

INFANT

Week

25

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Fun Outside

Instructions:

1. Hold your baby and say, "We are going to the park."
2. Enjoy all the fun opportunities at the park.
3. Encourage and praise all efforts for gross motor development.



Spot Goes to the Park

by Eric Hill

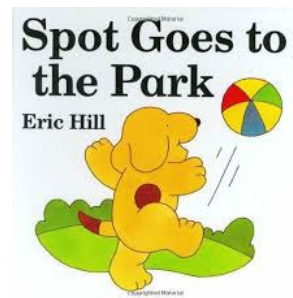
Materials: internet access, website:

https://youtu.be/BvLHIEcHM_k

Preparation: Preview video.

Instructions:

1. Enjoy the read aloud book with your baby.
2. Encourage responses as you point out story details.



My Ball

Materials: paper

Instructions:

1. Hold your baby and say, "We are going to make a ball out of paper."
2. Assist your baby with crumbling the paper into a ball.
3. Roll the ball back and forth to your baby.
4. Repeat as your baby coordinates motions using eyes and hands.
5. Praise all efforts.



Sign Language "Bed"

Instructions:

Hold both hands palm to palm and place the back of one hand against the cheek.



The Doctor

Materials: picture of a doctor

Instructions:

1. Hold your baby and say, "This is a picture of a doctor who helps us stay healthy."
2. Talk with your baby about what happens at a doctor's visit.
3. Repeat as your baby begins to understand a community helper.



The Doctor Song

Materials: internet access, website:

<https://youtu.be/KzzRLpA1MMk>

Preparation: Preview video.

Instructions:

1. Enjoy this sing along about a doctor.
2. Encourage and praise all responses.



Apple a Day

Materials: paper plate, red and green paper, glue

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "There is an old saying that 'an apple a day keeps the doctor away.'"
2. Tell your baby that you are going to create an apple using art materials.
3. Assist your baby with gluing red paper on the plate. Add the leaf once complete.
4. Enjoy this priceless art.



Sign Language "Bed"

Instructions:

Hold both hands palm to palm and place the back of one hand against the cheek.



The Store

Instructions:

1. Hold your baby and say, "We are going to the grocery store."
2. Name various food as you shop with your baby.
3. Repeat as you promote language development.



Supermarket

Materials: internet access, website:

<https://youtu.be/-HJ45BAkHbE>

Preparation: Preview video.

Instructions:

1. Enjoy this sing along about a trip to the supermarket.
2. Name the food items in the video.



Banana for Me

Materials: paper, yellow paint, scissors

Preparation: Cut out a banana shape.

Instructions:

1. Hold your baby and say, "We're going to create a banana using art materials."
2. Assist your baby with painting the banana cut out.
3. Praise and encourage all efforts.
4. Enjoy this priceless art.



Sign Language "Bed"

Instructions:

Hold both hands palm to palm and place the back of one hand against the cheek.



The Neighborhood

Instructions:

1. Hold your baby and say, "We are going for a walk in the neighborhood."
2. Name things you see as you walk.
3. Repeat as you promote language development.



I'm Going

Materials: internet access, website:

<https://youtu.be/FxRGkjkVTGA>

Preparation: Preview video.

Instructions:

1. Enjoy this sing along about going places.
2. Encourage and praise all responses.



Moving Feet

Materials: paper, paint

Instructions:

1. Hold your baby and say, "Your feet help us travel from place to place."
2. Tell your baby that he/she is going to make footprints on the paper.
3. Paint your baby's foot and gently press foot on paper.
4. Encourage and praise responses as you assist with this priceless art.



Sign Language "Bed"

Instructions:

Hold both hands palm to palm and place the back of one hand against the cheek.



The Zoo

Materials: picture of the zoo

Instructions:

1. Hold your baby and say, "This is the zoo." Explain the picture to your baby.
2. Make various animal sounds as they are mentioned.
3. Repeat as you discuss animals.



To the Zoo

Materials: internet access, website:

<https://youtu.be/RXCc4voREDY>

Preparation: Preview video.

Instructions:

1. Enjoy the read aloud book with your baby.
2. Name the animals as you count.
3. Encourage and praise all responses.



Lion Lion

Materials: paper plate, marker, scissors, orange paint

Preparation: Draw a lion's face on the plate. Make cuts around the edges of the plate.

Instructions:

1. Hold your baby and say, "We are going to create a lion with art materials."
2. Assist your baby with painting the plate.
3. Make the sound of a lion as you work on this priceless art.



Sign Language "Bed"

Instructions:

Hold both hands palm to palm and place the back of one hand against the cheek.

