





Week 1	31	1	2	3	4
Breakfast	Cereal w/ Milk	Fruit Danish	Mini Bagels w/ Cream Cheese	Fruit Muffins	Pancakes w/ Syrup
Snack AM	Cheese & Crackers	Animal Crackers w/ Fruit	Oatmeal w/ Brown Sugar	Apple Sauce & Crackers	Sunbutter w/ Saltine Crackers
Lunch	BBQ Chicken Tenders/	Ham & Cheese Sliders/ Veggies/	Homemade Pizza/Veggies/Fruit	Pancakes/Sausage/Fruit	Meatball Alfredo/Veggies/Fruit
** *	Potatoes/ Fruit	Fruit			
Vegetarian	BBQ Corn Nuggets/ Potatoes/ Fruit	Cheese Slider/Veggies/Fruit	Homemade Pizza/Veggies/Fruit	Pancakes/Veggie Patty/Fruit	Vegetarian Alfredo/Fruit
Snack PM	Crackers w/ Tzatziki	Tortilla Chips w/ Salsa	Veggie Straws	Pudding w/ Nilla Wafers	A Loaded Trail Mix
Week 2	7	8	9	10	11
Breakfast	Cereal w/ Milk	Fruit Danish	Mini Bagels w/ Cream Cheese	Fruit Muffins	Pancakes w/ Syrup
Snack AM	Crackers w/ Cheese	Homemade Breakfast Crumb Square	Yogurt w/ Cheerios	Fresh Fruit w/ Crackers	Applesauce & Animal Crackers
Lunch	Chicken Pho w/ Veggies/Fruit	Cowboy Cornbread Casserole w/ Beef and Veggies/Fruit	Turkey Meatballs in Gravy /Veggies/Fruit	French Toast/Sausage/Fruit	Italian Pasta Salad w/ Ham & Peas /Fruit
Vegetarian	Vegetarian Pho/Fruit	Vegetarian Cornbread Casserole/ Fruit	Veggie Meatballs in Gravy/ Veggies/Fruit	French Toast/Veggie Sausage/ Fruit	Meatless Pasta w/ Peas/Fruit
Snack PM	Cheese Its	Carrots w/ Ranch	Pretzels w/ Ranch Dip	A Loaded Trail Mix	Homemade Apple Muffin Square
Week 3	14	15	16	17	18
Breakfast	Cereal w/ Milk	Fruit Danish	Mini Bagels w/ Cream Cheese	Fruit Muffins	Pancakes w/ Syrup
Snack AM	Cheerios w/ Yogurt	Wheat Crackers w/ Fruit	Oatmeal w/ Brown Sugar	Apple Sauce & Crackers	Mini Bagels w Cream Cheese
Lunch	Hamburger Sliders/Fries/Fruit	Yellow Rice w/ Chicken/Black Beans/ Fruit	Fish Sticks/Tots/Fruit	Breakfast Quesadilla w/ Cheese/ Veggies/Fruit	Vegetarian Mac N Cheese/Green Beans/Fruit
Vegetarian	Veggie Patty Sliders/ Fries/ Fruit	Yellow Rice w Black Beans/ Fruit	Corn Nuggets/Fries/Fruit	Breakfast Quesadilla w/ Cheese/ Veggies/Fruit	Vegetarian Mac N Cheese/Green Beans/Fruit
Snack PM	Crackers w/ Tzatziki	Tortilla Chips w/ Salsa	Veggie Straws	Cucumbers w Ranch	A Loaded Trail Mix
Week 4	21	22	23	24	25
Breakfast	Cereal w/ Milk	Fruit Danish	Mini Bagels w/ Cream Cheese	Fruit Muffins	Pancakes w/ Syrup
Snack AM	Crackers w/ Cheese	Homemade Breakfast Crumb Square	Yogurt w/ Cheerios	Fresh Fruit w/ Crackers	Applesauce & Animal Crackers
Lunch	Beef Tacos w Black Beans/ Fruit	Chicken Tenders/Fries/Fruit	Italian Meatball Soup w/ Oyster Crackers/Fruit	Hashbrown Casserole w/ Eggs & Cheese/Fruit	Vegetarian Pasta w/ Red Sauce /Fruit
Vegetarian	Cheese Tacos w Black Beans/ Fruit	Corn Nuggets/Fries/Fruit	Vegetable Soup w/ Oyster Crackers/Fruit	Hashbrown Casserole w/ Eggs & Cheese/Fruit	Vegetarian Pasta w/ Red Sauce /Fruit
Snack PM	Cheese Its	Carrots w/ Ranch	Pretzels w/ Ranch Dip	Spring Trail Mix	Homemade Blueberry Muffin
Week 5	28	29	30		2
Breakfast	Cereal w/ Milk	Fruit Danish	Mini Bagels w/ Cream Cheese	Fruit Muffins	Pancakes w/ Syrup
Snack AM	Cheerios w/ Yogurt	Animal Crackers w/ Fruit	Oatmeal w/ Brown Sugar	Apple Sauce & Crackers	Sunbutter w/ Saltine Cracker
Lunch	Turkey & Cheese Sliders/ Veggies/Fruit	Beef & Broccoli Ramen/Fruit	Chicken Nuggets/Fries/Fruit	Breakfast Burritos w/ Sausage & Egg /Fruit	Cold Rotini Pasta Salad w Ham & Veggies/Fruit
Vegetarian	Grilled Cheese Sliders/ Veggies/Fruit	Broccoli Ramen/Fruit	Corn Nuggets/Fries/Fruit	Breakfast Burritos w Egg & Cheese /Fruit	Cold Rotini Pasta Salad w/ Veggies / Fruit

Breakfast & Lunch is served with Milk & Water All snacks are served with water Kids 'R' Kids Circa Fishhawk