

Week 12 SERIES 1300-1350

LEARNING GOALS

- Make predictions from pictures and titles
- Recognize self as a unique individual and become aware of the uniqueness of others
- Attend to personal health needs and self-care needs independently
- Help prepare nutritious snacks
- Distinguish healthy food choices from less healthy food choices
- Compare sets of objects using language (more, less, same, or equal)
- Use voice to musically express creativity
- Explore different materials
- Learn how bees are part of a community
- Create simple representations of home, school, or community

DAILY SCHEDULE

Morning Routine
 (Brush teeth, get dressed, breakfast)
Curriculum Activity
 Snack
 Independent Play
Brain Waves
 Lunch
 Rest/Quiet Time
Curriculum Activity
 Outdoor Play
 Evening Routine

MATERIALS NEEDED

- | | |
|----------------------------|--------------------------|
| ▪ Balls (various sizes) | ▪ Red marker |
| ▪ Ball stickers (optional) | ▪ Scissors |
| ▪ Baseball (real) | ▪ Scooper |
| ▪ Circle template | ▪ Sports related books |
| ▪ Crayons | ▪ Tape |
| ▪ Glue | ▪ White paper |
| ▪ Internet access | ▪ Yellow paper |
| ▪ Knife (for adult use) | ▪ Bread |
| ▪ Markers | ▪ Cookie cutter (circle) |
| ▪ Old baseball | ▪ Cheese slice |
| ▪ Paper lunch bags | ▪ Craft sticks |
| ▪ Pencil | ▪ Mayonnaise |
| ▪ Picture of your child | ▪ Paper cup (small) |
| ▪ Plastic container | ▪ Pineapple tidbits |
| ▪ Playdough | ▪ Smock |
| ▪ Poster board (2) | ▪ Strawberries (sliced) |

CURRICULUM SCHEDULE

MONDAY

Language/Literacy: *Hooray for Sports!*
 Creative Exploration: *Baseball Art*
 Brain Waves: *No Go*

TUESDAY

Math: *Counting Balls*
 Music and Movement: *Take Me Out to the Ball Game*
 Brain Waves: *No Go*

WEDNESDAY

Science Exploration: *What's Inside a Baseball?*
 Cognitive Exploration: *Balls*
 Brain Waves: *No Go*

THURSDAY

Language/Literacy: *Sporting Books*
 Dramatic Play: *Popcorn, Come and Get Your Popcorn*
 Brain Waves: *No Go*

FRIDAY

Math: *What's the Score?*
 Creative Exploration: *Sunny Cheese Sandwiches*
 Brain Waves: *No Go*

Language/Literacy

Hooray for Sports!

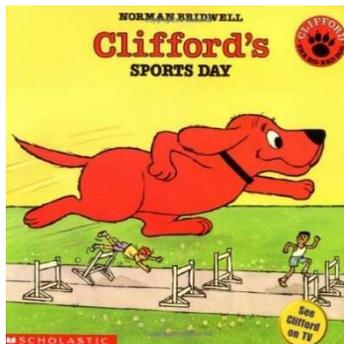
Learning Goal: Make predictions from pictures and titles

Materials: printout of person in sports gear (provided with packet), internet access, website for read aloud book, *Clifford's Sports Day* by Norman Bridwell:

<https://www.youtube.com/watch?v=1urcgb0NAXk>

Instructions:

1. Show your child the picture of the player. Engage him/her in conversation about the uniform, the court, the equipment needed for the sport, etc. Be sure to have your child understand that both boys and girls play sports.
2. After the discussion, define "sport" as "an active game," and let your child know he/she will learn about many different sports with and without a ball.
3. Listen to the read aloud book, *Clifford's Sports Day*.



Creative Exploration

Baseball Art

Learning Goal: Recognize self as a unique individual and become aware of the uniqueness of others

Materials: baseball (real), picture of your child, circle template, glue, red marker, white paper, scissors

Instructions:

1. Show your child the real baseball. Discuss the shape (sphere). Discuss the difference in a sphere and a circle: They are both round, but the sphere has dimensions (fatness or thickness).
2. Have your child notice the red threads on the baseball and how they are curved.
3. Help him/her cut out the circle template.
4. Next, draw the baseball threads on the circle with the red marker.
5. Finally, have your child glue his/her picture on the baseball.
6. Praise your child's efforts and hang his/her creation.



