MENU 1



Monday

Breakfast: Waffles and Peaches Morning Snack: (ucumbers with Ranch & Wheat Thins Lunch: Grilled (heese with Green Beans & Pears Afternoon Snack: Homemade Banana Pudding w/ Vanilla Wafers

<u>Tuesday</u>

Breakfast: Scrambled Eggs w/ Turkey Bacon Morning Snack: Fruit Smoothies Lunch: (heese Quesadillas w/ Steamed Broccoli & Apples Afternoon Snack: Blueberry Muffins w/ Yogurt

Wednesday

Breakfast: Homemade Biscuits w/ Jelly Morning Snack: Apples & Sunbutter Lunch: Turkey & (heese Wraps w/ Strawberry & Spinach Salad Afternoon Snack: (hips & Salsa

<u>Thursday</u> Breakfast: Yogurt w/ Homemade Granola Morning Snack: Fruit Salad Lunch: Turkey Spaghetti w/ Garden Salad & Apples Afternoon Snack: Pretzels & Applesauce

Friday

Breakfast: Orange & (ranberry Muffins Morning Snack: Ritz (rackers & (heese Slices Lunch: Homemade (heese Pizza w/ Green Beans & Mandarin Oranges Afternoon Snack: Animal (rackers & Watermelon