

5 YEAR OLD

Week

36

Smart Activities



SMART CHOICE. SMARTER CHILD.®

All About Castles (Part I)

Materials: internet access, website:

<https://youtu.be/AesgRREuCQI>

Preparation: Preview video.

Instructions:

1. Say, "We are going to learn about castles!"
2. Watch the video with your child.
3. Ask questions about the video, ex: "Why were castles built?" "What were the earliest castles called?"



The Very Last Castle (Part I)

by Travis Jonker

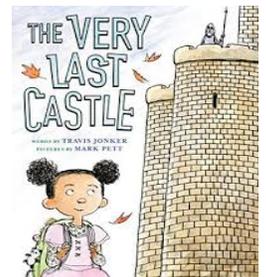
Materials: internet access, website:

<https://youtu.be/QkGGX-qj4vU>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a young girl's intrigue about the last castle standing!
2. Ask questions about the story, ex: "What did people think was in the castle?" "What happened to Ibb after the first time she went to the castle?"



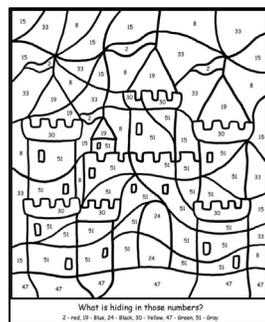
What's Hiding?

Materials: crayons, What Is Hiding in Those Numbers worksheet

Preparation: Gather materials. Print worksheet.

Instructions:

1. Say, "We are going to find a hidden picture!"
2. Color the numbers with the correct color based on the chart.
3. See what was hiding!



Working Out in the Castle

Preparation: Preview movements. Find or create an open area.

Instructions:

Say, "We are going to do some exercises that will make us strong like a castle!"

Squats (30 seconds): 1. Stand tall with feet shoulder-width apart. 2. Bend your knees and pretend you are going to sit back in a chair. Keep your knees behind your toes. 3. Rise up and repeat.

Mountain Climbers 30 (seconds): 1. Stand straight feet shoulder width apart and hand at your sides. 2. Bring your right knee up to your waist and extend left arm overhead. 3. Return to starting position and repeat on opposite side. 4. Keep alternating sides.



All About Castles (Part II)

Materials: internet access, website:

<https://youtu.be/AesgRREuCQI>

Preparation: Preview video.

Instructions:

1. Continue to watch this video about castles with your child.
2. Ask questions about the video, ex: "Why were towers built on the side walls of castles?" What was the weakest point of a castle? Why?"



The Very Last Castle (Part II)

by Travis Jonker

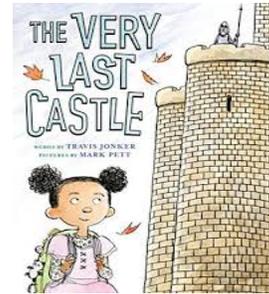
Materials: internet access, website:

<https://youtu.be/QkGGX-qj4vU>

Preparation: Preview video.

Instructions:

1. Continue to enjoy this wonderful story.
2. Ask questions about the story, ex: "What was the hissing sound in the castle?" "What were the giants and monster in the castle?"



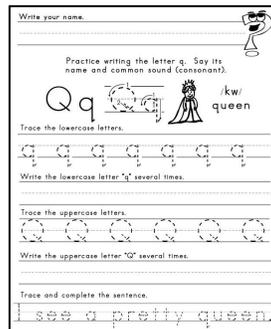
The Letter Q

Materials: pencil, Q is for Queen worksheet

Preparation: Gather materials. Print worksheet.

Instructions:

1. Say, "We are going to form the letter Qq."
2. Assist your child in reading the sentences when necessary.
3. Praise for effort.



Archery

Materials: baskets (2-3), small balls, socks

Preparation: Find or create an open area. Roll up socks and set the containers in a row on the opposite end of the room/yard.

Instructions:

1. Say, "We are going to pretend we are in a castle defending our territory!"
2. Take a sock and toss it in one of the baskets.
3. As your child is successful, move the baskets further back. Add numbers to baskets and encourage your child to add up the total.



All About Castles (Part III)

Materials: internet access, website:

<https://youtu.be/AesgRREuCQI>

Preparation: Preview video.

Instructions:

1. Continue to watch this video about castles.
2. Ask questions about the video, ex: "What invention lead to the end of castles?"



The King's Taster (Part I)

by Kenneth Oppel

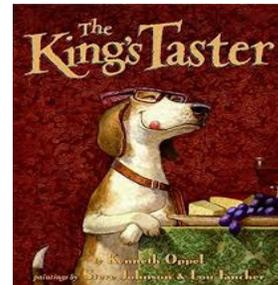
Materials: internet access, website:

<https://youtu.be/VxeSJBgeJXg>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a king who does not eat the chef's cooking.
2. Ask questions about the story, ex: "Why was Max the king's taster?" "What was the name of the first feast for the new king?"



Box Castle (Part I)

Materials: cardboard boxes, glue, cardboard tubes, scissors, tape

Preparation: Gather materials. Create or find an open area.

Instructions:

1. Say, "We are going to build our own castle!"
2. Encourage your child to utilize the materials to build his/her very own castle.
3. Discuss characteristics of castles while building.



Workout Wednesday

Materials: exercise mat, internet access, website:

<https://youtu.be/yIN8-D2lLgI>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to workout!"
2. Place exercise mat in an open area.
3. Play video and follow movements carefully.
4. Enjoy getting fit!



Castle Fun Facts

Materials: internet access, website:

https://youtu.be/hQ8PT-10_ss

Preparation: Preview video.

Instructions:

1. Say, "We are going to watch a video about castle fun facts!"
2. Ask questions about the video, ex: "What was hay used for?" "What other jobs did the barber have while living in a castle?"



