



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multi grain Cheerios & milk	Cinnamon rolls w/ Fruit	Turkey sausage & biscuits	French Toast Sticks W/ Eggs	Fruit Pancakes & eggs
AM	Cinnamon tortillas	Yogurt Parfait & Crackers	Trail Mix & Fruit	Fresh fruit & crackers	Fruit bar
Lunch	Meatloaf, Mash potatoes & fresh fruit	Taco Tuesday, veggies & fresh fruit	Mac & cheese, veggies & fresh fruit	Chicken Quesadillas, veggies & fresh fruit	Cheese Pizza, veggies & fresh fruit
Vegetarian	<i>Veggie nuggets</i>	<i>Bean & cheese taco</i>	<i>NA</i>	<i>Bean and Cheese Quesadillas</i>	<i>Veggie nuggets</i>
PM Snack	Cheese sticks & Cracker	Animal Crackers & Fruit	Rice cakes & fruit	Goldfish & Applesauce	Yogurt W/Graham Crackers
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Muli grain Chex cereal & milk	Cinnamon Rolls & Fruit	Breakfast Pizza	Muffins w/ Fruit	Pancakes & fresh fruit
AM	Applesauce & graham crackers	Fresh fruit w/ crackers	Trail mix & Fruit	Yogurt parfait & Crackers	Fruit bars
Lunch	Chicken Sandwich, veggies & fresh fruit	Taco Tuesday, veggies & fresh fruit	Chicken Spaghetti, veggies & fresh fruit	Cheese pizza, veggies & fresh fruit	Chicken nuggets, tater tots & fresh fruit
Vegetarian	<i>Veggie Chicken Sandwich</i>	<i>Bean & cheese taco</i>	<i>Spaghetti with sauce</i>	<i>NA</i>	<i>Veggie nuggets</i>
PM Snack	Carrots, Cucumber & Ranch Infants: Applesauce w/ Crackers	Animal cookies w/ Yogurt	Sun butter sandwich	Fruit cup & Graham Crackers	Goldfish & Fruit Cup
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Fruit muffins w/yogurt	Cinnamon toast sticks/fruit	Turkey sausage w/eggs	French Toast Sticks w/ Eggs	Waffles w/Fresh fruit
AM	Fresh fruit & crackers	Trail mix	Yogurt bark	Graham Crackers w/ Applesauce	String Cheese w/ crackers
Lunch	Turkey wrap, veggies & fresh fruit	Taco Tuesday, veggies & fresh fruit	Chicken alfredo, veggies & fresh fruit	Chicken sandwiches, tater tots & fresh fruit	Chicken nuggets, Mash potatoes & fruit
Vegetarian	<i>Sun butter sandwich</i>	<i>Bean and cheese taco</i>	<i>Alfredo pasta</i>	<i>Grill cheese sandwich</i>	<i>Veggie nuggets</i>
PM Snack	Cheese sticks & Cracker	Animal crackers & fruit	Goldfish & fruit	Fruit cup & crackers	Rice cakes & sun butter
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multi grain Chex cereal & milk	Cinnamon rolls & Fruit	Breakfast Pizza	Toast w/ jelly & eggs	Pancakes & Fresh fruit
AM	Yogurt parfait & Crackers	Fresh fruit w/ Graham crackers	Trail Mix	Rice Cakes & fruit cup	Fruit bar
Lunch	Pizza roll-up, veggies & fresh fruit	Taco Tuesday, veggies & fresh fruit	Grill cheese sandwich, veggies & fresh fruit	Spaghetti w/ marinara sauce, veggies & fresh fruit	Cheese pizza, Tater tots & fresh fruit
Vegetarian	<i>Veggie nuggets</i>	<i>Bean & cheese taco</i>	<i>NA</i>	<i>NA</i>	<i>NA</i>
PM Snack	Animal crackers & Fruit	Graham Crackers & Fruit	Vanilla Wafers w/ Yogurt	Cheese and Crackers	Banana pudding & Crackers

Whole Milk is served with breakfast and lunch; water is also available to the children throughout the day. We are a Nut- Free environment! All fresh fruits are seasonal and provided for all lunch meals.