

Week 12 SERIES 1100-1250

LEARNING GOALS

- Recognize that the letters of the alphabet are a special category of visual graphics that can be individually named (Bb); Touch or identify pictures when prompted
- Express self creatively with simple art materials
- Recite numbers up to 5 in sequence
- Demonstrate eye-hand coordination; Participate in a variety of activities to enhance coordination
- Begin to use words to describe physical properties and states of matter of objects (red)
- Demonstrate eye-hand coordination and participates in a variety of activities to enhance coordination
- Show creativity, inventiveness, and flexibility in his/her approach to play with adult guidance
- Complete a task with assistance
- Engage in some sensory experiences

DAILY SCHEDULE

Morning Routine
 (Brush teeth, get dressed, breakfast)
Curriculum Activity
 Snack
 Independent Play
Brain Waves
 Lunch
 Rest/Nap
Curriculum Activity
 Outdoor Play
 Evening Routine

MATERIALS NEEDED

- apron
- beach items (ball, blanket, clothes, towel)
- books
- cardstock
- children's music
- clear jar with lid
- container (ex: shoebox or plastic box)
- craft sticks
- glue
- markers
- newspaper
- paint (blue, red)
- paint cups
- paintbrushes
- paper
- pictures of beach
- play food
- red construction paper
- sand
- sand toys
- scissors
- smocks
- sponge
- tape
- water
- yarn

CURRICULUM SCHEDULE

MONDAY

Language/Literacy: *Bb is for Beach*
 Creative Exploration: *Spongy Time*
 Brain Waves: *Make-a-Face*

TUESDAY

Math: *Two Feet*
 Music and Movement: *Beach Ball Catch*
 Brain Waves: *Make-a-Face*

WEDNESDAY

Science: *Red Umbrellas*
 Cognitive Exploration: *Two Triangles*
 Brain Waves: *Make-a-Face*

THURSDAY

Language/Literacy: *Ten Balls Bouncing*
 Dramatic Play: *Grillin' and Chillin'*
 Brain Waves: *Make-a-Face*

FRIDAY

Social Studies: *Water Colors*
 Sensory Activity: *Sand Creations*
 Brain Waves: *Make-a-Face*

Language/Literacy

Bb is for Beach

Learning Goal: Recognize that the letters of the alphabet are a special category of visual graphics that can be individually named (Bb)

Materials: paper, red marker, pictures of beach and/or beach items (ex: ball, blanket, towel, sand toys, etc.), Word of Week page (included in packet)

Preparation: Label the top of the paper with “Bb is for **Beach.**”

Instructions:

1. Say, “Bb is for beach.” Encourage your child to repeat after you.
2. Show your child pictures of the beach and ask them to identify familiar objects (sand, ocean, birds, cloud, sky, etc.).
3. Use marker to list objects on the paper. As you write them, say them again to build vocabulary and understanding of the written word.
4. Invite your child to add to the list by using a red marker and writing his/her words. Have your child say the words as they are written.



Creative Exploration

Spongy Time

Learning Goal: Express self creatively with simple art materials

Materials: blue paint, sponge, white paper

Instructions:

1. Explain to your child that he/she is going to paint with a sponge.
2. Give your child a piece of paper, blue paint, and a sponge.
3. Tell your child to paint anything he/she wants using the sponge. Praise your child for following directions and for his/her creation.



Math

Two Feet

Learning Goal: Recite numbers up to 5 in sequence

Materials: beach ball

Instructions:

1. Say, "I have two feet. (Point at your feet) How many feet do you have?"
2. Encourage your child to look at his/her own feet and count to two.
3. Tell your child that he/she can use either of his/her two feet to kick the ball.
4. Roll the ball to your child and encourage him/her to kick the ball back to you.



Music and Movement

Beach Ball Catch

Learning Goal: Demonstrate eye-hand coordination; Participate in a variety of activities to enhance coordination

Materials: beach ball, children's music

Instructions:

1. Show your child the beach ball.
2. Explain that you are going to throw the ball to him/her, and he/she is to throw it back to you while the music is playing.
3. Turn on music and begin the activity.



Science

Red Umbrellas

Learning Goal: Begin to use words to describe physical properties and states of matter of objects (red)

Materials: newspaper, paint cups, paintbrushes, paper, red paint, scissors, smocks, umbrella coloring page (included in packet), each umbrella pictures (included in packet)

Preparation: Cover workspace with newspaper. Pour paint into cups. Use scissors to cut out umbrella shapes from paper.

