



JULY 2019

281-304-5437

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Breakfast: Waffles with Warm Syrup AM Snack: Yogurt and Cheerios Lunch: Steak Fingers, Mashed Potatoes, Pears PM Snack: Veggie Sticks & Ranch Dressing	Breakfast: Cinnamon Toast AM Snack: Banana Pudding and Vanilla Wafers Lunch: Mac-N-Cheese, Corn, Pineapple PM Snack: Goldfish and Apple Juice	Breakfast: Homemade Muffins AM Snack: American Cheese and Crackers Lunch: Ravioli, Broccoli and Cheese, Peaches PM Snack: Yogurt Covered Pretzels	Closed for 4 th of July	Breakfast: Whole Grain Cereal AM Snack: Oranges and Pretzels Lunch: Sloppy Joe Sandwiches, Tater Tots, Fruit Cocktail PM Snack: Rice Crispy Treats
Breakfast: Egg Burritos AM Snack: Cheese Toast Lunch: Cheese Pizza, Green Beans, Pineapple PM Snack: Chewy Granola Bars	9 Breakfast: Pancakes with Warm Syrup AM Snack: Yogurt and Cheerios Lunch: Salisbury Steak, Broccoli and Cheese, Applesauce PM Snack: Pretzels and Apple Juice	10 Breakfast: Sausage Biscuits AM Snack: Bananas and Graham Crackers Lunch: Chicken Nuggets, Carrots, Peaches PM Snack: Trail Mix	11 Breakfast: Scrambled Eggs and Toast AM Snack: Peaches and Corn Chips Lunch: Hamburger, French Fries and Mandarin Oranges PM Snack: Trail Mix	12 Breakfast: Whole Grain Cereal AM Snack: Pears and Pretzels Lunch: Cheese Quesadillas, Corn, Pears PM Snack: Oatmeal Cookies
15 Breakfast: Scrambled Eggs and Biscuits AM Snack: Apples and Cheese Lunch: Lasagna, Corn, Pears PM Snack: Tortilla chips and Cheese	16 Breakfast: French Toast Sticks with Warm Syrup AM Snack: Oranges and Pretzels Lunch: Fish Sticks, French Fries, Applesauce PM Snack: Veggie Sticks and Apple Juice	17 Breakfast: Homemade Muffins AM Snack: American Cheese and Crackers Lunch: Mac-N-Cheese, Carrots, Pineapple PM Snack: Yogurt Covered Pretzels	18 Breakfast: Kolaches AM Snack: Chocolate Pudding and Whole Grain Cereal Lunch: Enchilada Casserole, Rice, Peaches PM Snack: American Cheese and Crackers	19 Breakfast: Whole Grain Cereal AM Snack: Pears and Corn Chips Lunch: Spaghetti & Meatballs, Green Beans, Fruit Cocktail PM Snack: Animal Crackers
22 Breakfast: Egg Burritos AM Snack: Cheese Toast Lunch: Cheese Pizza, Green Beans, Pineapple PM Snack: Chewy Granola Bars	23 Breakfast: Pancakes with Warm Syrup AM Snack: Yogurt and Cheerios Lunch: Salisbury Steak, Broccoli and Cheese, Applesauce PM Snack: Pretzels and Apple Juice	24 Breakfast: Sausage Biscuits AM Snack: Bananas and Graham Crackers Lunch: Chicken Nuggets, Carrots, Peaches PM Snack: Trail Mix	25 Breakfast: Scrambled Eggs and Toast AM Snack: Peaches and Corn Chips Lunch: Hamburger, French Fries and Mandarin Oranges PM Snack: Trail Mix	26 Breakfast: Whole Grain Cereal AM Snack: Pears and Pretzels Lunch: Cheese Quesadillas, Corn, Pears PM Snack: Oatmeal Cookies
29 Breakfast: Scrambled Eggs and Biscuits AM Snack: Apples and Cheese Lunch: Lasagna, Corn, Pears PM Snack: Tortilla and Chips	30 Breakfast: French Toast Sticks with Warm Syrup AM Snack: Oranges and Pretzels Lunch: Fish Sticks, French Fries, Applesauce PM Snack: Veggie Sticks and Apple Juice	31 Breakfast: Homemade Muffins AM Snack: American Cheese and Crackers Lunch: Mac-N-Cheese, Carrots, Pineapple PM Snack: Yogurt Covered Pretzels		