Kids R Kids Learning Academy

2026 MENU

November

Week 1	2	3	4	5	6
Breakfast	Cinnamon Whole Wheat Cheerios with Milk and Diced Apples	Whole Grain Waffles, Syrup, and Oranges	Blueberry Muffins and Vanilla Yogurt	Buttered Whole Grain Toast with Jelly and Mixed Fruit	Whole Wheat Cheerios with Milk and Bananas
Snack AM	Crackers and Sliced Cheese	Ritz and Diced Pears	Animal Crackers and Applesauce	Soft Pretzels with Cheese	Teddy Grahams and Sliced Apples
Lunch	Mac N Cheese, Country peas, and Applesauce	BBQ Chicken, Garlic Green Beans, and Fresh Fruit	Turkey Spaghetti, Steamed Broccoli, and Mixed Fruit	Grilled Cheese Sandwiches, Corn, and Diced Pears	Cheese Pizza, Garden Salad with Ranch, and Applesauce
Snack PM	Graham Crackers and Diced Peaches	Cheese Whales and Organic Sliced Cucumbers	Club Crackers and Hummus	Sunbutter and Ritz	Chex Mix and Diced peaches
Week 2	9	10	11	12	13
Breakfast	Whole Grain Waffles, Syrup, and Berries	Whole Grain Cheerios with Milk and Bananas	Cinnamon Apple Oatmeal	Vanilla Yogurt topped with Berries	Whole Grain Cheerios with Milk and Diced Pears
Snack AM	Animal Crackers and Bananas	Cereal Bars and Milk	Cheese Roll ups	Blueberry Muffins with Bananas	Graham Crackers and Oranges
Lunch	Chicken Casserole with Steamed Broccoli	Turkey Tacos, Steamed Corn, and Applesauce	Chicken Noodle Soup with Whole Wheat Buttered Toast and Apples	Turkey Burger Bowls with Rice, and Fresh Fruit	Cheese Pizza, Garlic Green Beans, and Mixed Fruit
Snack PM	Ritz and Sliced Cheese	Graham Crackers and Vanilla Yogurt	Crackers and Oranges	Banana Puddin' with Vanilla Wafers	Cucumbers with Ranch Dressing and Crackers
Week 3	16	17	18	19	20
Breakfast	Blueberry Pancakes with Syrup and Bananas	Fruit Loop Parfaits with Vanilla Yogurt	Brown Sugar Oatmeal and Sliced Apples	Scrambled Eggs and Whole Wheat Buttered Toast	Whole Grain Cheerios with Milk and Apple Slices
Snack AM	Sun butter and Jam Roll Ups	Cheese Whales and Apple Slices	Blueberry Muffins and Mixed Fruit	Sun butter and Ritz	Club Crackers and Hummus
Lunch	Turkey and Cheese Sandwiches, Veggie Straws, and Applesauce	Fajita Quesadillas, Steamed Corn, and Oranges	Tomato Soup, Grilled Cheese Sandwiches, and Mandarin Oranges	Chicken Nuggets with Ketchup, Rice, and Diced Peaches	Cheese Pizza, Garden Salad with Ranch Dressing, and Oranges
Snack PM	Pirates Booty Cheddar Puffs	Animal Crackers and Applesauce	Teddy Grahams and Applesauce	Ritz and Sliced Cheese	Graham Crackers and Diced Peaches
Week 4	23	24	25	26	27
Breakfast	Whole Grain Cheerios with Milk and Sliced Apples	Cinnamon Apple Oatmeal	Whole Wheat Buttered Toast and Sliced Apples	Blueberry pancakes with Syrup and Mashed Blueberries	Whole Grain Cheerios with Milk and Bananas
Snack AM	Cereal Bars and Milk	Animal Crackers and Diced Peaches	Organic Sliced Cucumbers with Hummus	Pirates Booty Cheddar Puffs and Sliced Apples	Crackers and Applesauce
Lunch	Mac N Cheese, Garlic Green beans, and Mixed Fruit	Turkey Taco Salad, Steamed Corn, and Applesauce	Turkey Spaghetti, Steamed Broccoli, and Diced Peaches	Cheese Ravioli, Bread Sticks, and Garden Salad with Ranch Dressing	Cheese Pizza, Glazed Carrots, and Applesauce
Snack PM	Ritz and Sliced Cheese	Graham Crackers and Oranges	Cheese Roll Ups	Cereal Bars and Milk	Cheese Whales and Oranges
Week 5	30	1	2	4	4
Breakfast	Whole Wheat Cinnamon Toast with Butter and Sliced Apples				
Snack AM	Ritz and Oranges				
Lunch	Grilled Cheese Sandwiches, Steamed Corn, and Mixed Fruit				
Snack PM	Blueberry Muffins and Vanilla Yogurt				