## Menu Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cinnamon Toast Peaches Fat Free Milk	Raisin Brand Cereal Bananas Fat Free Milk	Cheese Eggs (a) Wheat Toast Mandarin Oranges Fat Free Milk	French Toast Sticks Fruit Cocktail Fat Free Milk	Biscuits and Jelly Pineapples (c) Fat Free Milk
AM Snack	Blueberry Muffins 100% Juice	Graham Crackers Sliced Cheese Water	Banana Halves Vanilla Wafers Water	Cereal Mix (Cheerios, Raisins & Marshmallows) 100% Juice	Baked Apple Sticks Water
Lunch	Spaghetti Peas & Carrots Orange Slices (c) Fat Free Milk	Chicken Alfredo Green Beans Applesauce Fat Free Milk	Meat Loaf Roasted Red Potatoes (c) Corn Sliced Wheat Bread Fat Free Milk	Chicken Nuggets Mashed Potatoes Spinach (c) Fat Free Milk	Pizza Romaine Salad Pears Fat Free Milk
PM Snack	Mixed Fruit Cups Mozzarella Stick Water	Animal Crackers 100% Juice	Sunflower Butter Crackers Water	Apple Wedges Yogurt Water	Goldfish 100% Juice

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(a) - Vitamin A (c) - Vitamin C