Math

Counting Balls

Learning Goal: Compare sets of objects using language more, less, same or equal

Materials: balls (various sizes)

Instructions:

1. Make two groups of balls with varying numbers in each group.
2. Have your child tell which group is more, less, or equal.
3. Allow your child to be the teacher and make the groups.



Music and Movement

Take Me Out to the Ball Game

Learning Goal: Uses voice to musically express creativity

Instructions:

1. Encourage your child to join you in singing the song below:

Take me out to the ball game,
Take me out with the crowd;
Buy me some peanuts and Cracker Jacks,
I don't care if I never get back.
Let me root, root, root for the home team,
If they don't win, it's a shame.
For it's one, two, three strikes, you're out,
At the old ball game.



Science Exploration

What's Inside a Baseball?

Learning Goal: Explore different materials

Materials: old baseball, knife (for parent), playdough, paper, pencil, internet access, website for video on how a Rawlings baseball is made: <https://www.youtube.com/watch?v=ddWRAcbg7Fk>

Preparation: Preview the video.

Instructions:

1. Cut the baseball in half.
2. Ask your child what do he/she sees?
3. Identify the different materials. Are they different than what you saw in the video?
4. Help your child use playdough to recreate the items inside the baseball.
5. Additional information on this activity can be found at:

<https://thepreschooltoolboxblog.com/whats-inside-a-baseball-summer-discovery-for-kids/>



Cognitive Exploration

Balls

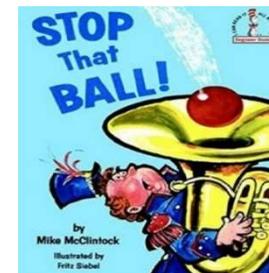
Learning Goal: Learn how bees are part of a community

Materials: ball stickers (optional), marker, poster board, balls (various sizes), internet access, website for read aloud book, *Stop That Ball!* By Mike McClintock: <https://www.youtube.com/watch?v=-m1J0gFGwrs>

Preparation: Preview the video.

Instructions:

1. After listening to the read aloud book with your child, invite your child to count the number of different balls. Record the numbers on a chart.
2. Have your child determine which set of balls has more, less, or equal amounts.
3. Tie in science and have your child roll their balls to determine which roll faster or slower than the other.
4. Praise your child for being good listeners and counters.
5. Consider closing with a ball sticker for your child.



Language/Literacy

Sporting Books

Learning Goal: Make predictions from pictures and titles

Materials: any sports related books (3). If you do not have any:

Elmo's World Balls by Sesame Street Read Aloud:

<https://www.youtube.com/watch?v=iWWGN2tS-U>

Froggy Plays Soccer by Jonathon London Read Aloud:

<https://www.youtube.com/watch?v=5E1eqcYlafc>

Luke Goes to Bat by Rachel Isadora Read Aloud:

<https://www.youtube.com/watch?v=IHqymIEeXM>

Instructions:

1. Show your child the selected books and invite him/her to vote on the book to read first, second, then third.
2. Invite your child to observe the cover pictures and make predictions about the books.
3. Read and discuss the books.
4. Praise your child for being a great listener!



Dramatic Play

Popcorn, Come and Get Your Popcorn!

Learning Goal: Create simple representations of home, school, or community

Materials: yellow paper, white or brown paper lunch bags, markers, crayons, container for “popcorn,” scooper

Instructions:

1. Encourage your child to join you.
2. Explain that today, you all will be making “popcorn” for a sports concession stand.
3. Give him/her a few pieces of yellow paper. Ask your child to crumble them up to resemble popcorn.
4. Next, have your child create labels for the bags. He/she can draw popcorn pictures on the front of the bags. You can assist your child in writing the word Popcorn on the bag.
5. Place the “popcorn” in a large container with a scooper.
6. Have your child “bag” popcorn for “guests” seeing a sports game!
7. Praise your child’s efforts. Take pictures for keepsakes.



Math

What's the Score?

Learning Goal: Compare sets of objects using language (more, less, same or equal)

Materials: tape, poster board (or large piece of paper), pencil, Variety of Balls activity sheet (provided with packet)

Preparation: Cut out the variety of sports balls. Apply a small piece of tape to the back of each ball.

