

# Wynn Kids 'R' Kids #32 School Menu-June 2019

Menu subject to change without notice

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast	3 Cheerios, turkey sausage link, Applesauce, whole grain toast, Milk	4 Whole grain Bagel w/ cream cheese, turkey bacon, oranges, milk	5 Whole grain Waffles, Turkey Bacon, pineapples, Milk	6 Whole Grain Chex cereal, fresh bananas, whole grain rich cheese toast, milk	7 English muffin w Canadian bacon w/cheese, Orange juice, Milk
Lunch	Turkey spaghetti, green beans, fresh pears, Whole Wheat dinner rolls, Milk	Turkey cheeseburger on whole wheat bun , French fries, celery sticks w ranch, Milk	Chicken tenders, green peas, peaches, whole grain bread	BBQ chicken wings, Spanish yellow Rice, Peas, Pineapples, whole wheat roll, Milk	Chicken and Gravy, Egg noodles, fresh carrots w/ ranch, Whole grain bread, bananas, Milk
Snack	Whole Wheat Ritz crackers, cheese sticks, water	Whole grain goldfish, orange juice	Fresh strawberries, yogurt, organic granola, and water	Watermelon, whole wheat crackers	Graham crackers, vanilla yogurt , water
Breakfast	10 Whole Grain Pancakes, Peaches, Turkey Sausage Patties, Milk	11 Whole grain Cheese Toast, cheerios, peaches, Milk	12 Chicken sausage, whole grain pancakes, Milk	13 Whole Grain English Muffins, Turkey Bacon, fresh apples, Milk	14 Whole grain waffles, Turkey Sausage links, orange juice
Lunch	Baked Chicken Legs, mashed potatoes, green beans, mixed fruit, Milk	Cheese Pizza, celery sticks w/ ranch, red delicious apple slices, milk	Fettucine Chicken Alfredo w/ Broccoli , whole wheat roll, Mandarin oranges Milk	Turkey Pot roast w/ brown rice , Veggie Normandy, Apples, Whole grain Dinner Rolls Bread, Milk	Turkey shepherd's pie (w mashed potatoes, yellow corn), fruit cocktail, whole grain roll, Milk
Snack	Whole grain Cheez-it, grape juice	Watermelon, whole wheat crackers and water	Fresh peach, yogurt, and water	Whole grain graham crackers, orange juice	Animal crackers, fresh blueberries
Breakfast	17 Canadian bacon, whole grain toast, navel oranges, Milk	18 Grits, Whole grain toast, fresh pineapples, Milk	19 Whole grain waffles, bacon, fresh pear slices, milk	20 Blueberry Muffins, chicken Sausage, fresh sliced peaches, Milk	21 Turkey Sausage links, whole grain cinnamon toast, , Milk
Lunch	Baked Chicken Legs, white rice, steamed carrots & honey dew, whole grain bread	Grilled cheese sandwich, vegetable soup, honey dew, Milk	Chicken Fried Rice, cantaloupe, broccoli, whole grain bread, Milk	Chicken nuggets celery, w/ ranch, whole grain bread, mixed fruit, milk	Chicken parmesan, green beans, mangoes, whole wheat dinner rolls, & milk
Snack	Graham crackers, fresh apple slices, water	Whole grain Teddy grahams, and watermelon	Organic Granola, strawberry yogurt, water	Whole grain Animal crackers, fresh blackberries, water	Wheat thins, sliced cheese, water
Breakfast	24 Turkey Sausage biscuit, cantaloupe, milk	25 Grits, biscuit, turkey sausage links, applesauce, milk	26 Whole wheat cinnamon toast, fresh apple slices, Milk	27 Oatmeal, turkey bacon, whole wheat toast, apple sauce, Milk	28 Cheerios, fresh pears whole grain toast, milk
Lunch	Ravioli, fresh carrots w/ ranch whole grain roll, applesauce, milk	Chicken & rice, broccoli, cantaloupe whole grain Bread, milk	Chicken w/ brown Gravy over Noodles, steamed mixed vegetables, fresh blueberries, Whole Wheat Bread, Milk	Chicken Nuggets, French fries, cucumbers w ranch, Whole Wheat bread, Milk	BBQ chopped chicken on whole wheat bun, spinach, fresh bananas , Milk
Snack	Graham crackers, yogurt, water	Whole grain Ritz crackers, cheese stick and water	Whole grain Goldfish, apple Juice	Vanilla Yogurt parfait (organic granola, fresh strawberries)water	Whole grain waffles w fresh blueberries, water
Breakfast					
Lunch					
Snack					

