



Week 1	1	2	3	4	5
Breakfast	WG Pancakes, Banana, Milk	Oatmeal, Apples, Milk	Yogurt, Peaches, Milk	WG Cinnamon Toast, Fresh Oranges, Milk	Cheerios, Banana, Milk
Lunch	Chicken Tenders, Green Beans, Fresh Apples, Milk	Beefy Mac & Cheese, Peas, Pears, Milk	WG Cheese Pizza, Green Beans, Mandarin Oranges, Milk	Fish Patty on WG Bun, Coleslaw, Blueberries, Milk	Sliced Turkey, WG Crackers, Cucumbers, Peaches, Milk
Snack PM	Muffins, Pineapple	String Cheese, Ritz Crackers	Graham Crackers, Pears	Animal Crackers, Applesauce	Goldfish, Apple Juice
Week 2	8	9	10	11	12
Breakfast	Turkey Sausage, Biscuit, Peaches, Milk	WG Bagel with Cream Cheese, Blueberries, Milk	WG French Toast Sticks, Pears, Milk	Grits, Fresh Sliced Oranges, Milk	Corn Flakes, Banana, Milk
Lunch	Manwich on WG Bun, Tater Tots, Mandarin Oranges, Milk	Chicken Tacos on WG Tortilla, Black Beans, Pineapple, Milk	Mini Corn Dogs, Peas, Apples, Milk	Diced Chicken N Gravy, Mashed Potatoes, Pears, Milk	WG Ham Sandwich, Cucumbers, Apples, Milk
Snack PM	Sliced Cheese, Saltine Crackers	Soft Pretzel, Bananas	Pita Bread, WOW Butter, Peaches	Cucumbers with Ranch, WG Crackers	Tortilla Chips, Salsa, Apple Juice
Week 3	15	16	17	18	19
Breakfast	Egg Patty, Pears, Milk	WG Waffles, Blueberries, Milk	WG Cinnamon Toast, Fresh Apples, Milk	Oatmeal, Peaches, Milk	Kix Cereal, Banana, Milk
Lunch	Hotdog on WG Bun, Baked French Fries, Tropical Fruit, Milk	WG Chicken Quesadilla, Pinto Beans, Mandarin Oranges, Milk	Fish Sticks, Green Beans, Peaches, Milk	Diced Ham & Potatoes, WG Roll, Fresh Oranges, Milk	WG Grilled Cheese, Tomato Soup, Mixed Fruit, Milk
Snack PM	Goldfish, Applesauce	Carrot Sticks with Ranch, Wheat Thins	Pita Bread, Hummus, Pears	Cheese Cubes, Pretzels	Graham Crackers, Apple Juice
Week 4	22	23	24	25	26
Breakfast	Blueberry Muffins, Pears, Milk	Grits, Mixed Fruit, Milk	Yogurt, Blueberries, Milk	Turkey Sausage, Fresh Oranges, Milk	Life Cereal, Banana, Milk
Lunch	WG Chicken Nuggets, Peas, Peaches, Milk	WG Beef Tacos, Lettuce, Fresh Apples, Milk	WG Pepperoni Pizza, Corn, Mixed Fruit, Milk	Meatballs N Gravy, Egg Noodles, Green Beans, Apple Slices, Milk	WG Turkey Sandwich, Cucumbers, Fresh Oranges, Milk
Snack PM	Cheese Its, Pineapple	Tortilla Chips, Salsa, Apple Juice	Saltine Crackers, Peaches	Graham Crackers, WOW Butter, Pears	Trail Mix, Apple Juice
Week 5	29	30	1	2	3
Breakfast	WG English Muffins with Jelly, Peaches, Milk	WG Bagel with Cream Cheese, Banana, Milk			
Lunch	BBQ Chicken with WG Roll, Green Beans, Pineapple, Milk	WG Spaghetti with Beef, Sauce, Peas, Fresh Orange Slice, Milk			
Snack PM	Pretzels, Apples	HM Trail Mix, Mixed Fruit			

Menu items subject to change due to availability.

Whole milk is served to our 1 yr. olds. 2 & older get 1% or less. Soy milk is available for children who need it.

We are an equal opportunity provider.

WG= Whole Grain