Instructions:

1. Show and discuss the variety of balls. Identify their shapes, colors, and sport. Tell your child that he/she will use paper balls for this activity.
2. Tape one of each ball to the “scoreboard” (poster board). Let your child know the scoreboard is where the numbers are kept when playing a game.
3. Place all the paper balls so your child can see them.
4. Have your child find all the different balls and tape them to the corresponding ball on the poster board.
5. Tell your child that he/she will be the scorekeeper. Define “scorekeeper” as “a person who writes or tells the numbers.”
6. Have your child touch and count the balls. Write the numbers next to each set of balls.
7. Ask your child to tell you which set has more, less, or equal numbers of balls.



Creative Exploration

Sunny Cheese Sandwiches

Learning Goals: Attend to personal health needs and self-care needs independently; Help prepare nutritious snacks; Distinguish healthy food choices from less healthy food choices

Allergy Alert: Please look at food items required before beginning this activity.

Caution: Remember to wash hands before and after activity.

Materials: bread, cookie cutter (circle), cheese slice, craft stick, mayonnaise, paper cup (small), pineapple tidbits, smock, strawberries (sliced)

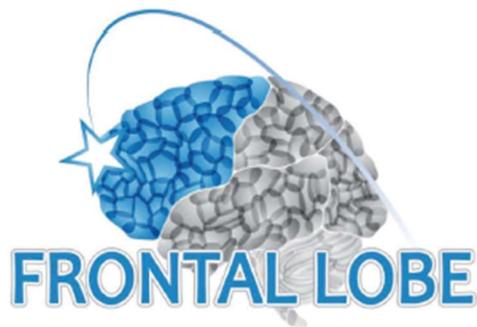
Preparation: Wash and slice strawberries (substitute as needed based on availability). Put a small amount of mayonnaise in the cup.

Instructions:

1. Assist your child with smock.
2. Display all food items. Discuss whether they are healthy food choices.
3. Give your child 2 pieces of bread and 1 slice of cheese. Show them how to use the cookie cutters to cut their bread and cheese into circles.
4. Have your child spread the mayonnaise in the cup on his/her bread. (Tell your child that he/she does not have to eat mayonnaise or anything else if he/she does not like it.)
5. Ask your child to put the sandwich together. Invite him/her to add pineapple “rays” and make strawberry faces. Enjoy!
6. Praise your child’s determination in learning how to use cookie cutters.
7. Ask your child to wash hands when he/she is finished!

Supporting the Development of the Frontal Lobe

A main function of the frontal lobe is cognitive thinking, such as reasoning and problem solving. This portion of the brain is also responsible for motor development, language development, social-emotional behavior, and impulse control. Research shows that lack of development in the frontal lobe can lead to deficits in concentration and decreased problem solving and creativity skills.



IMPULSE CONTROL

No Go

Preparation: This game is best played outside. Mark start and finish lines some distance apart.

Instructions:

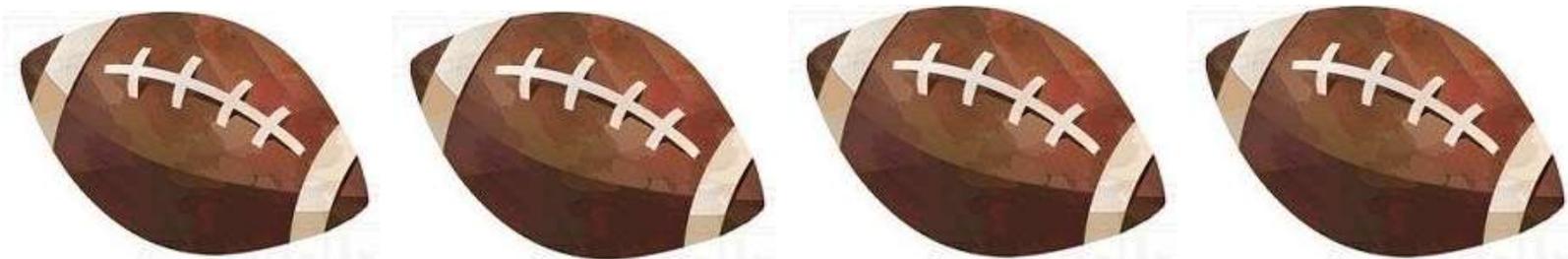
1. Encourage your child to join you outside. Tell him/her that we are playing a racing game called “No Go.” Invite other family members to play as well (if possible).
2. Have your child stand behind the start line. Tell him/her to listen for the command “Ready, set, go.” Emphasize if he/she does not hear “go,” then it is a No Go, and he/she must not move. If he/she moves, you start over.
3. Begin tricking your child by saying something like “Ready, set, slow” or “Ready, set, jump.”

