



Ring Academy CALENDAR November

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cinnamon Toast, Turkey Sausage, Fresh Fruit, Milk, Water
				Cheese Pizza, Salad, Apple Sauce, Milk, Water
				Nutri Grain Bar, Water
4 Biscuits & Cream Cheese and Jelly, Turkey Sausage, Fruit, Milk, Water Baked Meatballs,	Cereal, Banana, Milk, Water	6 Waffles, Turkey Bacon, Fresh Fruit, Milk, Water	Cereal, Yogurt, Milk, Water	Pancakes, Turkey ⁸ Sausage, Fruit, Milk, Water
	Ravioli Red Sauce, Peas, Mixed Fruit, Milk, Water	Chicken Strips, Fries, Mandarin Oranges, Milk, Water	Spanish Rice, Pineapple, Pinto Beans, Milk, Water	Tortilla Pizza, Salad, Apple Sauce, Milk, Water
Mashed Potatoes, Peaches, Milk, Water	Fresh Fruit, Crackers, Water	Sliced Cheese and Crackers, Water	Fresh Fruit, Crackers, Water	KRK Mix, Water
Vanilla Wafers, Water				
Cinnamon Toast, 11 Turkey Sausage, Fruit, Milk, Water	Cereal, Banana, Milk, 12 Water	13 Waffles, Turkey Bacon, Fresh Fruit, Milk, Water	Banana Muffin, Milk, ¹⁴ Water	Biscuit and Turkey Sausage, Fruit, Milk, Water
Bean & Cheese Tacos, Corn, Peaches, Milk, Water	Tortellini w/ White Sauce, Peas, Mixed Fruit, Milk, Water	Chicken Patty, Mashed Potatoes, Mandarin Oranges, Milk, Water	Grilled Cheese, Tomato Soup, pineapple, Milk, Water	Turkey & Cheese Sandwich, Apple Sauce, Milk, Water
Goldfish, Water	Fresh Fruit, Crackers,	String Cheese, Crackers, Water	Fresh Fruit, Crackers, Water	Cinnamon Soft Pretzel, Water
Pancakes, Turkey Sausage, Fruit, Milk, Water	Cereal, Banana, Milk, 19 Water	20 Waffles, Turkey Bacon, Fresh Fruit, Milk, Water	Cereal, Yogurt, Milk, Water	22 French Toast, Turkey Sausage, Fruit, Milk, Water
Ravioli, Peas, Mixed Fruit, Milk, Water	Turkey Wraps, Carrots, Mixed Fruit, Milk, Water	Friendsgiving Feast! Turkey Sliders, Mashed Potatoes & Gravy, Green	Chicken Quesadilla, Pinto Beans Pineapple, Milk, Water	Cheeseburger, Carrot Sticks, Apple Sauce, Milk, Water
Vanilla Wafers, Water	Tortilla chips & Salsa, Water	Beans, Cinnamon Apples, Milk, Water Nutri-Grain Bar, Water	Fresh Fruit, Crackers, Water	Animal Crackers, Water
Hash Brown, Turkey Sausage, Fruit, Milk, Water	Cereal, Banana, Milk, 26 Water	27 Waffles, Turkey Bacon, Fresh Fruit, Milk, Water	28	29
BBQ Meatballs, Toasted Bread, Peaches, Milk, Water	Chicken Pasta Casserole, Peas, Mixed Fruit, Milk, Water	Chicken Nuggets, Fries, Mandarin Oranges, Milk, Water	CLOSED	CLOSED
Cheese Its, Water	Fresh Fruit, Crackers,	String Cheese, Crackers, Water		