

4		1	2	3	4
Breakfast		French Toast Oranges Whole/ 1% Milk	Waffles Strawberries Whole/ 1% Milk	Blueberry Muffin Banans Whole/ 1% Milk	Pancake with Sausage Bites Pears Whole/ 1% Milk
Lunch		Chicken Fajita Pinto Beans Pineapple Whole/ 1% Milk	Beef Meatballs Pasta Noodles Cabbage Applesauce Whole/ 1% Milk	Cheese Pizza Salad with Ranch Mixed Fruit Whole/ 1% Milk	Fish Sticks WG Bread Broccoli Peaches Whole/ 1% Milk
PM		Graham Crackers Peaches	Strawberry Chex Mix Yogurt	Pretzels Pears	Cheese Its Fruit Punch
Week 2	7	8	9	10	11
Breakfast	Kix Cereal Peaches Whole/ 1% Milk	Turkey Sausage Hashbrowns Pears Whole/ 1% Milk	Pancakes Applesauce Whole/ 1% Milk	Apple Cinnamin Muffins Bananas Whole/ 1% Milk	Raisin Bread Oranges Whole/ 1% Milk
Lunch	Chicken Salad Saltine Crackers Carrots Pineapples Whole/ 1% Milk	Turkey and Cheese Burrito WG Tortilla Garden Salad Cantaloupe Whole/ 1% Milk	Chicken Alfredo Pasta Broccoli Strawberries Whole/ 1% Milk	Chicken Nuggets WG Bread Tater Tots Mixed Fruit Whole/ 1% Milk	Turkey Burgers WG Buns Baked Beans Bananas Whole/ 1% Milk
PM	Teddy Grahams Mixed Berry Juice	Animal Crackers Pineapple	Wheat Thins Mixed Fruit	Animal Crackers Peaches	Rice Cakes Grape Juice
Week 3	14	15	16	17	18
Breakfast	Cheerios Pears Whole/ 1% Milk	Cheese Toast Mixed Fruit Whole/ 1% Milk	Chicken Biscuit Mixed Fruit Whole/ 1% Milk	Banana Muffin Bananas Whole/ 1% Milk	Bagels with Cream Cheese Pineapples Whole/ 1% Milk
Lunch	Hamburger Helper Macaroni Noodles Green Beans Oranges Whole/ 1% Milk	Ground Turkey Tortilla Wraps Salad Peaches Whole/ 1% Milk	Baked Chicken Brown Rice Squash Honey Dew Whole/ 1% Milk	Fish Sandwich WG Bread Mixed Veggies Pineapple Whole/ 1% Milk	Chicken Patties WG Bun String Beans Watermelon Whole/ 1% Milk
PM	Honey Graham Crackers Apple Juice	Tortilla Chips Salsa	Ritz Crackers and Cheese Oranges	Chocolate Chex Apple Sauce	Sun Chips Fruit Punch
Week 4	21	22	23	24	25
Breakfast	Rasin Bran Mixed Fruit Whole/ 1% Milk	English Muffin Mango Whole/1 % Milk	French Toast Apple Slices Whole/ 1% Milk	Blueberry Muffin Bananas Whole/ 1% Milk	Pancake Sausage Bites Peaches Whole/ 1% Milk
Lunch	Turkey Cheese Sandwiches WG Bread Salad Pineapple Whole/ 1% Milk	Chicken Taco WG Tortilla Black Beans Oranges Whole/ 1% Milk	Chicken Lo Mein Noodle Stir Fry Veggies Pears Whole/ 1% Milk	Corndogs Tater Tots Apple Slices Whole /1 % Milk	Chopped BBQ Chicken WG Breadsticks Corn Mixed Fruit Whole/ 1% Milk
PM	Pretzels Mixed Berry Juice	Gold Fish String Cheese	Chocolate Bears Yogurt	Teddy Grahams Strawberry Sauce	Cheese Its Grape Juice
Week5	28	29	30		
Breakfast	Kix Peaches Whole/ 1% Milk	Biscuits with Jelly Applesauce Whole/ 1% Milk	Waffles Strawberries Whole/ 1% Milk		
Lunch	Chicken Salad Sandwich WG Bread Tater Tots Cantaloupe Whole/ 1% Milk	Taco Salad Lettuce and Tomato Watermelon Whole/ 1% Milk	Turkey and Cheese Wrap Spinach Pears Whole/ 1% Milk		
PM	Animal Crackers Fruit Punch	Nachos Cheese	Ritz Crackers Cheese Apple Juice		