The King's Taster (Part II)

by Kenneth Oppel

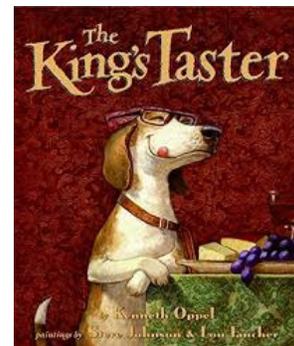
Materials: internet access, website:

<https://youtu.be/VxeSJBgeJXg>

Preparation: Preview video.

Instructions:

1. Continue to enjoy this wonderful story.
2. Ask questions about the story, ex: "Why did the king not eat the chef's cooking?" "Where did the chef go to find new recipes?"



Box Castle (Part II)

Materials: paint (washable), paintbrushes, plastic cup, water

Preparation: Gather materials. Protect area with newspaper.

Instructions:

1. Say, "We are going to paint our castle!"
2. Prior to painting, lay out a design plan for your child's castle by discussing colors and themes.



Dragon Yoga

Materials: exercise mat, internet access, website:

<https://youtu.be/7NWzS2xziI4>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to do yoga!"
2. Place exercise mat in an open area.
3. Play video and follow movements carefully.
4. Enjoy getting fit!



More Castle Fun Facts

Materials: internet access, website:

<https://youtu.be/6G3h1D5gI38>

Preparation: Preview video.

Instructions:

1. Say, "We are going to watch a video about castle fun facts!"
2. Watch the video with your child.
3. Ask questions about the video, ex: "What were barbicans?" "What types of animals lived in moats?"



The King's Taster (Part III)

by Kenneth Oppel

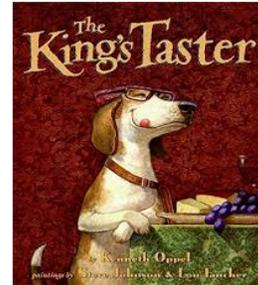
Materials: internet access, website:

<https://youtu.be/VxeSJBgeJXg>

Preparation: Preview video.

Instructions:

1. Continue to enjoy this wonderful story.
2. Ask questions about the story, ex: "Where did the chef and Max go and learned about cornmeal and spices?" "What did Max hear that alerted him to go to the kitchen?"



Identifying Numbers

Materials: crayon, pencil, Winter Number Words worksheet

Preparation: Gather materials. Print worksheet.

Instructions:

1. Encourage your child to join you.
2. Say, "We are going to identify numbers!"
3. Have your child color the number that matches the word on each mug.
4. Assist if necessary.



Workout Friday

Materials: exercise mat, internet access, website:

https://youtu.be/yv2XE_Ut3KU

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "It's workout Friday!"
2. Place exercise mat in an open area.
3. Play video and follow movements carefully.
4. Enjoy getting fit together!



Q is for Queen Worksheet

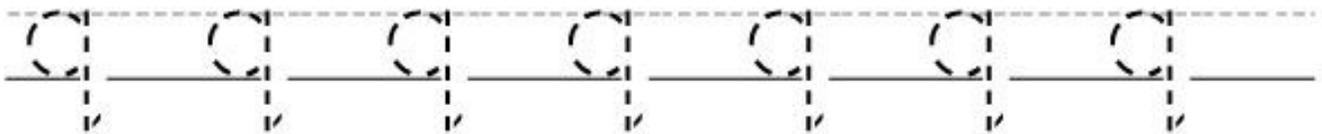
Write your name.



Practice writing the letter q. Say its name and common sound (consonant).



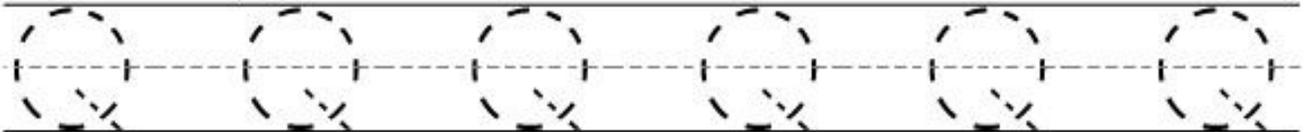
Trace the lowercase letters.



Write the lowercase letter "q" several times.



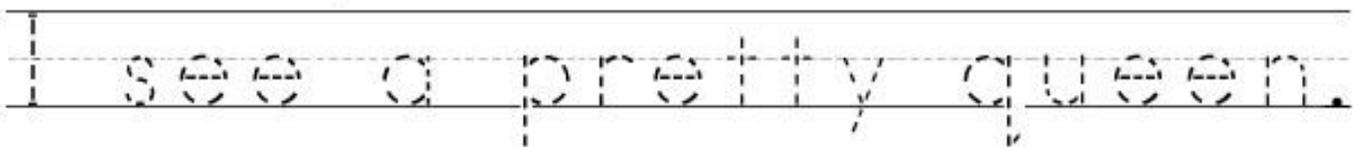
Trace the uppercase letters.



Write the uppercase letter "Q" several times.



Trace and complete the sentence.



Winter Number Words Worksheet

 <p>Four</p> <p>4 3 6</p>	 <p>Seven</p> <p>9 7 2</p>	 <p>Ten</p> <p>8 6 10</p>
 <p>Eight</p> <p>4 7 8</p>		 <p>Three</p> <p>3 5 2</p>
 <p>Six</p> <p>5 6 3</p>		 <p>One</p> <p>2 8 1</p>
 <p>Nine</p> <p>8 7 9</p>	 <p>Two</p> <p>2 1 3</p>	 <p>Five</p> <p>3 5 9</p>