Children will have to demonstrate their ability to listen, follow directions, and control the impulse to move when they should not.

Activity Variation: For added difficulty, have your child race backward.



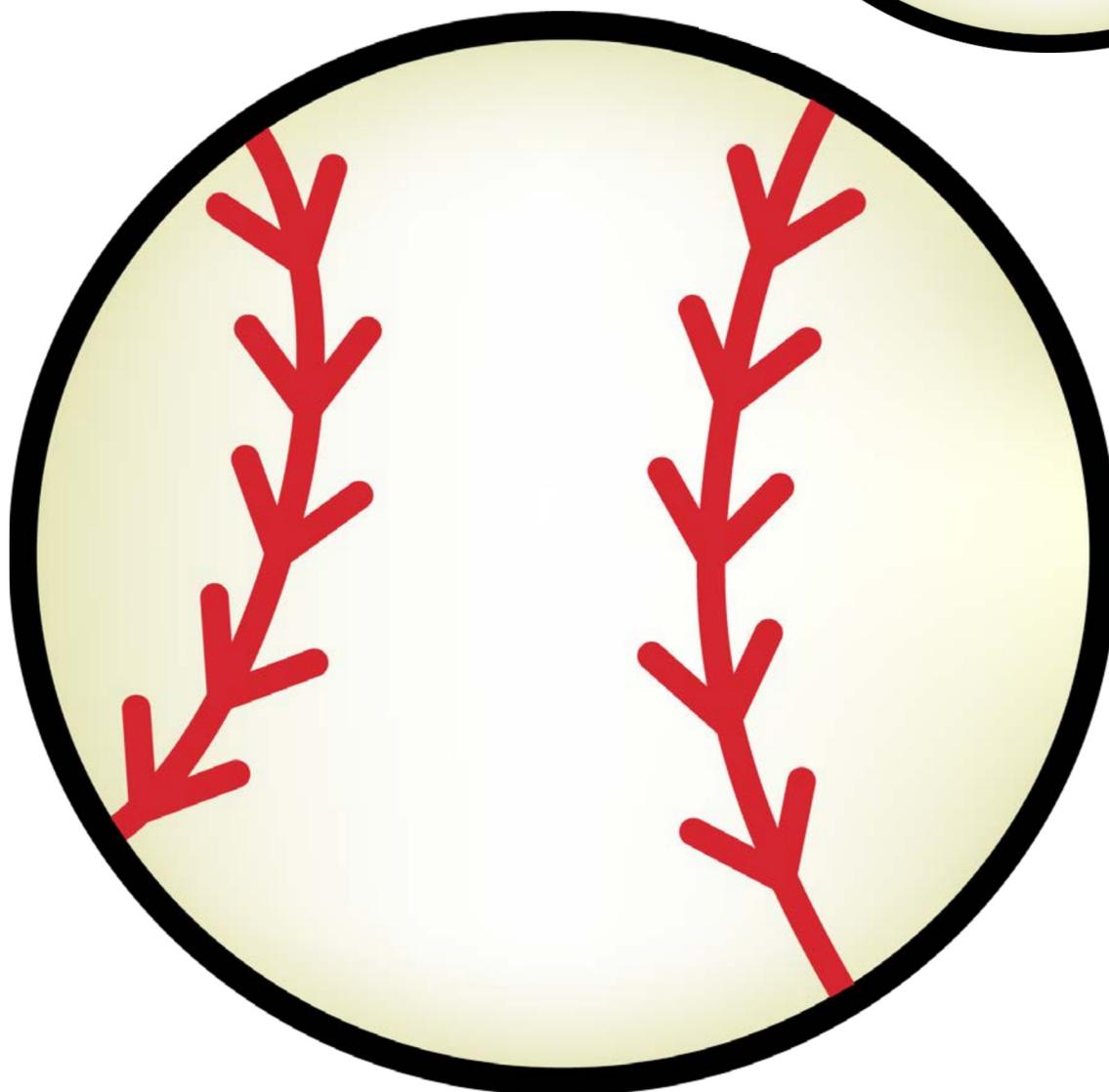
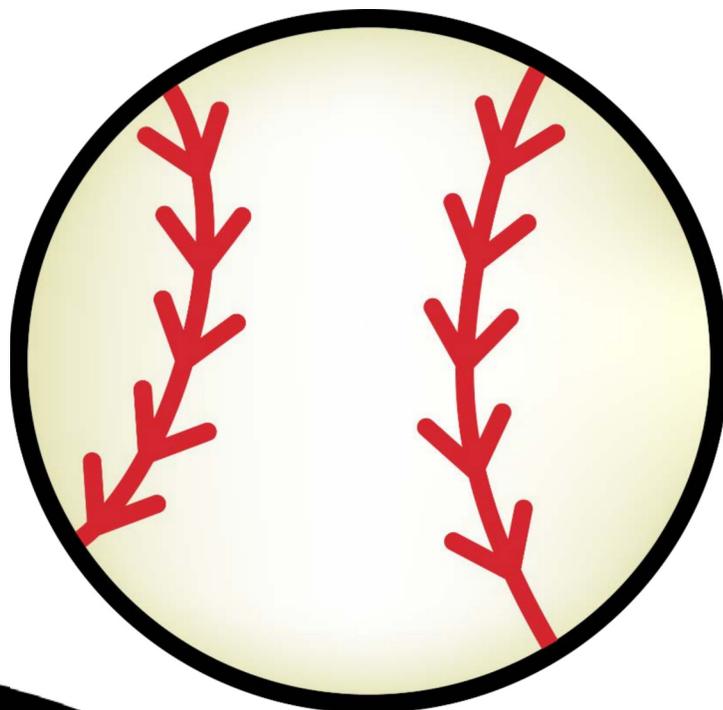
"Variety of Balls" Activity Sheet (page 1)

