

Monday	Tuesday	Wednesday	Thursday	Friday
		B-Fruit parfait w/ granola, milk L- Fish fillet, mashed potatoes, oranges, buns, milk V-Soy fish sticks S- Sun butter w/ Graham Crackers 1	B- Kellogg's, bananas, milk L- Mac n Cheese, salad, pineapples, milk S- Pirates booty & juice 2	3 NO SCHOOL! HAPPY 4th
B- Pancakes w/ pears, milk L- Shredded BBQ chicken, garlic noodles, milk, cornbread, yams V- BBQ tofu S- Carrots & hummus 6	B- Scrambled eggs w/ spinach, oranges, milk L- Turkey tacos, black beans, cucumber salad V- Cheese wrap S- Cheez Its & bananas 7	B- English muffins bananas, milk L- Cold spinach pasta w/ lentils, watermelon, milk S- Wheat thins, string cheese 8	B- Cheerios & strawberries, milk L- Salmon with rice, pineapple mix vegetables, milk, V- spinach ravioli S- pita n tzatziki dip 9	B- Cinnamon rolls, tropical fruit, milk L- Turkey & cheese wrap, broccoli, apples, milk V- Cheese wrap S- Snack mix & apple juice 10
B- Bagel w/ cream cheese, peaches, milk L, Baked ziti, corn, oranges, milk S- Goldfish, strawberries 13	B- Blueberry muffins, mixed berries, milk L- Chicken quesadillas, black beans, pineapples, milk V- Cheese quesadilla S-Wafers & raisins 14	B- Toast w/ jelly, grapes, milk L pizza tacos, broccoli, milk, cantaloupe S- Sun butter & pretzels 15	B-Eggs frittata, pears, milk L-Pasta salad w/ chickpeas, carrots/beans parmesan, milk S- yogurt w/ bananas 16	B- French Toast, fruit salad, milk L- Greek bowls w/ tzatziki, spinach, milk, hummus. V- Feta cubes S- snack mix & orange juice 17
B-Cornflakes w/ raisins, milk L-Tuna sub, tomato n cucumber salad, milk, peaches. V-grilled cheese S- Ritz w/ string cheese 20	B- Avocado toast, milk L- Shrimp pesto pasta, corn salad, grapes, milk V- pesto pasta S- Vanilla pudding/ berries 21	B- Oatmeal, strawberries, milk L- Meatball sub, green beans, tropical fruit, milk V- Soy crumbles S- pita n hummus 22	B- Hashbrown w/ turkey sausage, oranges, milk L- Cheese pizza, spinach, pears milk, S- Club crackers & bananas 23	B- Cheese toast, pineapples, milk L Garlic & lemon Chicken pasta, corn bread, broccoli, milk apples S- Snack mix, fruit bar 24
B- Yogurt, berries, milk L-Ground turkey spaghetti, green beans, oranges, milk S- Pretzels & cheese sticks 27	B- Egg cups, pears, milk L- Flounder fillets, mashed potatoes, milk, apples V- mozzarella sticks S- Jello & bananas 28	B- Cheese grits, grapes, milk L- Lasagna, broccoli, pineapple, milk V- Buttered noodles S- Animal Crackers & grape Juice 29	B- Cereals, peaches, milk L- Crispy Chicken taquitos, black beans, salsa, milk V- Cheese taquitos S- Graham cracker w/ sun butter 30	B- Waffles, strawberries, milk L- Mac n Cheese, corn, fruit salad, milk. S- Snack mix & raisins 31