

Week 8 SERIES 1000-1050

LEARNING GOALS

- Experiments with vocalization and sounds
- Communicates feelings through facial expressions
- Imitates sounds and movements
- Shows interest in rhymes, finger plays, and stories with props
- Observes different types of weather
- Shows curiosity in plants
- Uses simple art materials
- Responds to music

DAILY SCHEDULE

Morning Routine
(Brush teeth, get dressed, breakfast)
Curriculum Activity
Snack
Independent Play
Brain Waves
Lunch
Rest/Nap
Curriculum Activity
Outdoor Play
Evening Routine

MATERIALS NEEDED

- internet access
- paper
- construction paper (yellow, gray)
- scissors
- fruit (real or pretend - apple, banana, orange)
- unbreakable mirror
- book
- gloves (gardening)
- shovel (small, plastic)
- watering can (plastic)
- paper towel tubes
- flowers (artificial)
- fruit (plastic)
- vegetables (plastic)
- glue
- paint (brown)
- music (containing bird sounds)

CURRICULUM SCHEDULE

MONDAY

- Music & Movement: *Planting Seeds*
- Cognitive Exploration: *Clap and Count*
- Brain Waves: *Happy Days*

TUESDAY

- Language Exploration: *Looking for a Happy Face*
- Creative Exploration: *Fun with Fruit*
- Brain Waves: *Happy Days*

WEDNESDAY

- Cognitive Exploration (Science): *Outside in the Garden*
- Music & Movement: *Garden Snakes*
- Brain Waves: *Happy Days*

THURSDAY

- Language/Literacy: *Gifts from the Garden*
- Theme Exploration: *Garden Sounds*
- Brain Waves: *Happy Days*

FRIDAY

- Creative Exploration: *Footprints in the Dirt*
- Music and Movement: *Above the Garden*
- Brain Waves: *Happy Days*

Music & Movement

Planting Seeds

Learning Goal: Experiments with vocalization and sounds

Instructions:

1. Sit with your baby and sing the following song:

Planting Seeds

(sung to the tune of “Row, Row, Row Your Boat”)

Plant, plant, plant the seeds, Underneath the soil.

Plenty of water and bright sunshine, Will surely help them grow!

2. Encourage him/her to babble along with you. Praise any verbal response as you sing together!



Cognitive Exploration

Clap and Count

Learning Goal: Imitates sounds and movements

Materials: internet access, website:

<https://www.youtube.com/watch?v=YvakeFvB-yg>

Preparation: Preview the video.

Instructions:

1. Listen to the read aloud book, *Counting in the Garden* by Kim Parker, with your baby.
2. Count along with the book, clapping each number as it occurs.
3. Gently hold your baby’s hands and help him/her clap and count with you. Hug your baby as you finish this activity!



Language Exploration

Looking for a Happy Face

Learning Goal: Communicates feelings through facial expressions

Materials: mirror (unbreakable), book

Preparation: Pre-read the book

Instructions:

1. Sit with your baby and read story and point out details in the illustrations.
2. Look for any characters that have happy facial expressions. Mimic these faces and encourage him/her to make happy faces with you.
3. Provide a mirror for them to look at themselves as they smile and giggle!



Creative Exploration

Fun with Fruit

Learning Goal: Shows interest in rhymes, finger plays, and stories with props

Materials: fruit (real or pretend - apple, banana, orange)

Preparation: If using real fruit, wash and leave whole and unpeeled.

Instructions:

1. Show fruit as props as you recite the following rhyme:

An apple, an orange, a banana, and a pear.

In a garden- they all grow there!

Fruit like these make us strong.

By eating our fruit, we can't go wrong!

2. Allow your baby to explore the fruit. Express that healthy foods make us happy.



Cognitive Exploration (Science)

Outside in the Garden

Learning Goal: Observes different types of weather

Materials: gloves (gardening), shovel (small, plastic), watering can (plastic)

Instructions:

1. Take your baby outside if weather permits. Place gardening equipment within reach and encourage exploration. Talk about each item and what it is used for.
2. As your child plays, talk about weather conditions and how they influence gardening. For example, "It is such a warm, sunny day today! The plants need sunshine to grow in the garden."
3. Continue activity as long as interest remains.



Music & Movement

Garden Snakes

Learning Goal: Experiments with vocalization and sounds

Materials: paper towel tubes

Instructions:

1. Use the paper towel tube to amplify a hissing sound.
2. Give your baby a tube and encourage them to make the hissing sound with you.
3. Lie on the floor and slither and hiss at the same time. Encourage your baby to do the same.



Language/Literacy

Gifts from the Garden

Learning Goal: Shows curiosity in plants

Materials: flowers (artificial), fruit (plastic), vegetables (plastic)

Instructions:

1. Hold your baby and present him/her with a flower, fruit, or vegetable. Say, “This is a gift from the garden!” Talk about the object.
2. Explain we give gifts to those we care about and give your child a hug.
3. Encourage a response such as hugging back, smiling, or snuggling.



Theme Exploration

Garden Sounds

Learning Goal: Experiments with sounds

Materials: internet access, website:

<https://www.youtube.com/watch?v=I0u2w9ckpf4>

Preparation: Preview the video.

Instructions:

1. Hold your baby. Listen to the song with your baby.
2. As you listen, make the sounds of various insects found within the song. Encourage your baby to make the sounds with you.



Creative Exploration

Footprints in the Dirt

Learning Goal: Uses simple art materials

Materials: glue, paint (brown), paper, pictures of things found in gardens (provided with packet)

Preparation: Gather art materials.

Instructions:

1. Hold your baby. Use a paintbrush to paint the bottoms of his/her feet brown. Talk about how this may feel. For example, “Does this tickle?” “This might feel cold.” etc.
2. Gently create several footprints on the paper, making it look like walking feet.
3. Use glue to add the pictures of things found in a garden such as plants, flowers, insects, and other animals. Help as needed.



Music and Movement

Above the Garden

Learning Goal: Responds to music

Materials: music (containing bird sounds)

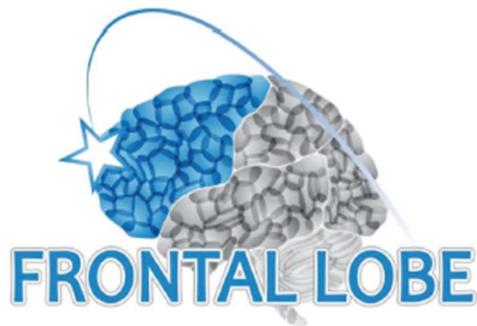
Instructions:

1. Hold your baby and pretend to be birds flying high above the garden as the music plays.
2. Identify bird sounds within the music as they occur.



Supporting the Development of the Frontal Lobe

A main function of the frontal lobe is cognitive thinking, such as reasoning and problem solving. This portion of the brain is also responsible for motor development, language development, social-emotional behavior, and impulse control. Research shows that lack of development in the frontal lobe can lead to deficits in concentration and decreased problem solving and creativity skills.



Emotional Stimulation

Happy Days

Materials: yellow and gray construction paper (or white paper with yellow and gray markers), scissors, yarn (optional)

Preparation: From construction paper, cut out a few sun and cloud shapes. Draw happy faces on each sun and sad faces on each cloud. Optional: Hang cutouts from the ceiling.

Instructions:

1. Gather your baby in your arms and walk around pointing out the sun and cloud shapes.
2. Each time you see the sun, encourage infant to smile or laugh. Each time you see a cloud, frown.



Pictures of things found in gardens

