



Kids R Kids Learning Academy R1 October 21 - October 25

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole & 1% Milk	Whole & 1% Milk	Whole & 1% Milk	Whole & 1% Milk	Whole & 1% Milk
	Pancakes	Whole Wheat Toast	Grits	Whole Wheat French Toast	Cheerios
	Fresh Bananas	Pineapple	Fresh Oranges	Fresh Apple Slices	Pears
Lunch	Whole & 1% Milk	Whole & 1% Milk	Whole & 1% Milk	Whole & 1% Milk	Whole & 1% Milk
	Brown Rice	Whole Wheat Roll	Spaghetti Noodles	Cheese Pizza	Pita Bread
	Chicken and Gravy	Corn Dogs	Beef Crumble in Tomato Sauce		Sliced Turkey
	Fresh Cucumber Slices	Green Beans	Corn	Broccoli	Lettuce Salad with Dressing
	Pears	Fresh Bananas	Fresh Apple Slices	Pineapple	Mixed Fruit
Snack	Pita Bread	Ritz Crackers	Cheese it's	Animal Crackers	Trail Mix
	Cinnamon Apples Cold Water	String Cheese Cold Water	Cucumbers Cold Water	Fresh Oranges Cold Water	100% Fruit Juice

Children under 2 years and under are served whole milk
 Children 2 years and up are served 1% milk
 Children under 2 years of age are served a fruit substitute not raisins

All meals are prepared and served aged-appropriate
 Alternate meal plans for allergies, medical, religious, and preference are served an equivalent component available for the day and in stock.

