

Week 1	31	1	2	3	4
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Yogurt w/ Cheerios	Cinnamon Bread	Nilla Wafers w Apple Sauce	Fresh Seasonal Fruit	Ritz Crackers w/ Fruit
Lunch	Sheppard's Pie w/ Beef/Fruit	Soy Butter & Jelly Sammies/ Apple Slices	Chicken & Cheese Quesadilla /Black Beans/Fruit	French Toast/Sausage/Fruit	Chicken & Broccoli Pasta/Fruit
Vegetarian	Vegetarian Sheppard's Pie /Fruit	Soy Butter & Jelly Sammies /Apple Slices	Cheese Quesadilla/Black Beans /Fruit	French Toast/Vegetarian Sausage/Fruit	Cheesy Broccoli Pasta/Fruit
Snack PM	Mr. Bills Blueberry Bread	Ritz w/ Tzatziki	Crackers w/ French Onion Dip	Chips w/ Salsa	Mr. Bill's Loaded Trail Mix
Week 2	7	8	9	10	11
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Graham's w/ Soy Butter	Applesauce w/ Wheat Crackers	Cheese w/ Saltines	Brown Sugar Oatmeal	Fresh Seasonal Fruit
Lunch	Tex Mex Yellow Rice Skillet w/ Chicken & Peas/Fruit	Grilled Cheese Triangles /Tomato Soup /Fruit	Fish Sticks/Tots/Fruit	Biscuits & Gravy w/ Crumbled Sausage/Peas/Fruit	Ramen Buddha Bowl w/ Chicken & Broccoli/Fruit
Vegetarian	Tex Mex Yellow Rice Skillet w/ Peas/Fruit	Grilled Cheese Triangles /Tomato Soup /Fruit	Corn Nuggets/Tots/Fruit	Biscuits & White Gravy /Peas/Fruit	Ramen Buddha Bowl w/ Broccoli/Fruit
Snack PM	Mr. Bills Pumpkin Bread	Tortilla Chips w/Tomato Salsa	Veggie Straws	Animal Crackers w/ Pudding	Mr. Bill's Fall Trail Mix
Week 3	14	15	16	17	18
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Yogurt w/ Cheerios	Cinnamon Bread	Nilla Wafers	Fresh Bananas	Ritz w/ Fruit
Lunch	Crispy Mashed Potato Casserole w/ Cheese & Broccoli/Fruit	Beef & Black Bean Taco /Fruit	Mini Corn Dogs/Fries/Fruit	Pancakes/Sausage/Fruit	Creamy Chicken Bowtie Pasta w/ Carrots/Fruit
Vegetarian	Crispy Mashed Potato Casserole w/ Cheese & Broccoli/Fruit	Cheese & Black Bean Taco /Fruit	Corn Nuggets /Fries/Fruit	Pancakes/Veggie Sausage /Fruit	Creamy Bowtie Pasta w/ Carrots/Fruit
Snack PM	Mr. Bills Apple Pie Squares	Pretzels w Ranch	Crackers w/ French Onion Dip	Corn Chips w/ Salsa	Mr. Bill's Loaded Trail Mix
Week 4	21	22	23	24	25
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Graham's w/ Soy Butter	Applesauce w/ Ritz	Cheese w/ Saltines	Bananas w/ Crackers	Brown Sugar Oatmeal
Lunch	Hawaiian Yellow Rice w/ Sausage Crumbles, Peas & Pineapple	Vegetable Soup w Corn & Carrots/Saltines/Fruit	Chicken Nuggets/Tots/Fruit	Sausage & Egg Biscuits /Fruit	Mac-N-Cheese/Green Beans /Fruit
Vegetarian	Hawaiian Yellow Rice w/ Peas & Pineapple	Vegetable Soup w/ Corn & Carrots/Saltines/Fruit	Corn Nuggets/Tots/Fruit	Veggie Sausage & Egg Biscuits /Fruit	Mac-N-Cheese/Green Beans/ Fruit
Snack PM	Mr. Bills Pumpkin Bread	Tortilla Chips w/ Cheese Dip	Veggie Straws	Animal Crackers w/ Pudding	Mr. Bill's Fall Trail Mix
Week 5	28	29	30	1	2
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Yogurt w/ Cheerios	Cinnamon Bread	Nilla Wafers	Fresh Bananas	Ritz w/ Fruit
Lunch	Creamy Lemon Chicken w Peas Pasta Bake/ Fruit	Beanie Weenies w Black Beans/Fruit	BBQ Chicken Strips/Fries/Fruit	Super Hero Bake w Spinach Fruit	Teriyaki Meatball Ramen w/ Carrots/Fruit
Vegetarian	Creamy Lemon Peas Pasta Bake/ Fruit	Veggie Beanie Weenies w Black Beans/Fruit	BBQ Veggie Strips/Fries/Fruit	Super Hero Bake w Spinach Fruit	Teriyaki Veggie Meat Ramen w/ Carrots/Fruit
Snack PM	Mr. Bills Blueberry Bread	Pretzels w Ranch	Crackers w/ French Onion Dip	Corn Chips w/ Salsa	Mr. Bill's Trail Mix

Lunch is served with both Milk & Water ~ All snacks are served with Water