

Week 1:

Week 2:

4/1

Week 3:

4

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Week 4:

4/15

Week

<u>5</u>

4/22





B: Frosted Mini-Wheat's & Fruit
L: Mac & Cheese w/Turkey,
Peas & Fruit
Snacks

A.M. Animal Crackers w/Fruit
P.M. Biscuits w/Jelly

B: Bagels & Fruit
L: Meatballs, Mashed
Potatoes, Mixed Vegetables &
Fruit

Snacks
A.M. Cheese Crackers
P.M. Trail Mix

L: Chicken & Dumplings, Green Beans & Fruit

B: Waffles & Fruit

A.M. Fruit Cocktail w/Graham Crackers P.M. Pretzel sticks & Cheese **B**: Cheese Toast & Fruit **L**: BBQ Casserole & Fruit

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A.M. Banana Pudding & Vanilla Wafers **P.M.** Bananas & Crackers

Snacks

B: Pancakes & Fruit **L**: Fish nuggets, mix veggies& Fruit

Snacks

A.M. Oranges & Apple Slices P.M. Crackers W/ Sliced Cheese & Ham

B: Rice Krispies & Fruit **L**: Chicken Spaghetti w/whole wheat pasta, green beans &fruit **Snacks**

A.M. Bagels W Cream Cheese **P.M.** Nacho chips & cheese

B: Oatmeal w/Raisins & Fruit L: Chicken Nuggets, Peas & Carrots & Fruit Snacks

A.M. apples & pretzels **P.M.** fruit cocktail w/ animal crackers

B: Scrambled Eggs & Whole Wheat Toast & Fruit L: Shepherd's Pie & Fruit

Snacks

A.M. Bananas & crackers **P.M.** Rice crispy treats

B: Biscuits w/Turkey & Fruit **L**: Mexican Rice Casserole & Fruit

Snacks

A.M. Yogurt w/fruit **P.M.** sliced cheese & crackers

B: Waffles & Fruit **L**: Pizza, Salad & Fruit

Snacks

A.M. applesauce w/graham crackers

P.M. Crackers W/ Cream
Cheese



Fruits served are Tropical Fruit, Fruit Cocktail, Peaches, Pears, Apples, Oranges, Bananas or Pineapples

B: Frosted Flakes & Fruit L: Chicken Fried Rice, Corn & Carrots & Fruit

Snacks

A.M. Crackers w/cheese
P.M. Vegetable Chips &
Ranch Dip

B: Waffle Sticks W/ Syrup & Fruit

L: Fish Nuggets, Green beans & Fruit

Snacks

A.M. Trail Mix
P.M. Banana Pudding &
Vanilla Wafers

B: Hash browns, Sausage & Fruit

L: Salisbury Steak, Mashed Potatoes, Carrots & Fruit Snacks

A.M. Orange Slices & Apples **P.M.** Crackers W/ Cream Cheese

B: Bagels W/ Cream Cheese & Fruit L: Stroganoff, Peas & Fruit

Snacks
M. Bananas w/pretzel

A.M. Bananas w/pretzels **P.M.** Fruit Cup & Graham Crackers

B: French Toast & Fruit **L**: Hamburgers, mix veggies& Fruit

Snacks

A.M. Animal Crackers W/ Fruit **P.M.** Bagels w/cream cheese

B: Rice Krispies & Fruit
L: Steak Fingers, Brown Rice,
Peas & Fruit
Snacks

A.M. Biscuit w/Jelly P.M. Crackers & Sliced Cheese B: Waffles & Fruit
L: Buttered Noodles,
Meatballs, Carrots & Fruit
Snacks

A.M. Yogurt w/cheerios **P.M.** Apples & Pretzels

B: Scrambled Eggs & Whole Wheat Toast & Fruit L: Busy Day Hamburger Stew, Corn Bread & Fruit Snacks

A.M. Animals Crackers W/ Fruit P.M. Bananas & crackers B: French Toast Sticks & Fruit L: Wheat Spaghetti w/ Meat Sauce, green beans & Fruit Snacks

A.M. Junior Trail Mix (Cheerios, Kix, Chocolate Chips, Raisins) **P.M.** Cake W/ Milk

B: Oatmeal & Fruit L: Pizza, salad &

A.M. F all w/crackers ackers & Ham

B: frosted Flakes & Fruit
L: JD Casserole (Ground Beef,
Peas & carrots, Brown Rice) &
Fruit

Snacks

A.M. Chocolate Pudding & animal Crackers
P.M. Crackers & Sliced
Cheese

B: Oatmeal & Fruit **L:** Fish Nuggets, Green Beans & Fruit

Snacks

A.M. Tortilla Roll-up **P.M.** Trail Mix

B: Scrambled Eggs, Hash Browns & Fruit L: Chicken, Broccoli, Wheat Pasta & Fruit Snacks

A.M. Apples w/cheese **P.M.** Mandarin Oranges w/crackers

B: Cheese Toast & Fruit L: Chicken Enchilada Casserole, Refried Beans & Fruit

Snacks

A.M. Bananas & Pretzels **P.M.** Bagels W/ Cream Cheese

Milk and Fruit are served with every meal and water with each snack **B**: Pancakes & Fruit **L**:Turkey & Cheese Grilled Sandwiches, Peas & Fruit

Snacks

A.M. Veggie Chips w/ranch dip **P.M.** Applesauce w/crackers