

Week 1	3	4	5	6	7
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Yogurt w/ Cheerios	Cinnamon Bread	Nilla Wafers	Fresh Bananas	Ritz w/ Fruit
Lunch	Asian Pasta Salad (Bowtie Pasta, Chicken, Carrots, Peas, , Soy dressing)/Fruit	Beanie Weenies/Fruit	Chicken w/ Yellow Rice/Black Beans/Fruit	Pancakes/Sausage/Fruit	Mac-N-Cheese/Broccoli/Fruit
Vegetarian	Asian Pasta Salad (Bowtie Pasta, Carrots, Peas, Soy dressing)/Fruit	Vegetarian Beanie Weenies Fruit	Yellow Rice/Black Beans/Fruit	Pancakes/Veggie Sausage/ Fruit	Mac-N-Cheese/Broccoli/Fruit
Snack PM	Mr. Bill's Banana Bread	Ritz w/ Tzatziki	Animal Crackers w/ Pudding	Chips w/ Salsa	Mr. Bill's Trail Mix
Week 2	10	11	12	13	14
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Graham's w/ Soy Butter	Applesauce	Bananas W/ Crackers	Cheese w/ Saltines	Brown Sugar Oatmeal
Lunch	Cold Cut Sliders w/ Cheese/ Tots /Fruit	Grilled Cheese/Tomato Soup/ Fruit	Pasta w/ Red Sauce/Green Beans/Fruit	Superhero bake w/ Egg & Spinach/Fruit	Chicken Nuggets/Fries/Fruit
Vegetarian	Veggie Patty Beef & Cheese Sliders/Tots/Fruit	Grilled Cheese/Tomato Soup/ Fruit	Pasta w/ Red Sauce/Green Beans/Fruit	Superhero bake w/ Egg & Spinach/Fruit	Corn Nuggets/Fries/Fruit
Snack PM	Mr. Bill's Blueberry Bread	Veggie Straws	Wheat Thins w French Onion Dip	Pretzels w/ Ranch	Mr. Bill's Trail Mix
Week 3	17	18	19	20	21
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Yogurt w/ Cheerios	Cinnamon Bread	Nilla Wafers	Fresh Bananas	Ritz w/ Fruit
Lunch	Mini Corn Dogs/Tots/Fruit	Cold Cut Roll-Ups/ Veggies /Fruit	BBQ Chicken Strips/Mashed Potato/Fruit	Bacon, Egg & Cheese Burrito/ Fruit	Beef and Veggie Pho w/ Noodles/Fruit
Vegetarian	Corn Nuggets/Tots/Fruit	Cheese Roll-Ups/Veggies /Fruit	BBQ Veggie Strips/Mashed Potato/Fruit	Egg & Cheese Burrito /Fruit	Veggie Pho w/ Noodles/Fruit
Snack PM	Mr. Bill's Apple Square	Ritz w/ Tzatziki	Animal Crackers w/ Pudding	Chips w/ Salsa	Mr. Bill's Trail Mix
Week 4	24	25	26	27	28
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Graham's w/ Soy Butter	Applesauce	Cheese w/ Saltines	Bananas W/ Crackers	Brown Sugar Oatmeal
Lunch	Beef & Cheese Tacos/Black Beans/Fruit	Chicken Noodle Soup/Carrots /Fruit	Fish Sticks/Tots/Fruit	Cheesy Hashbrown Casserole /Fruit	Pizza Pasta Bake/Veggie/Fruit
Vegetarian	Cheese Quesadilla/Black Beans/Fruit	Buttered Noodles/Carrots /Fruit	Corn Nuggets/Tots/Fruit	Cheesy Hashbrown Casserole /Fruit	Pizza Pasta Bake/Veggie/Fruit
Snack PM	Mr. Bill's Banana Bread	Veggie Straws	Animal Crackers w/ Pudding	Pretzels w/ Ranch	Mr. Bill's Trail Mix
Week 5	31	1	2	3	4
Breakfast	Cereal w/ Milk	Pancakes w/ Syrup	Biscuits w/ Jelly	Fruit Danish	Fruit Muffins
Snack AM	Yogurt w/ Cheerios	Cinnamon Bread	Nilla Wafers	Fresh Bananas	Ritz w/ Fruit
Lunch	Sheppard's Pie w/ Beef /Fruit	Soy Butter& Jelly Sammies /Fries/Apple Slices	Chicken & Cheese Quesadilla/ Beans/Fruit	French Toast/Sausage/Fruit	Cheesy Chicken and Broccoli Pasta/Fruit
Vegetarian	Vegetarian Sheppard's Pie/Fruit	Soy Butter& Jelly Sammies /Fries/Apple Slices	Cheese Quesadilla/ Beans /Fruit	French Toast/Veggie Sausage /Fruit	Cheesy Chicken and Broccoli Pasta/Fruit
Snack PM	Mr. Bill's Blueberry Bread	Ritz w/ Tzatziki	Crackers w French Onion Dip	Chips w/ Salsa	Mr. Bill's Trail Mix

Lunch is served with both Milk & Water ~ All snacks are served with Water