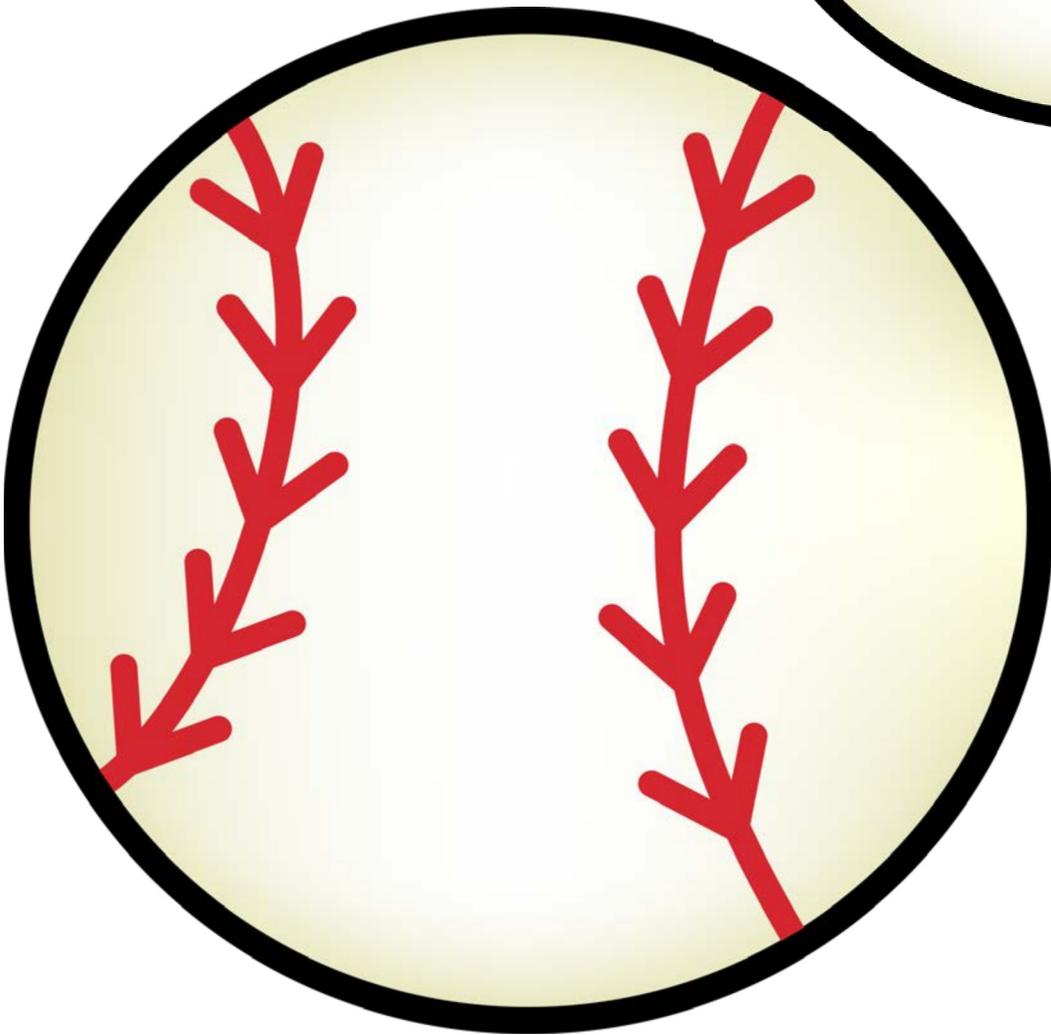
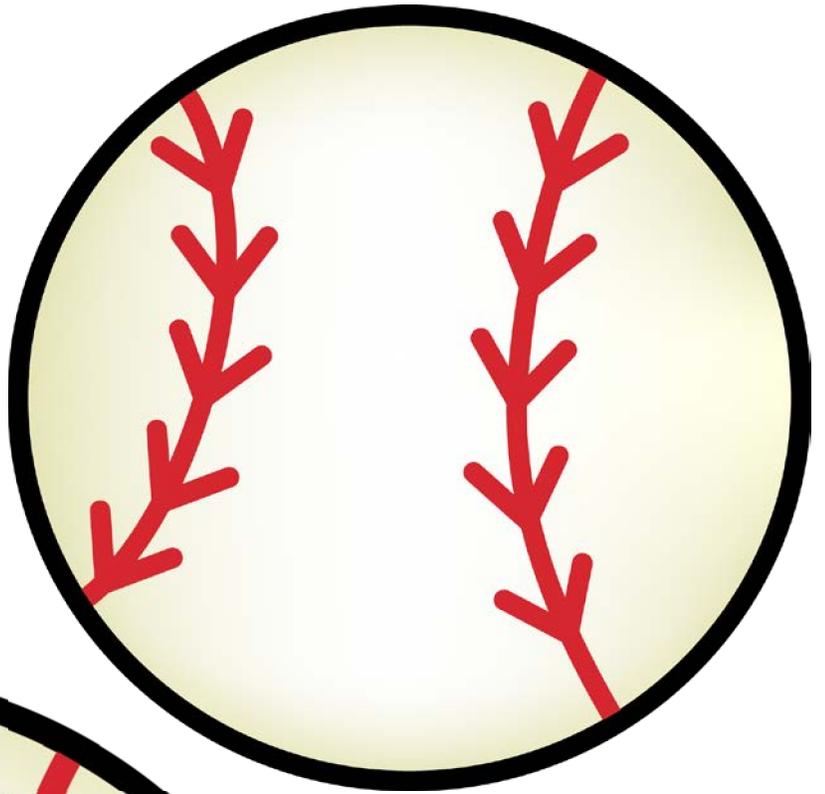
