

FEBRUARY 2020

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MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Whole Grain Biscuit with Jelly, Fresh Fruit, Milk	Whole Grain Cereal with Banana, Milk	Waffles, Turkey Bacon, Fresh Fruit, Milk	Banana Oat Muffins, Fresh Fruit, Milk	Mini Bagels with Cream Cheese, Fresh Fruit, Milk
Bean and Cheese Tacos, Carrots, Peaches, Milk/Water	Pancakes, Turkey Sausage, Fresh Fruit, Milk/Water	Chicken Nuggets, Mashed Potatoes, Mandarin Oranges, Milk/Water	Cowboy Baked Beans, Toast, Pineapples, Milk/Water	Whole Grain Tortilla Pizza, Salad with Ranch, Applesauce,
Apple Slices and Sun Butter, Water	Hummus and Wheat Crackers, Water	Cheese It Crackers, water	Yogurt and Graham Crackers, Water	Milk/Water Guacamole and Chips
10	11	12	13	14
Oatmeal with Brown Sugar, Fresh Fruit, Milk	Whole Grain Cereal with Banana, Milk	Waffles, Turkey Bacon, Fresh Fruit, Milk	Whole Grain Toast and Yogurt, Fresh Fruit, Milk	Pancakes, Turkey Sausage, Fresh Fruit, Milk
Turkey Sloppy Joes, Carrots, Peaches, Milk/Water	Baked Chicken Spaghetti, Peas, Mixed Fruit, Milk/Water	Steak Fingers, Smiley French Fries, Mandarin Oranges, Milk/Water	Grilled Cheese on Whole Wheat Bread, Tomato Basil Soup, Pineapple, Milk/Water	Turkey Cheeseburgers, Veggie Straws, Applesauce,
Ms. Mae's Famous KRK Mix, Water	Graham Crackers and Sun Butter, Water	String Cheese and Club Crackers, Water	Fresh Fruit and Crackers, Water	Milk/Water Sun Chips and Water
17	18	19	20	21
French Toast, Fresh Fruit, Milk	Whole Grain Cereal with Banana, Milk	Waffles, Turkey Bacon, Fresh Fruit, Milk	Chocolate Oat Muffins, Fresh Fruit, Milk	Hash Browns, Turkey Sausage, Fresh Fruit, Milk
Cheese Quesadilla, Pinto Beans, Peaches, Milk/Water	Bowtie Pasta with Alfredo Sauce, Peas, Mixed Fruit, Milk/Water	Turkey Fingers, Sweet Potato Fries, Mandarin Oranges, Milk/Water	Tacos, Shredded Lettuce Salad, Pineapple, Milk/Water Yogurt and Graham	Grilled Pizza Sandwich, Fresh Salad, Applesauce, Milk/Water
Apple Slices and Sun Butter, Water	Hummus and Wheat Crackers, Water	Baked Goldfish Crackers, Water	Crackers, Water	Chips and Guacamole, Water
24	25	26	27	28
Bahama Bagels with Pineapple Cream Cheese and Milk	Whole Grain Cereal with Banana, Milk	Waffles, Turkey Bacon, Fresh Fruit, Milk	Cheese and Egg Casserole, Milk	Cinnamon Biscuits with Fresh Fruit, Milk
Spanish Rice, Pinto Beans, Peaches, Milk/Water	Rotini Pasta with Marinara Sauce, Peas, Mixed Fruit, Milk/Water	Chicken Patty Sandwich, Veggie Chips, Mandarin Oranges, Milk/Water	BBQ Meatballs, Toast, Corn, and Pineapple, Milk/Water	Cheese Pizza, Fresh Salad with Ranch dressing, Applesauce, Milk/Water
Carrots and Ranch Dip, Water	Graham Crackers and Sun Butter, Water	Sliced Cheese and Wheat Crackers	Fresh Fruit and Crackers, Water	Ms. Mae's Famous KRK Mix, Water