





May Newsletter



While it's fun to spend a few days during the COVID-19 crisis in pajamas watching movies, it's important for children to get into a regular routine. This will help your children feel secure during this uncertain time. While the world may be confusing and scary outside of their house, they will feel like they have some control at home.

1.Get dressed for the day. Even though you may not go anywhere, it will feel like there is a beginning and end of the day.

- 2.Talk about the plans for the day. When the entire family discusses their schedule, everyone knows what to expect and will help your child manage their day.
- 3.Incorporate a nap time or rest time into the day. Your child will benefit from the time by himself and will be ready for your evening routine.
- 4.Discuss changes in the schedule with your child. This will help her to be more flexible when she needs to complete a different task.
- 5.Make time for free play outside. Your child may be used to two or three recess breaks each day and will need to have time outside to play. Otherwise, you may start to experience behavioral issues during the day.
- 6.Keep regular meal and snack schedules to help create mile markers in the day. This will give you time to adjust activities or create a different plan.
- 7. Have a backup activity. If an activity doesn't go the way you think, or something takes less time than planned, you'll be able to adjust on the fly.
- 8.Don't schedule every minute of the day. At school, your child has free time to play and your daily schedule should include some unstructured time at home too. This helps your child learn to fight boredom on their own and develop their creativity.

Your child will appreciate the structure you create at home (probably more than they know), but when you start to feel overwhelmed, remember that tomorrow is a new day. Learn what worked well today and start again tomorrow!



To Our Graduates

You are very special children

And you should know,

How we have loved to have you in our care

How fast the years did go!

Flease come back to visit us

As through the grades you go

Try hard to learn all that you can

There's so much to know

One thing we tried to teach you

To last your whole life through,

Is to know that you are special

Just because, you are you!

UPCOMING EVENTS

5/4-5/8- TEACHER

APPRICIATION WEEK

5/8- MOM & ME TEA DRIVE-BY

10:00-11:00AM

5/12-5/14- PREK GRADUATION PICTURES

5/15- BATTER UP DRIVE-BY

10:00-11:00AM

5/22- WEAR PATRIOTIC

COLORS

5/25- CLOSED FOR

MEMORIAL DAY

5/29 – COLLEGE SHIRT DAY







