

INFANT

Week

36

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Good Times

Materials: family photos

Instructions:

1. Hold your baby and say, "These are pictures of our family?"
2. Talk with your baby about events in the picture. Tell him/her about how these are good times.
3. Observe your baby's reactions to the photos.



Family Fun

Materials: internet access, website:

https://youtu.be/ii_LtHrEiao

Preparation: Preview video.

Instructions:

1. Enjoy this sing along about families.
2. Encourage and praise all responses as your baby responds to music.



Come Over

Materials: family fun photo

Instructions:

1. Get on the floor with your baby.
2. Space yourself away from your baby and encourage him/her to come towards you and the photo. Assist and modify as needed.
3. Encourage and praise all efforts as your baby scoots, crawls, and/or walks towards you.
4. Enjoy talking about the family fun on the photo once your baby arrives.



Sign Language "Sad"

Instructions:

With palms facing down, drop your hands down the length of the face as you bend the head down slightly with a sad expression.



My Ears

Instructions:

1. Hold your baby and say, "These are your ears. We hear with them."
2. Assist your baby with touching his/her ears.
3. Make a tapping noise and watch your baby respond as he/she hears the tapping sound.
4. Praise all efforts as your baby responds to the tapping sound.



My Senses

Materials:

internet access, website: <https://youtu.be/vXXiyIGqliE>

Preparation:

Instructions:

1. Enjoy this song about the five senses and touch appropriate body parts for your baby.
2. Encourage and praise all responses.



I Hear It

Materials:

two different noisy toys

Preparation:

Instructions:

1. Hold your baby and say, "I'm going to shake your toys."
2. Shake the toys and talk about the noise each makes.
3. Encourage your baby to shake the toys.
4. Praise all efforts as your baby listens to the sounds.



Sign Language "Sad"

Instructions:

With palms facing down, drop your hands down the length of the face as you bend the head down slightly with a sad expression.



Busy Legs

Instructions:

1. Hold your baby and say, "These are your legs. Legs help us move from place to place."
2. Encourage and assist your baby with moving his/her legs. Modify as needed.
3. Praise all efforts as your baby strengthens leg muscles.



Baby Happy

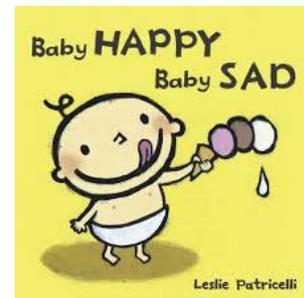
Materials: internet access, website:

https://youtu.be/JSrRLb3z_b8

Preparation: Preview video.

Instructions:

1. Enjoy *Baby Happy Baby Sad* by Leslie Patricelli.
2. Talk about happy and sad as you enjoy this story.
3. Encourage and praise all responses.



Moving Feet

Materials: paper plate, crayons, scissors

Preparation: Cut out moon shape using paper plate.

Instructions:

1. Hold your baby and say, "We are going a short walk."
2. Help your baby with walking by putting his/her feet on yours.
3. Encourage and praise all response as your baby enjoys this assisted walking activity.



Sign Language "Sad"

Instructions:

With palms facing down, drop your hands down the length of the face as you bend the head down slightly with a sad expression.



Tummy Fun

Materials: blanket

Preparation: Place the blanket on the floor.

Instructions:

1. Hold your baby and say, "I'm going to put you on your tummy for tummy time."
2. Get on the floor face-to-face with your baby.
3. Sing your baby's favorite song to encourage him/her to raise his/her head. Modify as needed.
4. Repeat as your baby develops control of his/her head and back.



It's Time

Materials: internet access, website:

<https://youtu.be/OOD-H9XCVaw>

Preparation: Preview video.

Instructions:

1. Enjoy this song about Tummy Time as you engage in tummy time with your baby.
2. Repeat as interest remains.
3. Encourage and praise all efforts.



Favorite Tummy

Instructions:

1. Hold your baby and say, "We are going to have tummy time while lying on mommy."
2. Lie on the bed so if your baby rolls off it will be on soft surfacing. Put your baby on your tummy and enjoy tummy time.
3. Encourage and praise all efforts as your baby develops control of his/her head and back.

Sign Language "Sad"

Instructions:

With palms facing down, drop your hands down the length of the face as you bend the head down slightly with a sad expression.



Wiggly Toes

Instructions

1. Hold your baby and say, "These are your toes." Touch and wiggle his/her toes.
2. Encourage your baby to observe his/her toes as you continue to wiggle them. Modify as needed.
3. Repeat as your baby begins to discover body parts.



Wee Wee

Materials: internet access, website:

<https://youtu.be/UQCJ-XMhA2I>

Preparation: Preview video.

Instructions:

1. Enjoy this familiar nursery rhyme as your baby responds to music.
2. Repeat as interest remains.
3. Encourage and praise all responses.



Hide the Toes

Materials: baby socks

Instructions:

1. Hold your baby and say, "We are going to hide your toes."
2. Show him/her the socks. Put them on your baby. Say, "Where did your toes go?"
3. Encourage your baby to reach to pull the sock off to show the toes again. Assist and modify as needed.
4. Praise all response.



Sign Language "Sad"

Instructions:

With palms facing down, drop your hands down the length of the face as you bend the head down slightly with a sad expression.

