

Wynn Kids 'R' Kids #32 October 2019 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Rice cereal, peaches, milk	Cinnamon toast applesauce, milk	Chicken Biscuit, Pear, Milk	Cheerios, applesauce, milk
Lunch		Cheese, pizza, salad, sliced apples, milk	Chopped BBQ chicken on wheat buns, veg beans, pineapples, milk	Turkey Roast w/ rice, collard greens, pears, wheat rolls, milk	Turkey subs w/ lettuce and tomatoes, mix , fruit, milk
Snack		Teddy grahams, apple juice	Pretzels and Apple juice	Cheese sticks, wheat crackers	Gold fish, grape juice
Breakfast	French toast, cinnamon apples slice, milk	Turkey sausage, apricots, toast, milk	Assorted cereals, mandarin oranges, milk	Sausage links, eggs, peaches, toast, milk	Oatmeal, blueberries, and milk
Lunch	Sweet and sour meatballs, mashed potatoes, tropical fruit, milk	Turkey patties, broccoli, peaches, wheat bread, milk	Chicken breasts w/ hamburger buns, French fries, applesauce, milk	Turkey meat, Rice, Wheat bread, pears, carrots, milk, mandarin orange	Chicken nugget, green beans, wheat bread, sliced apples, and milk
Snack	Animal cookies, applesauce	Cheez-its, Grape juice	Graham crackers, yogurt	Bug bites, bananas	Slice cheese/ Wheat crackers, and apple juice
Breakfast	Waffles, turkey bacon, mix fruit, milk	Cheese toast, pineapples, milk	Hash brown, eggs, peaches, wheat bread, milk	Blueberry muffins, banana, milk	Grits, eggs, wheat toasts, mix fruit, wheat bread, milk
Lunch	Philly cheese chicken sandwich on a hoagie bun, tater-tots, milk, and peaches	Veggie soup, cheese toast, mixed fruit, milk	Turkey spaghetti, salad, pineapples, wheat rolls, milk	Turkey Sandwich w/ lettuce, tomatoes, pears, and milk	Turkey-Roni, broccoli, mixed fruit, wheat bread, milk
Snack	Chex mix and apple juice	Teddy graham, strawberries	Rice Krispy treats, grape juice	Goldfish, Apple juice	Cheese on wheat crackers w/ grape juice
Breakfast	Chicken, biscuits, applesauce, milk	Pancakes, peaches, milk	Breakfast turkey burrito, eggs, and milk	Chicken and waffles, tropical fruit, milk	Bagel w/ cream cheese. Peaches, and milk
Lunch	Chicken noodle soup, sweet peas, peaches, wheat crackers, milk	Turkey roast, mashed potatoes, carrots, pears, wheat bread, milk	Baked lasagna, garlic bread, toss salads, apricots, milk	Sloppy joes on wheat buns, green beans, pineapples, milk	Chicken fajitas, Spanish rice, mixed salad , sliced apples, milk
Snack	Cheez-its apple juice	Pretzel and grape juice	Yogurt, graham crackers	Animal cracker, apple juice	Wheat crackers, sliced apples
Breakfast	Muffins, Applesauce, Milk	Oatmeal, peaches, toast, milk	Turkey bacon, toast, bananas, and milk	Pancakes, blueberries, milk	Cheerio, Applesauce, milk
Lunch	Chicken nugget, rice, wheat bread, apple sauce, mixed veggies, and milk	Chicken salad, wheat bread, lettuce, tomatoes, tropical fruit, and ,and milk	Salisbury turkey w/ rice, lima beans, mixed fruit, wheat bread, milk	Chicken wings, mixed veggies, peaches, milk, wheat bread	Tacos w/ ground turkey, salad, pineapple, milk
Snack	Graham crackers, yogurt	Cheese stick, wheat crackers	Gold fish and grape juice	Bug bites, Apple juice	Bananas, Teddy Grahams