INFANT Week



Day 1 Week 40

Snowflakes Falling

Materials: paper, scissors

Preparation: Cut out snowflakes with scissors. **Instructions:**

- 1. Hold your baby and say, "These are paper snowflakes."
- 2. Encourage your baby to reach for them as you toss them in the air. Modify as needed.
- 3. Repeat as your baby watches the snowflakes fall.
- 4. Praise all efforts.



Little Snowflake

Materials: internet access, website: https://youtu.be/tbbKjDjMDok Preparation: Preview video.

Instructions: Preview V

- 1. Enjoy the "Little Snowflake" song as your baby responds to music.
- 2. Repeat as interest remains.
- 3. Encourage and praise all responses.



Snow all Over

Materials: paper, white paint **Preparation:** Gather materials. Put paint on the paper.

Instructions:

- 1. Hold your baby and say, "We are going to finger paint with white paint."
- 2. Encourage your baby to paint with his/her fingers.
- 3. Encourage and praise all response as your baby completes an art activity.

Sign Language "Diaper" Instructions:

Close the modified "3" fingers at the hip bones pointing downward hiding the thumb.







Day 2 Week 40

Winter Hat

Materials: favorite winter hat Instructions:

- Hold your baby and say, "During winter, the weather is cold, and you may need at warm hat."
- 2. Put the hat on your head and remove it. Say to your baby, "The hat is (on or off) my head" as you remove it. Modify as needed.
- 3. Repeat as your baby attempts to imitate your actions with the winter hat.



Mittens for Me

Materials: mittens Instructions:

- 1. Hold your baby and say, "We are going to put mittens on your hands."
- 2. Put the mittens on your baby and take them off.
- 3. Encourage and praise all response as your baby attempts to imitate your actions.



Winter Clothes

Materials: internet access, website: https://youtu.be/HALIE-aJotM

Preparation: Preview video. **Instructions:**

- 1. Enjoy this sing along about winter clothes as your baby responds to music.
- 2. Repeat as interest remains.
- 3. Encourage and praise all responses.



Sign Language "Diaper"

Instructions:

Close the modified "3" fingers at the hip bones pointing downward hiding the thumb.





Day 3 Week 40

Warm Socks

Materials: socks Instructions:

- Hold your baby and say, "Socks keep our feet warm."
- 2. Put the socks on your baby's feet.
- 3. Repeat as your baby attempts to help you put on the socks.
- 4. Praise all efforts.



Boot in Winter

Materials: paper plate, crayons, scissors **Preparation:** Cut out a boot shape using a paper plate.

Instructions:

- 1. Hold your baby and say, "We are going to create a boot using art materials."
- 2. Assist your baby with coloring the boot.
- 3. Encourage and praise all response as your baby completes an art activity.



It's Snowing

Materials: internet access, website: <u>https://youtu.be/veMNwsq3YXM</u>

Preparation: Preview video.

Instructions:

- 1. Enjoy this winter song as your baby responds to music.
- 2. Repeat as interest remains.
- 3. Encourage and praise all responses.



Sign Language "Diaper"

Instructions:

Close the modified "3" fingers at the hip bones pointing downward hiding the thumb.





Day 4 Week 40

Warm Hands

Materials: favorite plush toy, blanket Instructions:

- 1. Hold your baby and say, "We are going to warm our hands by rubbing them together."
- Assist your baby with rubbing his/her hands together. Talk about how they feel afterwards. Modify as needed.
- 3. Repeat as your baby engages in this sensory activity.
- 4. Praise all efforts.



Winter Moves

Materials: favorite winter music Instructions:

- 1. Hold your baby and say, "We are going to move to the music."
- 2. Assist and modify as needed. Hold your baby and move to the music.
- 3. Encourage and praise all efforts as your baby response to music.

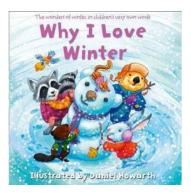


I Love Winter

Materials: internet access, website: <u>https://youtu.be/0IV6lknwzzk</u>

Preparation: Preview video. **Instructions:**

- 1. Enjoy the read aloud book, *I Love Winter* by Daniel Howarth, with your baby.
- 2. Encourage and praise all responses as your baby shows interest in the book.



Sign Language "Diaper"

Instructions:

Close the modified "3" fingers at the hip bones pointing downward hiding the thumb.





Day 5 Week 40

Winter Breeze

Instructions:

- 1. Hold your baby and say, "During winter the air is cold."
- 2. Wave your hand so your baby feels a slight breeze from you waving air. Modify as needed.
- 3. Repeat as your baby responds to the slight breeze of air.



On the Ground

Instructions:

1. Hold your baby and say, "We are going to sing a song about snow."

(Sing in the tune of Are You Sleeping Brother John) Snow is falling, snow is falling On the ground, on the ground.Do you see it falling? Do you see it falling? On the ground, on the ground.

2. Encourage and praise all response as your baby sings a rhyme.



Cleo

Materials: internet access, website: https://youtu.be/d7RAhyMXREE

Preparation: Preview video.

Instructions:

- 1. Enjoy the read aloud book, *Cleo in the Snow* by Stella Blackstone and Caroline Mockford, with your child.
- 2. Encourage and praise all responses as your baby shows interest in the book.



Sign Language "Diaper"

Instructions:

Close the modified "3" fingers at the hip bones pointing downward hiding the thumb.



