

Monday

Tuesday

Wednesday

Thursday

Friday

1

**Breakfast:** whole grain cereal with milk  
**Snack:** apple sauce & ritz crackers  
**Lunch:** cheese pizza, mandarin oranges & corn  
**Snack:** trail mix

4

**Breakfast:** scrambled eggs & wheat toast  
**AM Snack:** pears & pretzels  
**Lunch:** mini corndogs, corn & peaches  
**PM Snack:** cheese its

5

**Breakfast:** French toast sticks with warm syrup  
**AM Snack:** yogurt & vanilla wafers  
**Lunch:** Salisbury steak, mashed potatoes & applesauce  
**PM Snack:** pretzels

6

**Breakfast:** sausage patties & biscuits  
**AM Snack:** animal crackers & apple slices  
**Lunch:** enchilada casserole, rice & pineapple bits  
**PM Snack:** oatmeal cream pies

7

**Breakfast:** pancake sausage sticks  
**AM Snack:** chocolate pudding & cheerios  
**Lunch:** hamburgers, fries & mixed fruit  
**PM Snack:** granola bars

8

**Breakfast:** whole grain cereal with milk  
**AM Snack:** bananas & ritz crackers  
**Lunch:** cheese quesadillas, mandarin oranges & corn  
**PM Snack:** trail mix

11

**Breakfast:** egg burritos  
**AM Snack:** goldfish  
**Lunch:** ham & cheese sandwiches, tots & fruit cocktail  
**PM Snack:** cheese & saltines

12

**Breakfast:** pancakes with warm syrup  
**Snack:** orange slices & corn chips  
**Lunch:** macaroni with meat sauce, mixed veggies & pears  
**Snack:** ritz crackers

13

**Breakfast:** waffles with warm syrup  
**Snack:** animal crackers & mixed fruit  
**Lunch:** fish sticks, mashed potatoes & applesauce  
**Snack:** veggie sticks

14

**Breakfast:** cinnamon toast  
**Snack:** apple slices & pretzels  
**Lunch:** ravioli, peaches & corn  
**Snack:** trail mix

15

**Breakfast:** whole grain cereal with milk  
**Snack:** applesauce & graham crackers  
**Lunch:** beef & bean burritos, spanish rice & pineapple bits  
**Snack:** goldfish

18

**Breakfast:** scrambled eggs & biscuits  
**Snack:** yogurt & vanilla wafers  
**Lunch:** chicken tacos, pears & green beans  
**Snack:** cheese it crackers

19

**Breakfast:** waffles with warm syrup  
**Snack:** pineapple bits & pretzels  
**Lunch:** tator-tot casserole, corn & mandarin oranges  
**Snack:** cheese slices & ritz crackers

20

**Breakfast:** sausage biscuits  
**Snack:** applesauce & graham crackers  
**Lunch:** hamburgers, fries & peaches  
**Snack:** chocolate chip cookies

21

**Breakfast:** pancakes with warm syrup  
**Snack:** apple slices & cheese  
**Lunch:** lasagna, corn & fruit cocktail  
**Snack:** granola bars

22

**Breakfast:** whole grain cereal with milk  
**Snack:** bananas & goldfish  
**Lunch:** grilled cheese sandwiches, orange slices & carrots  
**Snack:** veggie sticks

25

**Breakfast:** fruit danish  
**AM Snack:** chocolate pudding & cheerios  
**Lunch:** pizza hot pockets, corn & pineapple  
**PM Snack:** tortilla chips & cheese

26

**Breakfast:** waffles & warm syrup  
**Snack:** applesauce & graham crackers  
**Lunch:** beans and weanies & fruit cocktail  
**Snack:** goldfish

27

**Breakfast:** homemade muffins  
**Snack:** vanilla pudding & vanilla wafers  
**Lunch:** mac-n-cheese, carrots & pears  
**Snack:** ritz crackers

28

**Breakfast:** sausage biscuits  
**Snack:** orange slices & pretzels  
**Lunch:** chicken alfredo, green beans & peaches  
**Snack:** Trail mix

29

**Breakfast:** whole grain cereal with milk  
**Snack:** goldfish  
**Lunch:** chicken nuggets, mixed veggies & fruit cocktail  
**Snack:** cheese & saltine crackers