

2023 CALENDAR

November

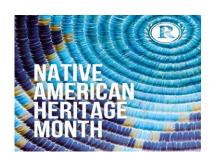
Monday

Tuesday

Wednesday

Thursday

Friday



Gym Station Fitness Adventures



Day of the Dead

Freaky Friday:3 wear your favorite team shirt for National Jersey Day!







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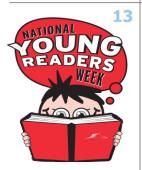
Gym Station Fitness Adventures



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Freaky Friday: 10 Wear USA colors for Veterans Day!







15 Gym Station Fitness Adventures



Family style meal during your child's lunch

Freaky Friday: Dress like your favorite book character!



20 Gym Station Sports Adventures



21 Karate



22 Gym Station Fitness Adventures





27 Mister D



National French Toast Day!



29 Gym Station Fitness Adventures



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