

| Week 1 | 3 | 4 | 5 | 6 | 7 |
|-----------|--|--|--|--|---|
| Breakfast | Pancakes, Turkey Sausage, Fresh Fruit, Milk, Water | Cereal, Banana, Milk, Water | Waffles, Turkey Bacon, Fresh Fruit, Milk, Water | Banana Muffins, Fresh Fruit, Milk, Water | Cinnamon Biscuit w/Cream Cheese, Fresh Fruit, Milk, Water |
| Lunch | Turkey Sandwich, Veggie Chips, Peaches, Milk, Water | Quesadillas, Corn, Mandarin Oranges, Milk, Water | Steak Fingers, Mashed Potatoes, Apple Sauce, Milk, Water | Spanish Rice, Pinto Beans Pineapple, Milk, Water | Cheese Burger, French Fries, Mixed Fruit, Milk, Water |
| Snack PM | Nutri Grain Bar, Water | Cheez-Its, Water | KRK Mix, Water | Fresh Fruit, Crackers, Water | Yogurt, Graham Crackers, Water |
| Week 2 | 10 | 11 | 12 | 13 | 14 |
| Breakfast | French Toast, Turkey Sausage, Fresh Fruit, Milk, Water | Cereal, Banana, Milk, Water | Waffles, Turkey Bacon, Fresh Fruit, Milk, Water | Cinnamon Toast, Yogurt, Fresh Fruit, Milk, Water | Pancakes, Turkey Sausage, Fresh Fruit, Milk, Water |
| Lunch | Bean & Cheese Tacos, Carrots, Peaches, Milk, Water | Spaghetti w/Meat Sauce, Peas, Mandarin Oranges, Milk, Water | Chicken Nuggets, Smiley Fries, Apple Sauce, Milk, Water | BBQ Meatballs, Corn, Toast, Pineapple, Milk, Water | Tortilla Cheese Pizza, Salad, Veggie Chips, Milk, Water |
| Snack PM | Goldfish Crackers, Water | Fresh Fruit, Crackers, Water | | Fresh Fruit, Crackers, Water | Nutri Grain Bar, Water |
| Week 3 | 17 | 18 | 19 | 20 | 21 |
| Breakfast | Biscuit, Turkey Sausage, Fresh Fruit, Milk, Water | Cereal, Banana, Milk, Water | Waffles, Turkey Bacon, Fresh Fruit, Milk, Water | Apple Muffins, Fresh Fruit, Milk, Water | Hash Browns, Turkey Sausage, Fresh Fruit, Milk, Water |
| Lunch | Mac & Cheese, Peas, Peaches, Milk, Water | Chicken Alfredo, Green Beans, Mandarin Oranges, Milk, Water | Cheese Sticks w/Marinara Sauce, Veggie Chips, Apple Sauce, Milk, Water | Turkey Tacos, Carrots, Pineapple, Milk, Water | Chicken Sliders, Veggie Chips, Fresh Fruit, Milk, Water |
| Snack PM | Cheez-Its, Water | | Yogurt, Vanilla Wafers, Water | Fresh Fruit, Crackers, Water | KRK Mix, Water |
| Week 4 | 24 | 25 | 26 | 27 | 28 |
| Breakfast | Banana Muffins, Fresh Fruit, Milk, Water | Cereal, Banana, Milk, Water | Waffles, Turkey Bacon, Fresh Fruit, Milk, Water | French Toast, Turkey Sausage, Fresh Fruit, Milk, Water | Egg & Cheese Casserole, Fresh Fruit, Milk, Water |
| Lunch | BBQ Meatballs, Corn, Toast, Fresh Fruit, Milk, Water | Tortellini w/Red Sauce, Carrots, Mandarin Oranges, Milk, Water | Chicken Patty, Waffle Fries, Apple Sauce, Milk, Water | Grilled Cheese, Tomato Soup, Pineapple, Milk, Water | Turkey Wraps, Veggie Chips, Mixed Fruit, Milk, Water |
| Snack PM | Goldfish Crackers, Water | Fresh Fruit, Crackers, Water | Sliced Cheese, Crackers, Water | Fresh Fruit, Crackers, Water | Animal Crackers, Water |
| Week 5 | 31 | 1 | 2 | 3 | 4 |
| Breakfast | Cereal, Banana, ilk, Water | | | | |
| Lunch | Quesadillas, Corn, Mandarin Oranges, Milk, Water | | | | |
| Snack PM | Cheez-Its, Water | | | | |