eggs & biscuits AM Snack: fruit & shortbread Lunch: shredded chicken tacos, carrots & pineapples PM Snack: tortilla chips & cheese squares	18 Breakfast: muffins AM Snack: yogurt & cheerios Lunch: tator-tot-casserole, peas & mixed fruit PM Snack: veggie straws & ranch	19 Breakfast: sausage biscuits AM Snack: apples & cheese Lunch: cheese pizza, mixed vegetables & pears PM Snack: corn chips & bean dip	20 Breakfast: waffles with warm syrup AM Snack: oranges & pretzel sticks Lunch: lasagna, green beans & peaches PM Snack: granola bars	21 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: grilled cheese sandwiches, tots & applesauce PM Snack: graham crackers & pudding
24 Breakfast: scrambled eggs & wheat toast AM Snack: fruit & vanilla wafers Lunch: meatballs, corn & mixed fruit PM Snack: saltine crackers & mozzarella string cheese	25 Breakfast: cinnamon toast AM Snack: yogurt & chex Lunch: franks and beans & pears PM Snack: animal crackers & pudding	26 Breakfast: sausage biscuits toast AM Snack: apples & cheese Lunch: fish sticks, mashed potatoes & peaches PM Snack: club crackers & pepperoni slices	27 Breakfast: French toast sticks AM Snack: oranges & pretzel sticks Lunch: chicken alfredo, peas & applesauce PM Snack: trail mix	28 Breakfast: whole grain cereal AM Snack: bananas & crackers Lunch: chicken bites, mashed potatoes & pineapples PM Snack: carrots & ranch
31 Breakfast: breakfast burritos AM Snack: fruit & shortbread Lunch: pizza calzones, carrots & pears PM Snack: ritz crackers & cheese cubes	2% milk and 100% apple juice served with Breakfast and Lunch Water served with AM Snack 100% apple juice served with PM Snack			