

# Wynn Kids 'R' Kids Cascade April Menu

Week 1	1	2	3	4	5
<b>Breakfast</b>	WG Cheerios, Pineapples, Milk	WG Cheese Toast, Apple Slices, Milk	WG Pancakes, Apple Sauce, Milk	WG Biscuits, Turkey Sausage, Blueberries, Milk	WG Cheese Toast, Pineapple, Milk
<b>Lunch</b>	WG Buns, Turkey Sliders, French Fries, Blueberries, Milk	Chicken Quesadilla on WG Tortilla, Green Beans, Oranges, Milk	Turkey Ziti, Broccoli, Mixed Fruit, WG Bread, Milk	Chicken Patties, Mashed Potatoes, Peaches, Collard Greens, WG Bread, Milk	Chicken Salad, WG Crackers, Sweet Peas, Apple Slices, Milk
<b>PM</b>	Chex-Mix, Mandarin Oranges, Water	Ritz-Bitz Crackers, Orange Juice	Goldfish, Apple Sauce, Water	WG Chex-Mix, Apple Juice	WG Graham Crackers, Orange Slices, Water
Week 2	8	9	10	11	12
<b>Breakfast</b>	Grits, Pears, Milk	WG Chex Cereal, Blueberries, Milk	WG Toast, Chicken Sausage, Pears, Milk	WG Waffles, Peaches, Milk	WG French Toast, Fruit Cocktail, Milk
<b>Lunch</b>	Turkey & Cheese Sandwiches, WG Bread, Peaches, Milk	Cheese Pizza, Mixed Vegetables, Pears, WG Bread, Milk	Chicken & Rice, Cabbage, Oranges, WG Bread, Milk	Turkey Tacos, Black Beans, Lettuce & Cheese, WG Bread Apple Slices, Milk	Turkey Lasagna, Green Beans, Apricots, WG Bread, Milk
<b>PM</b>	Teddy Grams, Yogurt, Water	Cheez-It Crackers, Cran-Grape Juice	Ritz Crackers, Turkey Rolls, Apple Slices, Water	Rice Cakes, Orange Juice	Chex-Mix, Pineapples, Water
Week 3	15	16	17	18	19
<b>Breakfast</b>	WG Cheese Toast, Turkey Bacon, Mixed Fruit, Milk	WG Cornflakes, Bananas, Milk	Hashbrowns, Turkey Sausage, Pears, Milk	Cheese Grits, Pineapples, Milk	WG Blueberry Muffins, Peaches, Milk
<b>Lunch</b>	Chicken and Yellow Rice, Mixed Vegetables, Pears, WG Bread, Milk	WG Chicken & Cheese Pizza, California blend Vegetables, Apple Slices, Milk	Chicken Nuggets, French Fries, WG Rolls, Pears, Milk	Turkey Spaghetti, Green beans, WG Bread, Blueberries, Milk	Tukey Sliders, WG Bun, Tater Tots, Mandarin Oranges, Milk
<b>PM</b>	Teddy Grahams, Apple Sauce, Water	Goldfish, Apple Juice	Cheez-It Crackers, Orange Slices, Water	Ritz Crackers, Cranberry-Grape Juice	Pretzels, Tropical Fruit, Water
Week 4	22	23	24	25	26
<b>Breakfast</b>	Cheese Grits, Peaches, Milk	WG Cheerios, Oranges, Milk	WG Cinnamon Oatmeal, Bananas, Milk	WG English Muffins, Turkey Bacon, Pears, Milk	WG Cheerios, Bananas, Milk
<b>Lunch</b>	WG Rolls, BBQ Chicken, Green Beans, Oranges, Milk	WG Bread Turkey & Cheese Sandwiches, Tater Tots, Apricots, Milk	WG Rolls, Turkey Roast, Rice, Cabbage, Peaches, Milk	WG Rolls, Chicken Patty, Broccoli & Cheese, Pineapples, Milk	WG Cheese Pizza, Tater Tots, Mixed Vegetables, Pears, Milk
<b>PM</b>	Goldfish, Apple Sauce, Water	Chex-Mix, Cranberry Juice	Pretzels, Blueberries, Water	Tortilla Chips, Cheese, Orange Juice	Ritz Crackers, Orange Slices, Water
	29	30			
<b>Breakfast</b>	WG Cheese Toast, Blue Berries, Milk	Bran Muffins, Oranges, Milk			
<b>Lunch</b>	Chicken Patties, Mashed Potatoes, Peaches, Collard Greens, WG Bread, Milk	Chicken Salad Sandwiches on WG Bread, Green Beans, Apples, Milk			
<b>PM</b>	Chex-Mix, Pears, Water	Animal Crackers, Grape Juice			