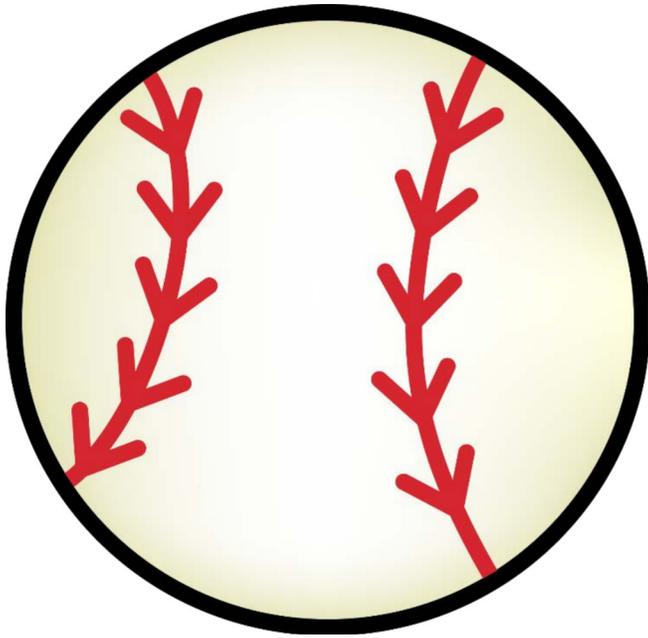


