

Monday

B: WG Kix, Mango, Whole 1% Milk ³

L: Diced BBQ Chicken, WG Hamburger Buns, Black Beans, Fresh Oranges, Whole 1% Milk *Barbeque Chicken Sandwich*

PM: WG Rice Cake, 100% Apple Juice

B: WG Cheerios, Pears, Whole 1% Milk ¹⁰

L: Chicken, Stir-fry Veggies, Brown Rice, Pineapples Whole 1% Milk *Teriyaki Chicken*

PM: WG Jungle Animal Crackers, 100% Apple Juice

B: WG Kix, Strawberries, Whole 1% Milk ¹⁷

L: Mozzarella Cheese, WG Pasta, apple slice, Sweet Peas, Whole 1% Milk *Mac & Cheese*

PM: WG Pretzels, 100% Apple Juice

B: WG Cheerios, Pears, Whole 1% Milk ²⁴

L: Baked Chicken Breast, Brown Rice, Yellow Squash, Apple Slices, Whole 1% Milk *Baked Chicken & Rice*

PM: Rice Cake, 100% Apple Juice

B: WG Cheerios, Mangos, Whole 1% Milk ³¹

L: Diced Stew Chicken, WG Pasta, Spinach, apple slices, Alfredo Sauce, Whole 1% Milk *Chicken Alfredo*

PM: WG Pretzel Goldfish, 100% Apple Juice

Tuesday

B: French Toast Sticks, Strawberries, Whole 1% Milk ⁴

L: *WG Noodles, Cheese, WG Rolls, Mix Veggies, Sliced Apples, Whole 1% Milk Veggie Lasagna*

PM: Ritz Cheese Crackers, Pineapples

B: WG English Muffins, Apple slices, Whole 1% Milk ¹¹

L: Diced Chicken/ Cheese, Black Beans, WG Tortillas, Oranges, Whole 1% Milk *Chicken Fajitas*

PM: W/G Tortilla Chips / Salsa

B: Turkey Sausage, Hashbrown Patties, Pineapple, Whole 1% Milk ¹⁸

L: Baked Chicken Legs, Yellow Rice, Zucchini, Pears, Whole 1% Milk *Barbeque Baked Chicken*

PM: Nature Valley Crisp, Peaches

B: WG Pancakes, Pineapples, Whole 1% Milk ²⁵

L: Ground Turkey, WG Tortilla, Shredded Cheese, Black Beans, Pears, Whole 1% Milk *Turkey Tacos*

PM: Teddy Graham Crackers, Oranges

Wednesday

B: Waffles, Mixed Fruit, Whole 1% Milk ⁵

L: Baked Chicken Legs, Zucchini, Yellow Rice, Peaches, Whole 1% Milk *Barbecue Chicken & Rice*

PM: Cheddar Chex mix, Pears

B: WG Pancakes, Peaches, Whole 1% Milk ¹²

L: Chicken Patties, WG Hamburger Buns, Mixed Veggies, Mix Fruit, Whole 1% Milk *Chicken Sandwiches*

PM: Goldfish, Oranges,

B: WG Raisin Toast, Mango Whole 1% Milk ¹⁹

L: Ground Turkey, WG Pasta, Marinara Sauce, Garden Salad, Mix Fruit Whole 1% Milk *Turkey Spaghetti*

PM: Yogurt, Mixed Fruit

B: WG English Muffins, Peaches, Whole 1% Milk ²⁶

L: WG Pasta, Mozzarella Cheese, Mixed Veggies, Garlic Bread sticks, Mixed Fruit, Whole 1% Milk *Veggie Lasagna*

PM: Nature Valley Crisp, Pineapples

Thursday

B: WG Apple Muffins, Bananas, Whole 1% Milk ⁶

L: Chicken Nuggets, Tater Tots, WG Bread, Pears, Whole 1% Milk

PM: Teddy Grahams, Peaches

B: WG Blueberry Muffins, Banana, Whole 1% Milk ¹³

L: Chicken Tenders, WG Sliced Bread, Tater Tots, Mango Whole 1% Milk

PM: WG Graham Crackers/ Applesauce

B: WG Banana Muffin, Bananas, Whole 1% Milk ²⁰

L: Mozzarella Cheese, WG Pizza Crust, Corn, peaches

PM: WG Chex Mix, Pineapples

B: WG Apple Muffins, Bananas, Whole 1% Milk ²⁷

L: Fish Sticks, Broccoli, Sliced WG Bread, Mango, Whole 1% Milk

PM: Goldfish, Peaches

Friday

B: WG Biscuits w/ Jelly, Mixed Fruit, Whole 1% Milk ⁷

L: Turkey Patties, WG Hamburger Buns, Baked Beans, Cantaloupe, Whole 1% Milk *Turkey Burgers*

PM: Goldfish, 100% Grape Juice

B: WG Cheese Toast, Blueberries, Whole 1% Milk ¹⁴

L: Turkey Meatballs, Steamed Cabbage, Mashed Potatoes, WG Rolls, Pineapples, Whole 1% Milk *Barbeque Turkey Meatballs*

PM: Cheez Its, 100% Grape Juice

B: French Toast Sticks, Apricots, Whole 1% Milk ²¹

L: Stew Diced Chicken, Green Beans, WG Pasta, Cantaloupe, Alfredo Sauce, Whole 1% Milk *Chicken Alfredo*

PM: Sun Chips, 100% Mixed Berry Juice

B: Turkey Sausage, Hashbrowns, Apricots Whole 1% Milk ²⁸

L: Turkey Meatballs, WG Rolls, Steamed Cabbage, Mashed Potatoes, Oranges Whole 1% Milk *Barbeque Meatballs*

PM: Cheez Its, 100% Mixed Berry Juice

