

Week 12 SERIES 1000-1050

LEARNING GOALS

- **Theme Exploration:** Begins to understand acceptable and unacceptable behavior; Responds to names of familiar people and objects; Touches water with adult supervision and support
- **Cognitive Exploration:** Demonstrates beginning coordination and balance, often with support
- **Music and Movement:** Listens to simple nursery rhymes, songs, and chants; Responds to simple directions; Participates in a finger play
- **Creative Exploration:** Responds to music
- **Language/Literacy:** Shows interest in books
- **Creative Exploration:** Shows interest in bright colors

DAILY SCHEDULE

Morning Routine
(Brush teeth, get dressed, breakfast)
Curriculum Activity
Snack
Independent Play
Brain Waves
Lunch
Rest/Nap
Curriculum Activity
Outdoor Play
Evening Routine

MATERIALS NEEDED

- baby doll
- beach toys
- spray bottle (cleaned)
- music
- beach ball
- ball
- container
- toys (small)
- water
- beach towel
- theme -related books
- markers
- sandpaper (one small piece)

CURRICULUM SCHEDULE

MONDAY

Theme Exploration: *Hold the Beach Ball*
Cognitive Exploration: *Friends at the Beach*
Brain Waves: *Don't Cry Baby*

TUESDAY

Music and Movement: *At the Beach*
Theme Exploration: *Drops of Water*
Brain Waves: *Don't Cry Baby*

WEDNESDAY

Creative Exploration: *Beach Ball Boogie*
Music and Movement: *Pass the Beach Ball*
Brain Waves: *Don't Cry Baby*

THURSDAY

Language/Literacy: *Beach Towel Reading*
Theme Exploration: *Hidden Treasures*
Brain Waves: *Don't Cry Baby*

FRIDAY

Music and Movement: *The Beach Ball Song*
Creative Exploration: *Colored Sandpaper*
Brain Waves: *Don't Cry Baby*

Theme Exploration

Hold the Beach Ball

Learning Goal: Demonstrates beginning coordination and balance, often with support

Materials: beach ball

Instructions:

1. Show your baby the beach ball.
2. As your infant sits, help him/her to grasp the beach ball with both hands and balance.
3. Replace the ball several times to practice sitting and balancing.



Cognitive Exploration

Friends at the Beach

Learning Goal: Begins to understand acceptable and unacceptable behavior

Materials: beach towel, beach toys

Instructions:

1. Gently place your infant on the beach towel for tummy time.
2. Provide beach toys for him/her to explore.
3. As your baby plays, talk about who is participating (you and your infant) and identify each of you by name. Explain how it is important to be kind to one another and share toys.



Music and Movement

At the Beach

Learning Goal: Listens to simple nursery rhymes, songs, and chants

Instructions:

1. With your infant, sing the following song:

At the Beach

(sung to the tune of “Jingle Bells”)

At the beach, At the beach,
At the beach we play.
Oh what fun it is to play,
In the sun and surf all day!

2. The second time that you sing the song, clap on the word “beach.”
Rhyming words are the first step to literacy.



Theme Exploration

Drops of Water

Learning Goal: Responds to names of familiar people and objects

Materials: spray bottle (cleaned), water

Instructions:

1. Take your baby outside, weather permitting.
2. Talk about the beach and water in the ocean. The crashing waves often create ocean spray.
3. Use the spray bottle to gently mist the water near your child. Encourage them to touch both the misting water as you spray as well as the area where the water lands.
4. Sign the word “water” with the “w” by your lips. See this website for example:

<https://www.babysignlanguage.com/dictionary/w/water/?v=7516fd43adaa>



Creative Exploration

Beach Ball Boogie

Learning Goal: Responds to music

Materials: ball, music

Instructions:

1. Sit with your baby.
2. Give him/her a ball.
3. Play music and boogie.
4. Try bouncing up and down, crawling, scooting, or walking around the ball as the music plays. Encourage your infant to boogie around the ball.
5. Continue activity as long as interest remains.



Music and Movement

Pass the Beach Ball

Learning Goal: Responds to simple directions

Materials: beach ball, music

Instructions:

1. Sit with your baby on the floor.
2. Pass the ball to your child. Encourage him/her to pass the ball back to you.
3. Play music and pass the beach ball.
4. Continue activity as long as interest remains.



Language/Literacy

Beach Towel Reading

Learning Goal: Shows interest in books

Materials: beach towel, internet access, website for read aloud version of theme-related book, *Disney Babies Have a Beach Party* by Kids Story Club:

https://www.youtube.com/watch?v=FiaN1_os0Yo

Preparation: Preview book.

Instructions:

1. Hold your baby on a beach towel.
2. Show and discuss designs/colors on the beach towel.
3. Read, discuss, notice book scenery, and encourage your baby to point to pictures.
4. Read more than one book if interest remains.



Theme Exploration

Hidden Treasures

Learning Goal: Touches water with adult supervision and support

Materials: container, toys (small), water

Preparation: Prepare the area for messy work. Place small, age-appropriate toys in a container with a small amount of water.

Instructions:

1. Hold your baby and place the container of water and toys within reach.
2. Explain that there are treasures hidden in the water. Reach in and retrieve a treasure.
3. Encourage your baby to do the same.
4. Allow time for your baby to explore.



Music and Movement

The Beach Ball Song

Learning Goal: Participates in finger play

Materials: beach ball

Instructions:

1. Hold your baby.
2. Sing song to the tune of “This old man” and do actions with beachball:

*The ball is big. The ball is round
It can bounce on the ground
It's a big beach ball that bounces up and down.
Catch that ball and throw it all around.*

3. Continue activity as long as interest remains.



Creative Exploration

Colored Sandpaper

Learning Goal: Shows interest in bright colors

Materials: markers (bright colors), sandpaper (one small piece)

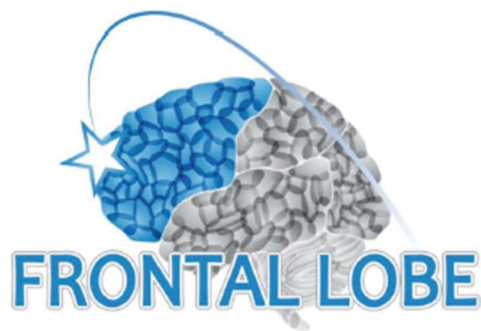
Instructions:

1. Hold your baby.
2. Provide your baby with a small piece of sandpaper.
3. Encourage your baby to explore the texture of the sandpaper. Use words to describe the texture to your baby.
4. Encourage your baby to color the sandpaper.



Supporting the Development of the Frontal Lobe

A main function of the frontal lobe is cognitive thinking, such as reasoning and problem solving. This portion of the brain is also responsible for motor development, language development, social-emotional behavior, and impulse control. Research shows that lack of development in the frontal lobe can lead to deficits in concentration and decreased problem-solving and creativity skills.



Emotional Stimulation

Don't Cry Baby

Materials: baby doll

Instructions:

1. Place baby in bouncer directly in front of you.
2. Discuss with your infant all the reasons why babies cry and reassure that you will comfort him/her every time he/she cries.
3. Cry like a baby and pick up the baby doll. Rock the baby doll back and forth, pat the baby doll's back, and say, "Don't cry, Baby."
4. Make a crying noise again and encourage your infant to hold the baby this time. As infant gets older, she will begin to mimic this behavior with her friends.

*This activity promotes an immediate response,
which builds adult/infant relationships.*