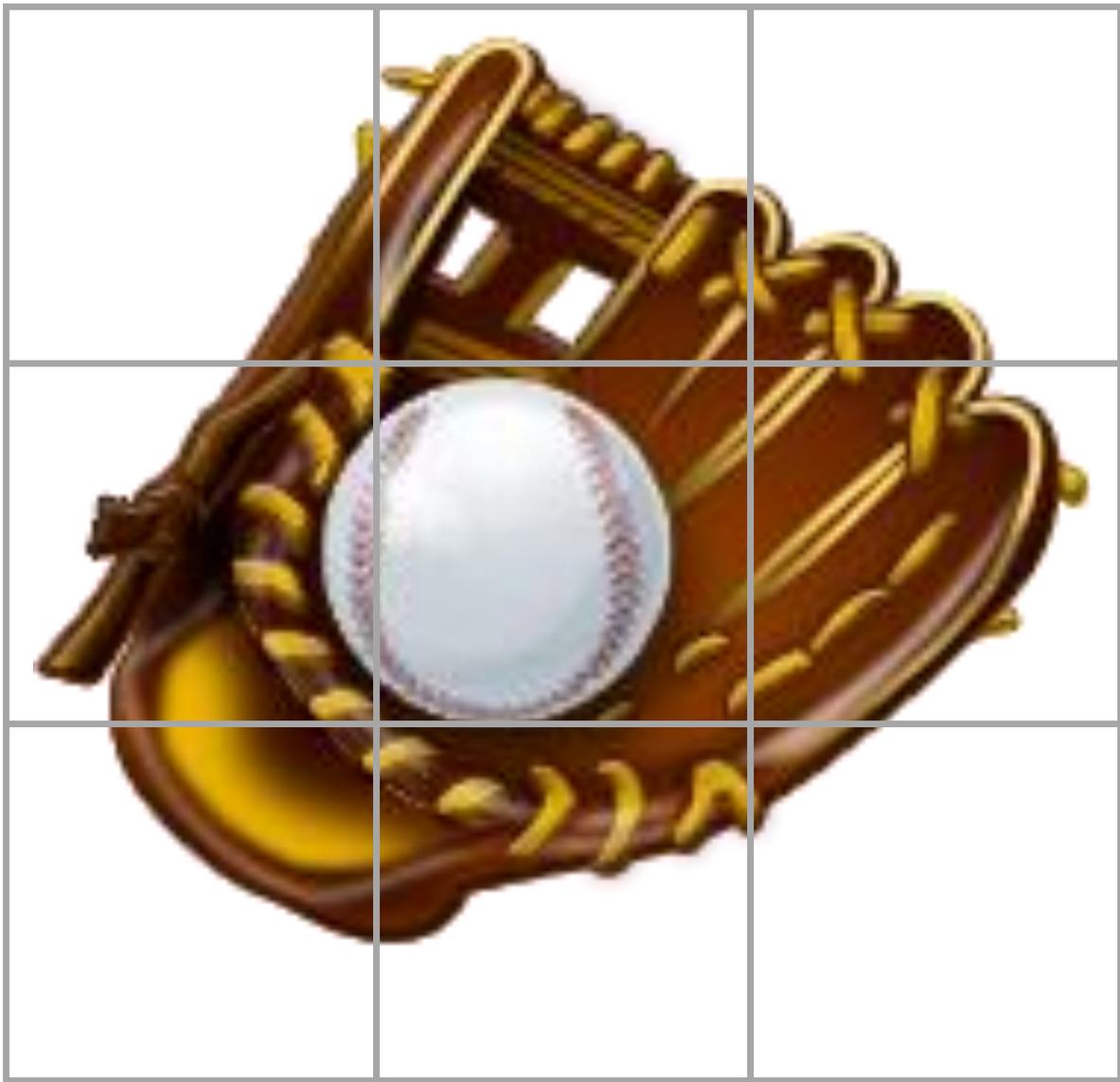
"Variety of Balls" Activity Sheet (page 2)