Instructions:

1. Show your child the pictures of beach umbrellas. Ask him/her why people have umbrellas at the beach.
2. Give your child the umbrella picture template and encourage him/her to use the red paint to paint the umbrella.
3. Have your child say, “My Red Beach Umbrella.” Praise his/her painting.



Cognitive Exploration

Two Triangles

Learning Goal: Demonstrate eye-hand coordination; Participate in a variety of activities to enhance coordination

Materials: red construction paper

Preparation: Draw triangles (big & small) and cut them in half.

Instructions:

1. Explain to your child that a triangle has three sides.
2. Then say, “We are going to match triangle shapes.”
3. Spread the shapes on the table.
4. Encourage him/her to match the shapes.



Language/Literacy

Ten Balls Bouncing

Learning Goal: Touch or identify pictures when prompted

Materials: beach ball cut-outs (included), craft sticks, yarn

Preparation: Cut out beach balls from template.

Instructions:

Sing “Beach Balls Bouncing” and encourage your child to sing with you.

Beach Balls Bouncing

(sung to the tune of Ten Little Dinosaurs)

One little, two little,

Three little beach balls.

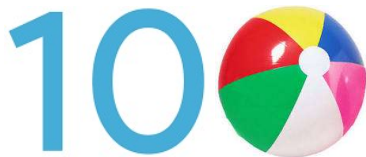
Four little, five little,

Six little beach balls.

Seven little, eight little,

Nine little beach balls

Ten little beach balls bouncing.



Dramatic Play

Grillin’ and Chillin’

Learning Goal: Show creativity, inventiveness, and flexibility in his/her approach to play with adult guidance

Materials: aprons, beach blanket, beach clothes, books, play food

Preparation: Gather materials.

Instructions:

1. Discuss with your child about beach activities such as barbecuing food, reading books, and relaxing on a blanket.
2. Encourage your child to use props and pretend to be on the beach describing what he/she sees at the beach.



Social Studies

Water Colors

Learning Goal: Complete a task with assistance

Materials: clear jar with lid, markers (old), tape, water

Instructions:

1. Explain to your child that he/she is going to change the color of the water by using dried up markers.
2. Place water inside the jar and give our child a marker.
3. Have your child put the marker in the jar. Place lid on securely.
4. Encourage him/her to shake until the water begins to change colors.



Sensory Activity

Sand Creations

Learning Goal: Engage in some sensory experiences

Materials: sand, sand toys, container (ex: shoebox or plastic box)

Preparation: Put sand into the container.

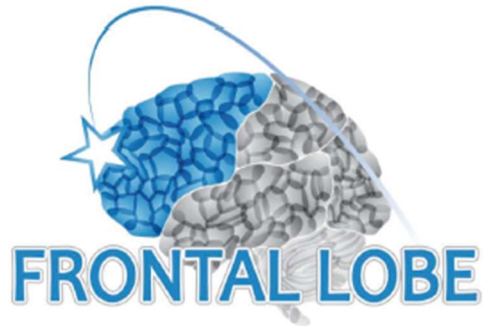
Instructions:

1. Explain to your child that he/she is going to use sand toys to make prints in the sand.
2. Continue activity if interest remains.



Supporting the Development of the Frontal Lobe

A main function of the frontal lobe is cognitive thinking, such as reasoning and problem solving. This portion of the brain is also responsible for motor development, language development, social-emotional behavior, and impulse control. Research shows that lack of development in the frontal lobe can lead to deficits in concentration and decreased problem solving and creativity skills.



Emotional Stimulation

Make-a-Face

Materials: cardstock, glue, markers, craft sticks

Preparation: From cardstock, cut out 4 large circles. Draw a different facial expression on each circle. Glue each circle to a craft stick.

Instructions:

1. Talk to your child about his/her emotions.
2. Encourage your child to choose a circle and mimic the facial expression.
3. Repeat activity with each circle.

This activity activates the neural mechanisms underlying emotion regulation, which allows toddlers to process emotions.

Activity Variation: Call out an emotion and encourage your child to make that face.

Word of the Week

Bb

beach



The boy builds sandcastles at the **beach**.

Spanish – **la playa** (*lah PLAH-ya*)





Beach Ball Cutouts for Language Exploration: Ten Balls Bouncing Activity