Cut out baseballs, and place in order by size, in ascending or descending order.



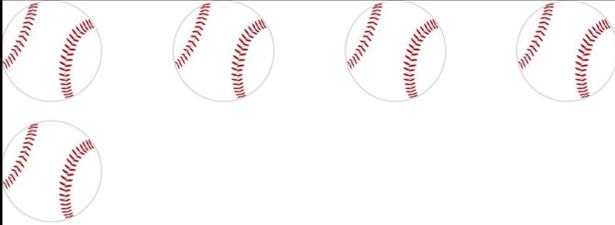




For beginners, print the puzzle twice. Cut one up and leave the other one whole. This way your child can match the pieces to the whole picture.

X

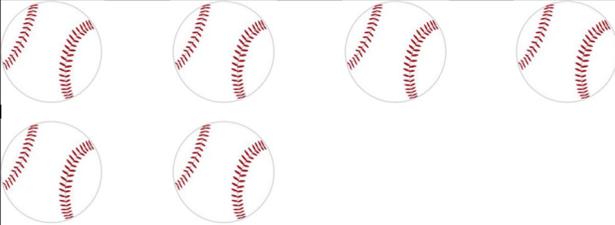
Count the Baseballs



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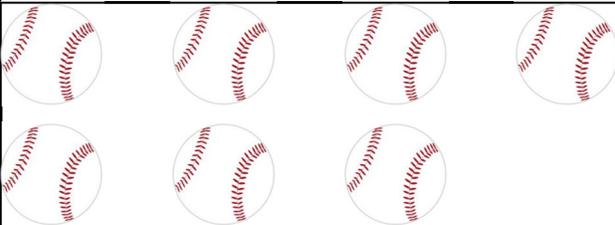
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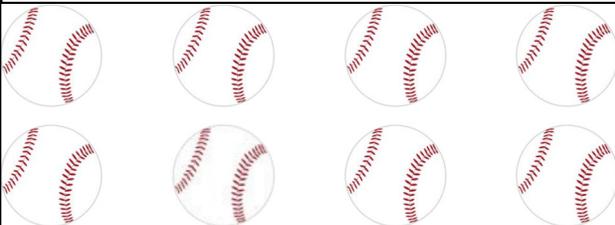
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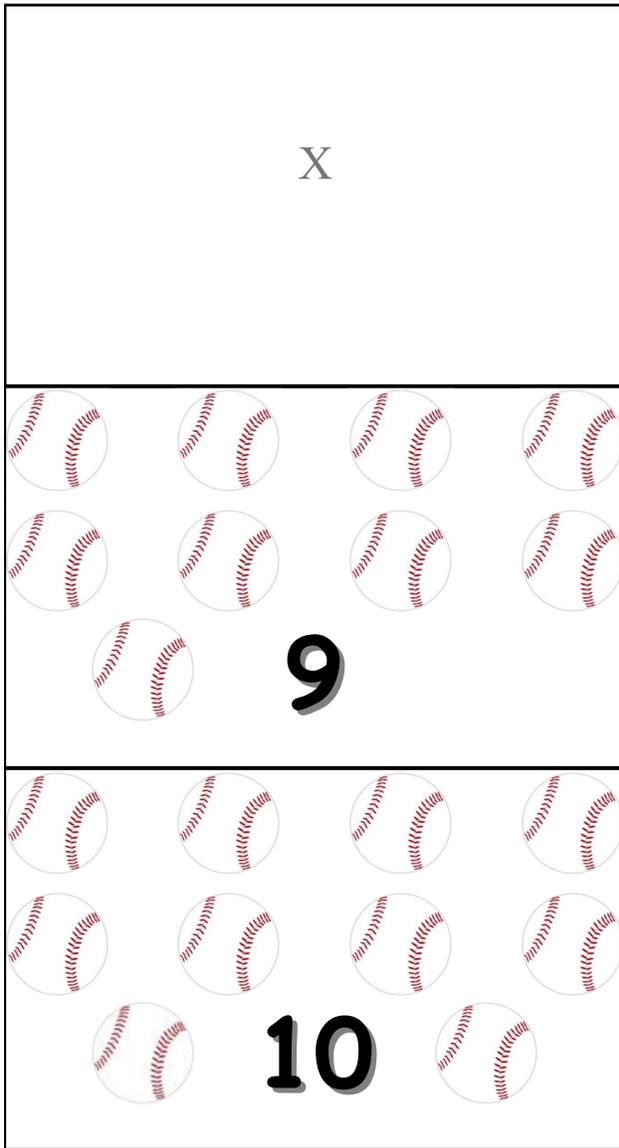
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8



4



Directions: Cut out each column of numbers. 3 total. Then glue the columns together to form one long strip. Fold it according style or you can just use them as number cards.